SHARKS 12 & UNDER MINI MEET

December 21, 2019 - Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD20-016

Sean Caron, General Chairman

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages

arising by reason of injuries to anyone during the conduct of the event.

Host: SCHENECTADY-SARATOGA SWIM CLUB

Place: Union College, Alumni Gym, Schenectady, NY

Short Course 25 Yard Pool, 8 lanes, continuous warm-up pool. Colorado Automatic Timing and Beeper

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'0" and Five (5) Meters 4'3" from Start End of Pool.

Depth of Pool at One (1) Meter 7'0" and Five (5) Meters 6'9" from Turn End of Pool.

Time: Saturday, December 21, 2019

	Warm-Up Start Time	Meet Start Time
Session 1 – 10 & Under	10:00 AM	11:05 AM
Session 2 – 11-12	2:00 PM	2:45 PM

Meet Directors: Anne-Marie Nelson - (518) 209-2584 - dranelson1539@gmail.com

Kevin Baird (518) 636 8110 - bairdk@gmail.com

Meet Referee: Sean Caron - (518) 698-5434 - scaron@nycap.rr.com

Admin Official: Shoshanah Bewlay - (518) 227-2825 - <u>admin@schenectadyswimclub.org</u>
Meet Entry Coordinator: Gundula Gutjahr - (518) 951-6967 - <u>entries@schenectadyswimclub.org</u>

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **December 21, 2019**.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**. Team entries must be received by the Meet Entry Coordinator by **Wednesday**, **December 11**, **2019**, **at 5:00PM**.

Please be certain you receive a reply confirming receipt of your entries within 48 hours; follow up if you do NOT receive a reply.

Session 1 swimmers (10 & Under) may enter a maximum of 4 individual events.

Session 2 swimmers (11-12) may enter a maximum of 5 individual events.

Only SCY times will be accepted.

Entries will be accepted on a first come first served basis. Once a session is full, no additional entries will be accepted for that session. The host team reserves the right to enter its swimmers at any time. If the meet is oversubscribed or undersubscribed, in an effort to keep session duration at approximately 3 hours, Events may have to be cut, and Meet and/or Session Start Times may be rescheduled. A decision regarding any changes will be made by the Meet Director AND the Meet Referee and will be made in consideration of the swimmers' best interest. Attending teams will be notified of any changes and/or cuts, and these will also be posted on the AD Web site. Any fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

The meet will be pre-seeded and all events will be timed finals. Starts will be Flyover Starts; please inform your swimmers prior to the meet. 8 & Under swimmers are to line up in the bull pen area **for 25 yard events only**.

5-10 minute breaks will be taken after every 4 events.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions:

- 1. Deck Entries are NOT Allowed during Championship Meets
- 2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

- 3. Coach makes the request for the entry.
- 4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
- 5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. Heat sheets will be available for purchase. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area. DO NOT pack any glass containers when going to any pool.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.50 per individual event, which includes the \$.50 AD travel fund surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to SCHENECTADY-SARATOGA SWIM CLUB and mail your check and entry summary to the Meet Entry Coordinator. Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director. Click here for a direct link to the registration form.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Individual event ribbons will be awarded to 1st through 8th place.

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

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SESSION 1 – 10 & UNDER WARM-UPS 10:00 AM SESSION BEGINS 11:05 AM

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AGE GROUP	EVENT	BOYS		
	DESCRIPTION	EVENTS		
8 & Under	50 Freestyle	2		
9-10	50 Freestyle	4		
8 & Under	25 Butterfly	6		
9-10	50 Butterfly	8		
5 Minute Break				
8 & Under	25 Backstroke	10		
9-10	50 Backstroke	12		
5 Minute Break				
8 & Under	25 Breaststroke	14		
9-10	50 Breaststroke	16		
5 Minute Break				
8 & Under	25 Freestyle	18		
9-10	100 IM	20		
8 & Under	100 IM	22		
	8 & Under 9-10 8 & Under 9-10 5 M 8 & Under 9-10 5 M 8 & Under 9-10 5 M 8 & Under 9-10	## AGE GROUP EVENT		

Session 1 swimmers (10 & Under) may swim a maximum of 4 individual events.

SESSION 2 – 11-12 WARM-UPS 2:00 PM SESSION BEGINS 2:45 PM

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GIRLS	AGE GROUP	EVENT	BOYS	
EVENTS		DESCRIPTION	EVENTS	
23	11-12	100 Freestyle	24	
25	11-12	50 Butterfly	26	
10 Minute Break				
27	11-12	50 Backstroke	28	
29	11-12	50 Breaststroke	30	
10 Minute Break				
31	11-12	50 Freestyle	32	
33	11-12	100 IM	34	
10 Minute Break				
35	11-12	200 Medley Relay	36	

Session 2 swimmers (11-12) may swim a maximum of 5 individual events plus 1 relay.

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ENTRY FEE CALCULATION SHEET

TEAM NAME	
CONTACT PERSON	
PHONE NUMBER	
E-Mail ADDRESS	
Number of Individual Entries	X \$4.50 = \$
Number of Swimmers	X \$2.00 = \$
Number of Relays	X \$7.00 = \$
Number of Manual (non-electronic) Entries	X \$1.00 = \$
Total Amount Due and Enclosed	\$

E-mail your entries to the Meet Entry Coordinator:

entries@schenectadyswimclub.org

ENTRY DEADLINE:

Wednesday, December 11, 2019, @ 5:00pm

This form must be returned with Entry Report and Check to the Meet Entry Coordinator

MAKE CHECKS PAYABLE TO:
SCHENECTADY - SARATOGA SWIM CLUB (SCHE)

Gundula Gutjahr (SCHE Entry Coordinator)
171 Wood Dale Drive
Ballston Lake, NY 12019

SCHENECTADY-SARATOGA SWIM CLUB assumes no responsibility for meet close-out due to late entries.