

# SCHENECTADY-SARATOGA SWIM CLUB

## 2019 SHARKS SUMMER INVITE

### COLGATE UNIVERSITY, HAMILTON NY - JULY 5-7, 2019

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., **AD19-028**  
 Sean Caron, General Chairman  
 It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Schenectady-Saratoga Swim Club

**Place:** Lineberry Natatorium Colgate University, Hamilton, NY  
 6 Lane, 50 Meter indoor pool with retractable roof, Warm-up pool.  
 Colorado Timing System  
 Water depths Start: 1m-6.5ft 5m-6.5ft... Turn: 1m-4ft 5m-4.33ft  
 The competition course has been certified in accordance with 104.2.2C(4).  
 The copy of such certification is on file with USA-S

**Pool Depths:** 6'6" at one (1) meter and 6'6" at five (5) meters from start end of pool.  
 4'0" at one (1) meter and 4'4" at five (5) meters from turn end of pool.

**Time:**

SESSION	POSITIVE CHECK-IN DEADLINE	WARM-UP START TIME	SESSION START TIME
<b>1: Friday PM – Open*</b> *to swimmers turning 13 & Up before Summer 2019 Champs	Positive check-in due, Fri., no later than 4:00 PM.	4:00 PM	4:45 PM
<b>2: Saturday AM – 13 &amp; Over</b>	Positive check-in for 400's due Sat., no later than 7:30 AM.	7:30 AM	8:15 AM
<b>3: Saturday Mid - 12 &amp; Under</b>	Positive check-in for 400's due Sat., no later than 10:30 AM.	10:30 AM	11:15 AM
<b>4: Saturday PM - 13 &amp; Over</b>	N/A	1:15 PM	2:15 PM
<b>5: Sunday AM - 12 &amp; Under</b>	N/A	8:00 AM	8:45 AM
<b>6: Sunday PM - 13 &amp; Over</b>	N/A	11:00 AM	12:00 Noon

NOTE: Session and warm-up start times are subject to change based on meet subscription and/or pool availability. Teams will be notified of any changes and a change notice will be posted on the meets page of the Adirondack Web site.

**Meet Director:** Anne-Marie Nelson - (518) 209- 2584 - [dranelson1539@gmail.com](mailto:dranelson1539@gmail.com)  
 Gundula Gutjahr - (518) 951-6967 – [gundulagutjahr@gmail.com](mailto:gundulagutjahr@gmail.com)  
**Meet Referee:** Sean Caron - (518) 698-5434 - [scaron@nycap.rr.com](mailto:scaron@nycap.rr.com)  
**Admin Official:** Jodi Bedson - (518) 878-1221 - [admin@schenectadyswimclub.org](mailto:admin@schenectadyswimclub.org)  
**Meet Entry Coordinator:** Gundula Gutjahr - (518) 951-6967 - [entries@schenectadyswimclub.org](mailto:entries@schenectadyswimclub.org)

**Entry Rules:**

This meet is limited to swimmers from Schenectady-Saratoga Swim Club, GRIT Swim Club, Ridgefield Aquatic Club, Webster Dolphins, Victor Aquatic Club, Duanesburg Electric Eels, Adirondack Bluefins, Green Mountain Aquatics and other teams or swimmers invited by the host.

The eligibility of a swimmer will be determined by his or her age on **July 5, 2019**.  
 Rules from the current USA Swimming Technical and Administrative Rules will be in effect.  
 Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.  
 Team entries must be received by the Meet Entry Coordinator by **Tuesday, June 25, 2019, at 7:00 PM**.

**Teams must e-mail their entries to [entries@schenectadyswimclub.org](mailto:entries@schenectadyswimclub.org).**  
**Please follow-up if your entries are not acknowledged within 48 hours.**

Swimmers may enter and swim one (1) event on Friday, and up to 4 individual events plus one (1) relay on Saturday and Sunday. All entries must be submitted with LC meter seed times.

**In the event of meet oversubscription, the meet director will work with the meet referee and in cooperation of coaches from the invited teams to determine a resolution in the best interest of the swimmers. All teams will be notified if any cuts occur due to oversubscription, and entry fees for any cut events will be refunded.**

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

## USA Swimming Registration:

**No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302**

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or [akorzun@adirondackswimming.org](mailto:akorzun@adirondackswimming.org)

## Swimming Events:

**Session 1** - The Open Mixed 1500 Freestyle is open to athletes that will be **at least 13 years old by August, 7** and will be mixed-seeded – boys and girls combined based on entry times. The 1500 Freestyle may be swum 2 swimmers per lane, if necessary, in which case manual times will be used. Entries for this session may be limited by time constraints; teams will be notified if entry cuts are necessary. Fees for cut entries will be refunded.

**Session 2/3 the 400 Freestyle and Session 5 the 200 Freestyle** - The 200 and 400 Freestyle events may be swum 2 swimmers per lane, if necessary, in which case manual times will be used.

## Relays:

All relays will be swum as timed finals. Relay participants must be declared to the Clerk of Course (computer desk) at least one hour before the relay swims, but may be changed up to the time of the swim.

## Positive Check-In:

Coaches will be responsible for check-in sheets for swimmers by the deadlines specified in the schedule below:

Session	POSITIVE CHECK-IN DEADLINE
Session 1 - Friday PM - Open*	Positive check-in due by start of warm-up, Friday no later than 4:00 PM.
Session 2 - 13 & Over 400 Freestyle	Positive check-in due by start of warm-up, Saturday no later than 7:30 AM.
Session 3 - 12 & Under 400 Freestyle	Positive check-in due by start of warm-up, Saturday no later than 10:30 AM.

**\*Open to swimmers turning 13 & Up before Summer 2019 Champs.**

## Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

## Timers:

Clubs will be required to provide timers based upon their number of entries. A timers' schedule will be posted on the Meets page of the Adirondack Swimming Web site.

**Swimmers must provide their own timers for the 1500 Free, 13&Over 400 Free, and all Time Trial events. Session timers will time for the 12&Under 400 Free.**

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.**

**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

## Meet Policy:

**Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.**

**Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  
No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.  
All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.  
If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.  
Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.  
Each team is responsible for supervising its members.

#### **Services:**

Limited concessions will be available. Heat sheets will be available for purchase for each session. A swimming equipment vendor will be on site on Saturday and Sunday. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area. PLEASE DO NOT pack any glass containers when going to any pool.

#### **Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

#### **Entry Fees:**

An entry summary sheet is included to compute your team entry fees. The entry fees are \$6.25 per individual entry in Session 1, \$6.00 per individual event in all other sessions, which includes the \$.50 AD travel fund surcharge, \$8.50 per relay, which includes the \$1.00 AD travel fund surcharge, and a \$2.00 per swimmer surcharge for the meet. Time Trials are \$10.00 and must be approved by the Administrative Official & Meet Referee.

**ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.** Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB** and mail your check and entry summary sheet to the **Meet Entry Coordinator**. Entries will be entered to the meet upon receipt of your check.

#### **Photographers:**

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

#### **Awards and Scoring:**

This meet will not be scored and no awards will be given.

#### **Time Trials:**

Time trials may be offered if time allows and are at the discretion of the administrative official and meet referee. Time trial sessions may be limited in duration depending on pool availability and other constraints. The time trial fee is \$10 per event per swimmer.

#### **Officials:**

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

#### **Hotel Accommodations:**

Colgate University will have on-campus housing available for the teams. Information will be forwarded to invited teams.

#### **If you have any questions please contact:**

**Meet Director**      **Anne-Marie Nelson at (518) 209-2584 or dranelson1539@gmail.com**

**Head Coach**        **Jerry Adams at (518) 755-3271 or jerry@schenectadyswimclub.org**

# SCHENECTADY-SARATOGA SWIM CLUB

## 2019 SHARKS SUMMER INVITE

COLGATE UNIVERSITY, HAMILTON NY - JULY 5-7, 2019

<b>SESSION 1 - FRIDAY</b>		
WARM-UP 4:00 PM... SESSION BEGINS 4:45 PM		
POSITIVE CHECK-IN: NO LATER THAN 4:00 PM		
<b>1</b>	<b>MIXED Open*</b> <small>*12 year old accepted only when 13 before Summer 2019 Champs.</small>	<b>1500 Freestyle</b> <small>May be swum 2 swimmers per lane</small>
<b><i>Swimmers must provide their own timer in this session.</i></b>		

<b>SESSION 2 - SATURDAY</b>		
WARM-UP 7:30 AM ... SESSION BEGINS 8:15 AM		
POSITIVE CHECK-IN: NO LATER THAN 7:30 AM		
<b>2</b>	<b>MIXED 13 &amp; Over</b>	<b>400 Freestyle</b> <small>May be swum 2 swimmers per lane</small>
<b><i>Swimmers must provide their own timer in this session.</i></b>		

<b>SESSION 3 - SATURDAY</b>			
WARM-UP 10:30 AM ... SESSION BEGINS 11:15 AM			
400 FREE - POSITIVE CHECK-IN: NO LATER THAN 10:30 AM			
GIRLS	AGE GROUP	EVENT	BOYS
<b>3</b>	<b>12 &amp; Under</b>	<b>400 Freestyle</b> <small>May be swum 2 swimmers per lane</small>	<b>4</b>
<b><i>Session 3 timers will time for the 12&amp;Under 400 Free.</i></b>			
<b>5</b>	<b>12 &amp; Under</b>	<b>50 Backstroke</b>	<b>6</b>
<b>7</b>	<b>12 &amp; Under</b>	<b>100 Butterfly</b>	<b>8</b>
<b>9</b>	<b>12 &amp; Under</b>	<b>50 Breaststroke</b>	<b>10</b>
<b>11</b>	<b>12 &amp; Under</b>	<b>200 Backstroke</b>	<b>12</b>
<b>13</b>	<b>12 &amp; Under</b>	<b>100 Freestyle</b>	<b>14</b>
<b>15</b>	<b>12 &amp; Under</b>	<b>200 Breaststroke</b>	<b>16</b>
<b>17</b>	<b>12 &amp; Under</b>	<b>200 Freestyle Relay</b>	<b>18</b>

<b>SESSION 4 - SATURDAY</b>			
WARM-UP 1:15 PM ... SESSION BEGINS 2:15 PM			
GIRLS	AGE GROUP	EVENT	BOYS
<b>19</b>	<b>13 &amp; Over</b>	<b>200 Backstroke</b>	<b>20</b>
<b>21</b>	<b>13 &amp; Over</b>	<b>200 Breaststroke</b>	<b>22</b>
<b>23</b>	<b>13 &amp; Over</b>	<b>100 Butterfly</b>	<b>24</b>
<b>25</b>	<b>13 &amp; Over</b>	<b>100 Freestyle</b>	<b>26</b>
<b>27</b>	<b>13 &amp; Over</b>	<b>200 IM</b>	<b>28</b>
<b>29</b>	<b>13 &amp; Over</b>	<b>200 Medley Relay</b>	<b>30</b>

**SCHENECTADY-SARATOGA SWIM CLUB**  
**2019 SHARKS SUMMER INVITE**  
 COLGATE UNIVERSITY, HAMILTON NY - JULY 5-7, 2019

<b>SESSION 5 - SUNDAY</b>			
<b>WARM-UP 8:00 AM ... SESSION BEGINS 8:45 AM</b>			
<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>BOYS</b>
31	12 & Under	200 Freestyle <small>May be swum 2 swimmers per lane</small>	32
33	12 & Under	100 Backstroke	34
35	12 & Under	200 Butterfly	36
37	12 & Under	50 Freestyle	38
39	12 & Under	100 Breaststroke	40
41	12 & Under	50 Butterfly	42
43	12 & Under	200 IM	44
45	12 & Under	200 Medley Relay	46

<b>SESSION 6 - SUNDAY</b>			
<b>WARM-UP 11:00 AM ... SESSION BEGINS 12:00 NOON</b>			
<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>BOYS</b>
47	13 & Over	200 Freestyle	48
49	13 & Over	100 Breaststroke	50
51	13 & Over	100 Backstroke	52
53	13 & Over	200 Butterfly	54
55	13 & Over	50 Freestyle	56

**Swimmers may enter a maximum of 4 events per day, plus 1 relay**  
 \$6.25 Per Individual Event Per Athlete for ALL Athletes in Sessions 1-2  
 \$6.00 Per Individual Event Per Athlete for Athletes in all other sessions  
 \$2.00 Per Swimmer Surcharge  
 \$8.50 Per Each Relay  
 For Manual Entries, Add \$1.00 Per Entry (individual or relay)

**SCHENECTADY-SARATOGA SWIM CLUB**  
**2019 SHARKS SUMMER INVITE**  
COLGATE UNIVERSITY, HAMILTON NY - JULY 5-7, 2019

**ENTRY FEE CALCULATION SHEET**

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-MAIL ADDRESS \_\_\_\_\_

Number of Individual Entries for Sessions 1-2	_____	X \$6.25 = \$	_____
Number of Individual Entries for Sessions 3-6	_____	X \$6.00 = \$	_____
Number of Swimmers	_____	X \$2.00 = \$	_____
Number of Relays	_____	X \$8.50 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed .....			\$_____

**ENTRY DEADLINE:**  
**Tuesday, June 25, 2019, at 7:00PM.**

*MAKE CHECKS PAYABLE TO* **SCHENECTADY-SARATOGA SWIM CLUB**

E-mail your entries to the Meet Entry Coordinator  
[entries@schenectadyswimclub.org](mailto:entries@schenectadyswimclub.org)

**This form must be returned with Entry Report and Check  
to the Meet Entry Coordinator:**

**Gundula Gutjahr / SSSC**  
171 Wood Dale Dr  
Ballston Lake, NY 12019

**Entries will ONLY be posted to the meet upon RECEIPT OF CHECK.**

**SCHENECTADY - SARATOGA SWIM CLUB assumes no  
responsibility for meet close-out due to late entries.**