

January 2021 Time Trials January 31, 2021 Catskill Recreation Center

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD21-003
Sean Caron, General Chairman

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Northern Dutchess Aquatics Club (MR-NDAC)

Place: Catskill Recreation Center, 651 County Hwy 38, Arkville, NY 12406

6 Lane Short Course, 7ft wide lanes, 25 Yard Pool.
Colorado electronic timing system using Hy-Tek Meet Manager software

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths:

Depth of Pool at One (1) Meter 8' and Five (5) Meters 7' from Start End of Pool.

Depth of Pool at One (1) Meter 3' 6" and Five (5) Meters 4' 0" from Turn End of Pool.

Time:

Sunday, January 31, 2021

Two Sessions:

Session 1: Warmup 1:00 PM, Time Trials begin at 1:20 PM

Session 2: Warmup 3:00 PM, Time Trials begin at 3:20 PM

Meet Director: Frank Seldin, 201-314-2073, treasurer@ndac.us

Meet Referee: Howard Dorner, 845-224-6048, hdorner76@aol.com

Meet Entry Coordinator: Frank Seldin, 201-314-2073, treasurer@ndac.us

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on January 31, 2021.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by Sunday, January 31, 2021. 3 entry limit.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. (Click Here for More Information)

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Direct registration questions to the Adirondack Registrar, Adam Hershberg, adregistrar12@gmail.com

Swimming Events: Positive check-in. All events will be swam as timed finals, from slow to fast.

Scratches: Swimmers who do not positively check in by the deadline will be scratched.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Services: No services available

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$5.00 per individual event, which includes the \$.50 AD travel fund surcharge and the \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **NDAC** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards: Not applicable

Scoring: Finals will be scored according to USA Swimming rules.

Time Trials: This is a TIME TRIALS meet

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

January 2021 Time Trials January 31, 2021

Catskill Recreation Center

Session 1: Positive Check-in by 12:45PM, Warm-ups 1:00 PM

1.	50 Free	Mixed	Open
2.	50 Breast	Mixed	12&Under
3.	50 Back	Mixed	12&Under
4.	100 Free	Mixed	Open
5.	50 Fly	Mixed	12&Under
6.	200 Free	Mixed	Open
7.	100 IM	Mixed	12&Under
8.	100 Back	Mixed	Open
9.	100 Breast	Mixed	Open
10.	100 Fly	Mixed	Open
11.	200 IM	Mixed	Open
12.	500 Free	Mixed	Open

Session 2: Positive Check-in by 2:45PM, Warm-ups 3:00 PM

13	100 Free	Mixed	Open
14	100 Breast	Mixed	Open
15	100 Back	Mixed	Open
16	50 Free	Mixed	Open
17	100 Fly	Mixed	Open
18	200 IM	Mixed	Open
19	200 Free	Mixed	Open
20	200 Back	Mixed	Open
21	200 Breast	Mixed	Open
22	200 Fly	Mixed	Open
23	400 IM	Mixed	Open

Swimmers may swim 3 events per day

Northern Dutchess Aquatic Club

ENTRY FEE CALCULATION SHEET
January 2021 Time Trials
January 31, 2021
Catskill Recreation Center, Arkville NY

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$5.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. "Sunday January 31, 2021"

MAKE CHECKS PAYABLE TO "NDAC"

Email your entries to the Meet Entry Coordinator
This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:

NDAC, PO Box 440, Red Hook, NY 12571
Frank Seldin -- treasurer@ndac.us
Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
NDAC assumes no responsibility for meet close-out due to late entries