

# 2019 Pilgrims Pride Meet

## Sunday November 24, 2019

### Robinson Pool RPI

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD20-008  
Sean Caron, General Chairman  
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Adirondack Bluefins

**Place:** RPI Robison Pool, Troy, NY  
Short Course 25 Yard Pool, 8 lanes  
Colorado Automatic Timing and Beeper System

**The competition course has not been certified in accordance with 104.2.2C(4).**

**Pool Depths:** RPI Pool Depths - Start End 1 meter-4'0", 5 meters-4'10" ... Turn End 1 meter-6'10", 5 meters-6'7"

Time:	Warm-ups (Boys-Girls Combined)	Meet Start	
	Session 1 – Sunday AM	7:00 AM	8:00 am
	Session 2 – Sunday PM	12:30 PM	1:30 pm

**Meet Director:** Ben McFarland brickk@gmail.com  
**Meet Referee:** JoAnn Faucett faucettjm@aol.com  
**Meet Entry Coordinator:** Ben McFarland brickk@gmail.com

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on November 24, 2019.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

**Swimmers may enter up to four (4) individual events plus 1 relay**

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **November 15, 2019**

**All entries will be confirmed by email to the team contact and/or the person emailing the entries.**

**Please contact Entry Coordinator if you do not receive confirmation by November 18, 2019.**

Entries per session will be limited by the 4-hour session rule.

In the event the meet is oversubscribed, the meet director and meet referee will work together to determine the solution, in the best interest of the swimmers.

**If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.**

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

#### USA Swimming Registration:

**No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302**

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or [akorzun@adirondackswimming.org](mailto:akorzun@adirondackswimming.org)

#### Swimming Events:

The entire meet will be pre-seeded. All events will be swum as timed finals. All age groups need to obtain their heat and lane assignments from the heat sheets posted throughout the pool area.

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### Timers:

Clubs will be required to provide timers based upon their number of entries.

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.  
**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.  
DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

## Meet Policy:

**Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.**

**Changing into or out of swimsuits anywhere other than locker rooms or other designated areas is prohibited.**

**Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.**

**No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.**

**All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

**If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

## Services:

There will be a large selection of food items available for all sessions

## Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

## Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are **\$4.50** per individual entry, which includes the \$.50 AD travel fund surcharge, \$7.00 per relay entry, which includes the \$1.00 AD Travel Fund surcharge, plus a \$2.00 per swimmer surcharge.

**ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.**

Make your entry check payable to **Adirondack Bluefins** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.  
*Entries will be entered to the meet upon receipt of your check.*

## Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

## Awards:

For individual events Ribbons will be awarded for 1st – 8th place.

Heat ribbons will be awarded for all 8 & Under, 9-10 & 11-12 Age Groups.

## Scoring:

Finals and consolations will be scored according to USA Swimming rules.

## Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

**If you have any questions please contact the Meet Director or Meet Referee**

# 2019 Pilgrims Pride Swim Meet

Sunday, November 24, 2019

Robinson Pool at RPI, Troy

## Morning Session

**WARM-UPS 7:00AM ... SESSION BEGINS 8:00AM**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	13 & Over	100 Backstroke	2
3	8 & Under	50 Backstroke	4
5	13 & Over	100 Fly	6
7	8 & Under	50 Fly	8
9	13 & Over	200 IM	10
11	8 & Under	100 IM	12
13	13 & Over	100 Breaststroke	14
15	8 & Under	50 Breaststroke	16
17	13 & Over	100 Free	18
19	8 & Under	50 Free	20
21	13 & Over	200 Freestyle Relay	22
23	8 & Under	100 Freestyle Relay	24

## Afternoon Session

**WARM-UPS 12:30PM ... SESSION BEGINS 1:30PM**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
25	11-12	50 Backstroke	26
27	9-10	50 Backstroke	28
29	11-12	50 Fly	30
31	9-10	50 Fly	32
33	11-12	100 IM	34
35	9-10	100 IM	36
37	11-12	50 Breaststroke	38
39	9-10	50 Breaststroke	40
41	11-12	50 Free	42
43	9-10	50 Free	44
45	11-12	200 Free Relay	46
47	9-10	200 Free Relay	48

**Each Swimmer May Swim A Maximum of 4 Events Per Day Plus Relay**

**\$4.50 Per Individual Event Per Athlete for ALL Athletes**

**\$2.00 Per Athlete Surcharge \$7.00 Per Each Relay**

**For Manual Entries, Add \$1.00 Per Entry (individual or relay)**

# Adirondack Bluefins

## ENTRY FEE CALCULATION SHEET

2019 Pilgrim's Pride, Robison Pool at RPI, Troy, NY, November 24, 2019

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Individual Entries	_____	X \$4.50 = \$	_____
Number of Swimmers	_____	X \$2.00 = \$	_____
Number of Relays	_____	X \$7.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed .....			\$ _____

## ENTRY DEADLINE: November 15, 2019

*MAKE CHECKS PAYABLE TO Adirondack Bluefins*

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check  
to the Meet Entry Coordinator:**

Ben McFarland  
23 Mountainview Drive  
Waterford, NY 12188

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY  
Adirondack Bluefins assumes no responsibility  
for meet close-out due to late entries**