

CHRIS GOODY IMX CHALLENGE

January 11-12, 2020

Shenendehowa Aquatics Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD20-018
Sean Caron, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Schenectady-Saratoga Swim Club

Place: Shenendehowa Pool (Adjacent to Gowanda Middle School)
Short Course 25 Yard – 8 Lane Pool... Continuous Warm Up Pool... Daktronics Starting and Timing
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 14'6" and Five (5) Meters 14'6" from Start End of Pool.
Depth of Pool at One (1) Meter 7'6" and Five (5) Meters 7'6" from Turn End of Pool.

Time:

Saturday, January 11, 2020				
	Ages	Positive Check-in Deadline	Warm-Up	Meet Start
Session 1	11-12	8:00 AM	8:00 AM	8:45 AM
Session 2	13-14	12:30 PM	12:30 PM	1:15 PM
Session 3	15 & Over	3:45 PM	3:45 PM	4:30 PM
Sunday, January 13, 2019				
	Ages	Positive Check-In Deadline	Warm-Up	Meet Start
Session 4	12 & Under	8:00 AM	8:00 AM	9:00 AM
Session 5	13 & Over	12:00 PM	12:00 PM	1:00 PM

Meet Directors: Anne-Marie Nelson - (518) 209-2584 - dranelson1539@gmail.com
Sara Gregory - (518) 256-5556 - saradgregory@hotmail.com

Meet Referee: Sean Caron - (518) 698-5434 - scaron@nycap.rr.com

Admin Official: Shoshanah Bewlay - (518) 227-2825 - admin@schenectadyswimclub.org

Meet Entry Coordinator: Gundula Gutjahr - (518) 951-6967 - entries@schenectadyswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **January 11, 2020**.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Thursday, January 2, 2020, at 5:00 PM**.
Please be certain you receive a reply confirming receipt of your entries within 48 hours; follow up if you do NOT receive a reply.

IMX CHALLENGE – Saturday & Sunday January 11-12, 2020

All events in all sessions of this meet will be POSITIVE CHECK-IN. **POSITIVE CHECK-IN lists will be distributed to the coaches before each session, and swimmers should check-in with their designated coach.** All IMX events will be seeded as Mixed-Gender events, and will be swum as timed finals. Scoring will follow the IMX Single-Year Age Group format. The 12&Under IMX Challenge will include 5 scored events and the 13&Over IMX Challenge will include 6 scored events. **Please note that the 12&Under 200's of stroke are NOT IMX-scored events.** A complete list of the IMX Challenge events is listed under Scoring in this announcement.

Session 1 – Saturday's 11-12 session will include the 11-12 500 Freestyle and 200's of stroke. Swimmers may enter a maximum of 3 events in this session. **Note that in this session, only the 11 -12 500 Freestyle is an IMX Challenge scored event.**

Session 2 – Saturday's 13-14 session will include the 13-14 400 IM and 500 Freestyle, both of which are IMX Challenge scored events. Swimmers may enter a maximum of 2 events in this session.

Session 3 – Saturday's 15&Over session will include the 15 & Over 400 IM and 500 Freestyle, both of which are IMX Challenge scored events. Swimmers may enter a maximum of 2 events in this session.

Session 4 – Sunday's morning session will include the remainder of the 12&Under IMX Challenge scored events. Swimmers may enter a maximum of 5 individual events plus one relay in this session.

Session 5 – Sunday afternoon session will include the remainder of 13 & Over IMX Challenge scored events. Swimmers may enter a maximum of 4 individual events in this session.

****IMPORTANT NOTE: If a swimmer is entered in the maximum number of events for any session, one of those events must be checked as a bonus event. If there is a need to limit the meet, the first step will be to cut the bonus events and score the IMX with 1 fewer events. ****

Entries will be accepted on a first come, first served basis. If the host team receives more entries than expected, it may be closed to further entries before the due date. If the meet is still oversubscribed, bonus entries and relays may be cut. A joint decision by the Meet Director and Meet Referee will be made in the best interest of the swimmers. Subscription may also result in meet and/or session start times being rescheduled. Attending teams will be notified of any cuts or changes via email and all changes will be posted to the AD Web Site. Fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events:

PLEASE NOTE: All individual events will be seeded in mixed gender heats.

All events are timed finals. Starts will be Flyover Starts; please inform your swimmers prior to the meet.

All events in all sessions of this meet will be POSITIVE CHECK-IN. POSITIVE CHECK-IN lists will be distributed to the coaches before each session, and swimmers should check-in with their designated coach. Swimmers who are not checked in by deadline will be scratched.

All events, including distance events (500 Freestyle and 400 IM) will be swum slowest to fastest.

All IMX events will be scored and awarded per **single age**. Non-IMX events will not be scored and will be awarded in age groups.

Additional information is listed under Scoring in this announcement.

Relays:

Relays will be swum only in Session 4 as 12&Under events.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Session 1 –Please note that the session timers will be timing the 12&Under 500's.

Swimmers in this session do not need to provide their own timer, but they will need to provide their own counter.

Session 2 – Swimmers in the 500 Freestyle and/or 400 IM must provide their own timers.

Session 3 – Swimmers in the 500 Freestyle and/or 400 IM must provide their own timers.

Session 4 – Clubs will be required to provide timers based upon their number of entries.

Session 5 – Clubs will be required to provide timers based upon their number of entries.

Lane timer assignments will be posted on the Adirondack Swimming Web site www.adirondackswimming.org

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.
Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.
All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.
If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.
Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.
Each team is responsible for supervising its members.

Services:

Food will be on sale throughout the meet. Heat sheets for all sessions will be available for purchase. A swimming equipment vendor will be selling equipment during the meet. Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area. **PLEASE DO NOT pack any glass containers when going to any pool.**

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$4.75 per individual event, which includes the \$.50 AD travel fund surcharge, \$7.00 per relay, which includes the \$1.00 AD travel fund surcharge, plus a \$2.00 per swimmer surcharge.
ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **SCHENECTADY-SARATOGA SWIM CLUB (SSSC)** and mail your check and entry summary sheet to the **Meet Entry Coordinator**. Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.
[Click here for a direct link to the registration form.](#)
Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.
Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Ribbons will be awarded to the top 8 finishers in the Non-IMX events.
Ribbons will be awarded to the top three teams in the relay events.
The Top 6 IMX point earners in each Single Age will be awarded.

Scoring:

In the IMX Challenge, all swims will be scored on the cumulative Hy-Tek Single-Age Points System.

IMX Age Groups and Events:

Age	IMX Events to be scored
9 & Under, 10	200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly
11, 12	200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
13, 14, 15, 16, 17, and 18 & Over	200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact a Meet Director or the Meet Referee.

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Shenendehowa Aquatics Center

SESSION 1 – Saturday – 11-12

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 8:00 AM – SESSION STARTS 8:45 AM

	EVENT
1	Mixed 11 – 12 200 Butterfly (non-IMX)
2	Mixed 11 – 12 500 Freestyle
3	Mixed 11 – 12 200 Backstroke (non-IMX)
4	Mixed 11 – 12 200 Breaststroke (non-IMX)
5	Mixed 11 – 12 200 IM
Swimmers may enter a maximum of 3 events in this session.	
All events are mixed gender heats and timed finals.	

SESSION 2 – Saturday – 13-14

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 12:30 PM – SESSION STARTS 1:15 PM

	EVENT
6	Mixed 13 – 14 500 Freestyle
7	Mixed 13 – 14 400 IM
Swimmers may enter a maximum of 2 events in this session.	
All events are mixed gender heats and timed finals.	

SESSION 3 – Saturday – 15 & Over

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 3:45 PM – SESSION STARTS 4:30 PM

	EVENT
8	Mixed 15 & Over 500 Freestyle
9	Mixed 15 & Over 400 IM
Swimmers may enter a maximum of 2 events in this session.	
All events are mixed gender heats and timed finals.	

SESSION 4 – Sunday – 12 & Under

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 8:00 AM – SESSION STARTS 9:00 AM

	EVENT
10	Mixed 10 & Under 200 IM
11	Mixed 12 & Under 100 Breaststroke
12	Mixed 12 & Under 100 Backstroke
13	Mixed 10 & Under 200 Freestyle
14	Mixed 12 & Under 100 Butterfly
15	Girls 12 & Under 200 Medley Relay
16	Boys 12 & Under 200 Medley Relay
Swimmers may enter a maximum of 5 individual events in this session.	
All individual events are mixed gender heats and timed finals.	

SESSION 5 – Sunday – 13 & Over

POSITIVE CHECK-IN DEADLINE and WARM-UP STARTS 12:00 PM – SESSION STARTS 1:00 PM

	EVENT
17	Mixed 13 & Over 200 Butterfly
18	Mixed 13 & Over 200 Backstroke
19	Mixed 13 & Over 200 Breaststroke
20	Mixed 13 & Over 200 IM
Swimmers may enter a maximum of 4 individual events in this session.	
All events will be mixed gender heats and timed finals.	

\$4.75 PER INDIVIDUAL EVENT || \$7.00 PER RELAY EVENT || \$2.00 SURCHARGE PER SWIMMER
ADDITIONAL \$1.00 SURCHARGE FOR ALL MANUAL ENTRIES

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ENTRY FEE CALCULATION SHEET

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries Positive Check-in _____ X \$4.75 = \$ _____

Number of Swimmers _____ X \$2.00 = \$ _____

Number of Relays _____ X \$7.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

E-mail your entries to the Meet Entry Coordinator:

entries@schenectadyswimclub.org

ENTRY DEADLINE:

Thursday, January 2, 2020, at 5:00 PM

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator**

MAKE CHECKS PAYABLE TO:

SCHENECTADY - SARATOGA SWIM CLUB (SSSC)

SEND EVERYTHING TO:

Gundula Gutjahr (SSSC Entry Coordinator)

171 Wood Dale Drive

Ballston Lake, NY 12019

**SCHENECTADY-SARATOGA SWIM CLUB assumes no
responsibility for meet close-out due to late entries.**