

2019 STARFISH TROPHY INVITATIONAL

JANUARY 4th, 5th, & 6th 2019

Robison Pool, RPI, Troy, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc. Sanction # AD19-006
Sean Caron, General Chairman

Host: Starfish Swim Club

Place: RPI Robison Pool, Rensselaer Polytechnic Institute, Troy, New York
Short Course, 25 yards with continuous warm-up/warm-down area
Colorado automatic timing system with beeper start and scoreboard readouts
The competition course has not been certified in accordance with 104.2.2C(4).

RPI Pool Depths: Start End at 1 meter = 4'0", 5 meters = 4'10", Turn End at 1 meter = 6'10", 5 meters = 6'7"

TIME:

Session	Age Groups	Warm-up Time	Meet Start Time
Session 1 – Fri PM	9-10, 11-12, 13-14, 15 & over	3:15 – 4:10 PM	4:15 PM
Session 2 – Sat AM	13-14, 15 & over	7:00 – 7:55 AM	8:00 AM
Session 3 – Sat Mid-Day	8&U, 9-10, 11-12	12:00-12:55 PM	1:00 PM**
Session 4 – Sat PM	Finals	4:30 – 5:20 PM	5:30 PM***
Session 5 – Sun AM	13-14, 15 & over	7:00 – 7:55 AM	8:00 AM
Session 6 – Sun Mid-Day	8&U, 9-10, 11-12	12:00-12:55 PM	12:00 PM**
Session 7 – Sun PM	Finals	4:30 – 5:20 PM	5:30 PM***

Warm-up groupings will be posted to Adirondack Swimming website by **January 2, 2018** (www.adirondackswimming.org)

Meet Directors: Greg Antolick (518) 852-1217, president@starfishswimclub.org
Meet Referee: JoAnn Faucett (518) 496-6136, faucettjm@aol.com
Meet Entry Coordinator: Joel Richardson (518) 312-9192, entries@starfishswimclub.org

Entry Rules:

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

The eligibility of a swimmer will be determined by his or her age on **January 4, 2019**.

Swimmers may enter up to TWO individual events on Friday and up to THREE individual events and ONE relay per day on Saturday and Sunday.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software.

Entries must be received by **Saturday, December 15th at 5:00 PM** at entries@starfishswimclub.org

Please be certain you receive a reply to your email with entries... follow up if you do NOT receive a reply

Entries per session will be limited by the 4-hour session rule. The host team reserves the right to enter their swimmers in the meet at any time.

It is anticipated that this meet will fill up quickly and it is strongly recommended that you submit entries as soon as possible.

Please check all entries carefully prior to submission. Entries with NT will not be accepted for those events that require qualifying times.

In case the meet is over-subscribed, the Meet Director will work with the Meet Referee on a solution in the best interest of the swimmers.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

In the event any entries are returned, the respective team's coach will be notified by **January 2, 2019**.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

Session 1: The Friday session will be a positive check-in session. Swimmers not checked in by the deadline (3:15pm) will be scratched from the session. The 500 Freestyle will be swum fastest to slowest starting with the fastest heat of girls, then alternating between boys and girls heats. Slower heats may be combined, if necessary. All Friday Events are timed finals.

Sessions 2, 3, 5 and 6: Coaches will be given scratch sheets at meet check in. Scratch sheets should be submitted by 5:00pm on the previous day.

Session 4 & 7: Finals scratches should be made during prelim sessions, within 30 minutes of the completion of event.

Where applicable, entry times must be faster than the listed cutoff times. For the 400 IM and 500's, boys and girls and age groups will be combined. For the 500 Freestyle, the order will be the fastest heat of girls, the fastest heat of boys with the remaining swimmers combined. Entries with NT will not be accepted for those events that require qualifying times.

Positive Check-In and Scratches:

For Saturday and Sunday events scratch sheets will be provided to each team at meet check in.

Scratch deadlines are as follows

Session 1 (Friday Evening, timed finals): Positive check in deadline is Friday, 3:15pm

Session 2 (Saturday AM Prelims): Friday, 5:00pm

Session 3 (Saturday PM 12 & Under): Friday, 6:00pm

Session 4 (Saturday Finals): Scratches should be made within 30 minutes of completion of event during prelims

Session 5 (Sunday AM Prelims): Saturday 5:00pm

Session 6 (Sunday PM 12 & Under): Saturday 5:00pm

Session 7 (Sunday Finals): Scratches should be made within 30 minutes of completion of event during prelims.

Warm-ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to cooperate fully with club officials and meet marshals in charge of the area.

A warm-up schedule will be posted to the Adirondack website by **January 2, 2019** (www.adirondackswimming.org)

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Meet Schedule (www.adirondackswimming.org) on or before **January 2, 2019** and in the program and pool area.

Swimmers are required to provide their own timers and counters for the 500 Freestyle.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. **Deck Entries are NOT Allowed during Championship Meets**

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered)

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration in meets allowing Deck Entries to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach must make the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. **ALL Deck Entries are subject to a \$1.00 Surcharge per entry, which applies to All Entries, Individual or Relays.**

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. Parents and coaches should see that swimmers behave in an orderly manner and dispose of and clean their area of any and all trash.

Services:

A meet program and meet t-shirt will be available for sale. A wide selection of food will be available from the Starfish Cafe. In addition, there will be high quality, well-priced swim equipment and other items for sale from The Deep End. No food or drink is to be consumed in the pool area.

Please do not bring any glass containers into the facility.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least two weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

Entry fees are \$5.50 for each prelims/finals individual event or \$5.00 for each timed finals individual event (which includes \$0.50 travel fund surcharge), \$7.00 per relay (which includes a \$1.00 travel fund surcharge), and a \$2.00 per swimmer surcharge.

All Manual Entries, including Deck Entries (non-electronic) are subject to a \$1.00 Surcharge per entry, Individual or Relays.

Make your entry check payable to "AV Starfish Swim Club, Inc." and mail your check and entry summary sheet to

Starfish Swim Club, PO Box 9408, Niskayuna, NY 12309

All entries must be emailed to entries@starfishswimclub.org. Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Individual event ribbons will be awarded for 1st – 8th place

Relay event ribbons will be awarded to the 1st – 3rd place teams

Awards will be given for individual heat winners for 12 & under swimmers only

High Point awards will be given out for 1st, 2nd and 3rd places in each age group for both males and females, immediately following the last session for each age group. 8 & Unders will be scored on six events. 9-10 and 11-12 years will be based upon eight events and 13-14 and 15-18 age groups will be scored on best nine events. Coaches should pick up all their team's awards since Starfish will not be responsible for mailing.

Scoring:

Finals and consolations will be scored according to USA Swimming rules.

Note for Swimmers 19 and Over: Times for swimmers 19 years old and older are valid and will be entered into SWIMS.

However, these swimmers will not score or be eligible for individual awards, high point awards and meet records.

Time Trials: Will not be offered for this meet

Officials Meeting:

There will be an officials meeting conducted 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of the officials meeting. New officials are welcome to shadow this meet

Results:

After the meet, the full results and .cl2 file will be posted on the Adirondack Swimming website.

If you have any questions, please contact: Greg Antolick at president@starfishswimclub.org or (518) 852 - 1217

2019 STARFISH TROPHY INVITATIONAL

JANUARY 4th, 5th, & 6th, 2019

RPI – Robison Pool

SESSION 1 (Friday PM)

Session Starts 4:15pm, Positive Check in by 3:15pm

QUALIFYING TIME	GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS	QUALIFYING TIME
3:38.49	1	9-10 200 Individual Medley	2	3:35.49
3:00.69	3	11-12 200 Individual Medley	4	2:57.59
5:39.69	5	13 & Over 400 Individual Medley	6	5:17.39
3:19.19	7	9-10 200 Freestyle	8	3:06.69
2:41.19	9	11-12 200 Freestyle	10	2:35.69
6:20.09	11	13 & Over 500 Freestyle	12	5:58.99

SESSION 2 (Saturday AM)

Warm Up 7:00am, Session Starts 8:00am

QUALIFYING TIME	GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS	QUALIFYING TIME
	13	13-14 50 Freestyle	14	
	15	15 & Over 50 Freestyle	16	
	17	13-14 100 Backstroke	18	
	19	15 & Over 100 Backstroke	20	
3:11.99	21	13-14 200 Breaststroke	22	2:58.39
3:08.19	23	15 & Over 200 Breaststroke	24	2:48.69
	25	13-14 100 Butterfly	26	
	27	15 & Over 100 Butterfly	28	
	29	13-14 Over 200 Freestyle	30	
	31	15 & Over 200 Freestyle	32	
		5 Minute Break		
	33	13 Over 200 Medley Relay	34	

SESSION 3 (Saturday PM)

Warm Up 12:00pm, Session Starts 1:00pm

QUALIFYING TIME	GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS	QUALIFYING TIME
	35	9-10 100 Freestyle	36	
	37	11-12 100 Freestyle	38	
	39	8 & Under 50 Freestyle	40	
	41	9-10 50 Backstroke	42	
	43	11-12 50 Backstroke	44	
	45	8 & Under 100 Individual Medley	46	
	47	9-10 100 Individual Medley	48	
	49	11-12 100 Individual Medley	50	
	51	8 & Under 50 Butterfly	52	
	53	9-10 50 Butterfly	54	
	55	11-12 50 Butterfly	56	
1:58.09	57	9-10 100 Breaststroke	58	1:53.59
1:34.39	59	11-12 100 Breaststroke	60	1:32.49
	61	10 & Under 100 Freestyle Relay	62	
	63	11-12 200 Freestyle Relay	64	

SESSION 4 (Saturday Evening Finals)

Warm Up 4:30pm, Session Starts 5:30pm

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
13	13-14 50 Freestyle	14
15	15 & Over 50 Freestyle	16
37	11-12 100 Freestyle	38
17	13-14 100 Backstroke	18
19	15 & Over 100 Backstroke	20
43	11-12 50 Backstroke	44
21	13-14 200 Breaststroke	22
23	15 & Over 200 Breaststroke	24
49	11-12 100 Individual Medley	50
25	13-14 100 Butterfly	26
27	15 & Over 100 Butterfly	28
55	11-12 50 Butterfly	56
29	13-14 200 Freestyle	30
31	15 & Over 200 Freestyle	32
59	11-12 100 Breaststroke	60

SESSION 5 (Sunday AM)

Warm Up 7:00am, Session Starts 8:00am

QUALIFYING TIME	GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS	QUALIFYING TIME
	65	13-14 200 Individual Medley	66	
	67	15 & Over 200 Individual Medley	68	
2:47.29	69	13-14 200 Backstroke	70	2:37.09
2:44.09	71	15 & Over 200 Backstroke	72	2:29.89
	73	13-14 100 Breaststroke	74	
	75	15 & Over 100 Breaststroke	76	
2:50.09	77	13-14 200 Butterfly	78	2:39.99
2:46.79	79	15 & Over 200 Butterfly	80	2:31.39
	81	13-14 100 Freestyle	82	
	83	15 & Over 100 Freestyle	84	
		5 Minute Break		
	85	13 & Over 200 Freestyle Relay	86	

SESSION 6 (Sunday PM)

Warm Up 12:00pm, Session Starts 1:00pm

QUALIFYING TIME	GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS	QUALIFYING TIME
1:41.99	87	9-10 100 Backstroke	88	1:40.19
1:25.19	89	11-12 100 Backstroke	90	1:22.19
	91	8 & Under 50 Backstroke	92	
	93	9-10 50 Breaststroke	94	
	95	11-12 50 Breaststroke	96	
	97	8 & Under 50 Breaststroke	98	
	99	9-10 50 Freestyle	100	
	101	11-12 50 Freestyle	102	
	103	8 & Under 100 Freestyle	104	
1:53.99	105	9-10 100 Butterfly	106	1:52.39
1:25.09	107	11-12 100 Butterfly	108	1:23.29
	109	10 & Under 100 Medley Relay	110	
	111	11-12 200 Medley Relay	112	

SESSION 4 (Sunday Evening Finals)

Warm Up 4:30pm, Session Starts 5:30pm

GIRLS EVENTS	EVENT DESCRIPTION	BOYS EVENTS
65	13-14 200 Individual Medley	66
67	15 & Over 200 Individual Medley	68
89	11-12 100 Backstroke	90
69	13-14 200 Backstroke	70
71	15 & Over 200 Backstroke	72
95	11-12 50 Breaststroke	96
73	13-14 100 Breaststroke	74
75	15 & Over 100 Breaststroke	76
101	11-12 50 Freestyle	102
77	13-14 200 Butterfly	78
79	15 & Over 200 Butterfly	80
107	11-12 100 Butterfly	108
81	13-14 100 Freestyle	82
83	15 & Over 100 Freestyle	84

Each Swimmer May Swim a Maximum of 2 Individual Events on Friday, and a Maximum of 3 Individual Events and 1 Relay Each Day Saturday and Sunday.

- Individual Entries: \$5.50 per prelims/finals event.
- Individual Entries: \$5.00 per timed finals event.
- \$2.00 per swimmer surcharge.
- Relay Entries: \$7.00 per Relay.
- All Manual or Deck Entries (non-electronic) are subject to a \$1.00 Surcharge per Entry, Individual or Relay.

ALBANY STARFISH SWIM CLUB

ENTRY FEE CALCULATION SHEET

2019 Starfish Trophy Invitational,

Robison Pool, RPI, Troy, NY

JANUARY 4th, 5th, & 6th, 2019

TEAM NAME: _____

CONTACT PERSON: _____

PHONE NUMBER: _____

E-Mail ADDRESS: _____

Number of Individual Prelims/Finals Entries	_____ X \$5.50 = \$ _____
Number of Individual Timed Finals Entries	_____ X \$5.00 = \$ _____
Number of Swimmers	_____ X \$2.00 = \$ _____
Number of Relays	_____ X \$7.00 = \$ _____
Number of Manual (non-electronic) Entries	_____ X \$1.00 = \$ _____

Total Entry Fee Due and Enclosed.....\$ _____

ENTRY DEADLINE - Saturday, Dec. 15th, 2017 at 5:00 pm

MAKE CHECKS PAYABLE TO: AV Starfish Swim Club, Inc.

Email your entries to the Meet Entry Coordinator, Joel Richardson at
entries@starfishswimclub.org

This form **Must** be returned with Entry Report and Check to

Starfish Swim Club
PO Box 9408
Niskayuna, NY 12309

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Starfish Swim Club assumes no responsibility for meet closeout due to late entries