

33rd Annual December Super Splash December 8th 2019, Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD20-014
Sean Caron, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Glens Falls YMCA Gators

Place: Union College, Alumni Gym, Schenectady NY
Short Course 25 yard pool... Continuous warm up pool... Colorado Timing and Beeper System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 10'00 and Five (5) Meters 13'00 from Start End of Pool.
Depth of Pool at One (1) Meter 6'6" and Five (5) Meters 6'9" from Turn End of Pool

Time:

Session	Age Group	Warm-Up Time	Meet Start Time
Session 1	9-10, 11-12	7:00am – 7:50am	8:00am
Session 2	Open	11:30am-11:50pm	12:00pm
Session 3	8-under, 13-over	12:30pm-1:20pm	1:30pm

Meet Director: Willow Gayton, 518-307-1039 willowgayton@gmail.com
Meet Referee: Don Lipkin, 518- 852-3182 lipkin@ge.com
Meet Entry Coordinator: Dennie Swan-Scott, 518-793-3878 dennieswanscott@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **December 8th, 2019**
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **November 29th, 2019**.
Swimmers may enter (4) individual events plus relays and the Zoomer kick.
In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

This will be a pre-seeded meet with timed finals. We will be using fly-over starts for this meet (except backstroke). Please inform your swimmers prior to this meet. List of event is in a Table below. There are no sanctioned relays in this meet.

Scratches:

Swimmers will be scratched for missing the start of their event.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Swimming website (<https://www.adirondackswimming.org/meetschedule2018-2019.html>) and in the meet program. Swimmers have to provide their own timers for the 400 IM's in the middle session.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee. DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relay.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Services:

A concession stand will be available throughout the meet. A meet program that covers all sessions will be available along with heat sheets for positive check-in events available with the purchase of a program. A hospitality room will be available for officials and coaches only in a room above the pool. Host team will be selling t-shirts and misc swimming supplies. Smoking is not permitted in the building. No glass containers allowed on pool deck.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Fun Events:

The Glens Falls Gators continues a tradition by hosting two fun events.

25-yard Zoomer Kick: Each swimmer must enter the pool feet first, with Zoomers (short fins). The start will be a push off the wall. No arm pulls may be used. Any kick technique is allowed. This event will be seeded by age.

Canadian Relay: All four swimmers of the relay team will swim 200 yards. A traditional block start will be used. At no time can more than one swimmer be on the block at the same time. As soon as Swimmer #1 has left the block, Swimmer #2 may step up on the block and enter the race, followed by Swimmer #3 and Swimmer #4, thus creating a circle swimming relay team, swimming in order as they left the blocks. At the end of the first 50 yards, Swimmer #1 stops, allowing Swimmer #2, #3, and #4 to pass. Swimmer #1 will then follow, creating the order: Swimmer #2, #3, #4 and #1. At the end of the second 50 yards, the same procedure is followed, creating the order Swimmer #3, #4, #1, and #2 to swim the third 50 yards. For the final 50 yards, Swimmer #3 waits for Swimmers #4, #1, and #2 to pass, creating the final swim order of Swimmer #4, #1, #2, and #3. Finishing touches must be made in that order for a legal finish but swimmers may swim up alongside each other but not pass each other. Time is marked when the last swimmer, Swimmer #3, finishes.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge and a \$2 per swimmer surcharge. The Zoomer event, and Canadian Relay are each only \$2.00 per swimmer.

Make your entry check payable to **"Glens Falls YMCA Gators"** and mail your check and entry summary sheet to the

Meet Entry Coordinator. Dennie Swan-Scott

Glens Falls YMCA Gators, 600 Glen Street, Glens Falls, NY 12801

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Individual event ribbons awarded for 1st – 8th place.

Scoring:

The meet will not be scored.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

DECEMBER SUPERSPLASH
DECEMBER 8th 2019, UNION COLLEGE

SESSION 1

WARM-UPS 7:00 AM ... SESSION BEGINS 8:00 AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	9-10	50 Freestyle	2
3	11-12	50 Freestyle	4
5	9-10	200 Freestyle	6
7	11-12	200 Freestyle	8
9	9-10	50 Backstroke	10
11	11-12	50 Backstroke	12
13	9-10	50 Butterfly	14
15	11-12	50 Butterfly	16
17	9-10	50 Breaststroke	18
19	11-12	50 Breaststroke	20
21	9-10	100 Freestyle	22
23	11-12	100 Freestyle	24

SESSION 2

WARM-UPS 11:30 AM ... SESSION BEGINS 12:00 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
25	Open-Mixed	Canadian Relay 200 Fr	
27	Open	400 IM	28
29	Open	25 Zoomer	
31	9 & Over	100 IM	32

SESSION 3

WARM-UPS 12:30 PM ... SESSION BEGINS 1:30 PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
33	13 & Over	50 Freestyle	34
35	8 & Under	25 Freestyle	36
37	13 & Over	200 IM	38
39	8 & Under	25 Butterfly	40
41	13 & Over	100 Butterfly	42
43	8 & Under	100 IM	44
45	13 & Over	200 Freestyle	46
47	8 & Under	25 Breaststroke	48
49	13 & Over	100 Breaststroke	50
51	8 & Under	25 Backstroke	52
53	13 & Over	100 Backstroke	54
55	8 & Under	50 Freestyle	56
57	13 & Over	100 Freestyle	58

Each Swimmer May Swim A Maximum of 4 Individual Events plus the Zoomer, and Canadian Relay events
 \$4.50 Per Individual Event Per Athlete, \$2 surcharge per athlete plus \$2 each for Zoomer or Canadian Relay Entries.

"Glens Falls YMCA Gators"

ENTRY FEE CALCULATION SHEET

Super Splash, December 8th, 2019

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries		x	= \$
	\$4.50		
Number of Swimmers, surcharge		x	= \$
	\$2.00		
Number of Individual Zoomer Entries		x	= \$
	\$2.00		
Number of Individual Canadian Relay Entries		x	= \$
	\$2.00		
Number of Manual (non-electronic) Entries		x	= \$
	\$1.00		
Total Amount Due and Enclosed			\$ _____

MAKE CHECKS PAYABLE TO "Glens Falls YMCA Gators"

This form Must be returned with Entry Report and Check
(and Hy-Tek Disk if unable to email entry file)

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
"Glens Falls YMCA Gators" assumes no responsibility
for meet close-out due to late entries**

ENTRY DEADLINE

November 29th, 2019

Mail Entries, Entry Report, This Form and Check to:
Dennie Swan-Scott Glens Falls YMCA, 600 Glen St., Glens Falls, NY 12801

***Entry File May be sent E-mail to: Dennieswanscott@gmail.com**
**Your Team Check Must be received to have entries added to the meet.*