

Christopher Goody Finale, March 17, 19-21, 2021, Schenectady HS

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD21-017
Sean Caron, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Schenectady-Saratoga Swim Club

Place: Schenectady High School - 25 YARDS, 8 lanes – Colorado Timing System
Event may be seeded and raced in 5 or 6 lanes, with lanes used as warm-up/warm-down
The competition course has not been certified in accordance with 104.2.2C(4)

Pool Depths: Depth of Pool at One (1) Meter 11 feet, and Five (5) Meters 11 feet from Start End of Pool.
Depth of Pool at One (1) Meter 3.5 feet, and Five (5) Meters 4 feet from Turn End of Pool

Time: All times subject to change

Day	Session	Warm-Up Starts	Session Starts
Wednesday 3/17/2021	Session 1 = Distance	4:20 pm	5:00 pm
Friday 3/19/2021	Session 2 = Open Session 3 = 13 & Over	3:30 pm 5:50 pm	4:10 pm 6:30 pm
Saturday 3/20/2021	Session 4 = Open Session 5 = 13 & Over Session 6 = 11-12 Session 7 = 10 & Under	7:00 am 9:10 am 11:30 am 1:15 pm	7:40 am 9:40 am 11:55 am 1:40 pm
Sunday 3/21/2021	Session 8 = Open Session 9 = 13 & Over Session 10 = 11-12 Session 11 = 10 & Under	7:00 am 9:10 am 11:30 am 1:15 pm	7:40 am 9:40 am 11:55 am 1:40 pm

Meet Director: Sara Gregory
Meet Referee: Ron Hart
Meet Entry Coordinator: Gundula Gutjahr (518) 951 6967 entries@schenectadyswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on March 17
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Wednesday, March 17**
Meet is closed to Schenectady-Saratoga Swim Club or unattached swimmers training with The Sharks only.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Adam Hershberg, adregistrar12@gmail.com

Swimming Events:

Event order can be found below. Events will be swum as timed-finals.

Christopher Goody Finale, March 17, 19-21, 2021, Schenectady HS

Relays:

No relays

Scratches:

Please get scratches to meet management. There is no penalty for scratching or no-shows.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Wednesday – swimmers will provide their own teammate timer
Club will supply all other timers

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement (Covid-19) shall also be included in heat sheets.

Services:

None

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Christopher Goody Finale, March 17, 19-21, 2021, Schenectady HS

Entry Fees:

The entry fees are \$4 per swimmer

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

There will be no awards

Scoring:

Meet will not be scored

Time Trials:

Will be held Wednesday afternoon and when time allows.

Officials:

There will be an official's meeting conducted before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

Christopher Goody Finale, March 17, 19-21, 2021, Schenectady HS

Wednesday	Friday	Saturday	Sunday		
Session 1 = Distance Warm-Up / Start 4:20pm / 5:00pm <u>Evt #</u> 1 – Open 1650 Free 2 – 12&Under 500 Free 3 – 10&Under 200 Free Time Trials	Session 2 = Open Warm-Up / Start 3:30pm / 4:10pm <u>Evt #</u> 4 – Open 200 Free 5 – Open 100 Breast Break 6 - Open 100 Fly Break 7 - Open 400 IM	Session 4 = Open Warm-Up / Start 7:00am / 7:40am <u>Evt #</u> 12 - Open 100 Back 13 - Open 100 Free Break 14 – Open 200 Breast Break 15 - Open 500 Free	Session 8 = Open Warm-Up / Start 7:00am / 7:40am <u>Evt #</u> 35 - Open 200 IM 36 – Open 200 Back Break 37 - Open 200 Fly Break 38 - Open 50 Free		
	Session 3 = 13 & Over Warm-Up / Start 5:50pm / 6:30pm <u>Evt #</u> 8 – 13&Over 200 Free 9 – 13&Over 100 Breast Break 10 – 13&Over 100 Fly Break 11 – 13&Over 400 IM	Session 5 = 13 & Over Warm-Up / Start 9:10am / 9:40am <u>Evt #</u> 16 - 13&Over 100 Back 17 - 13&Over 100 Free Break 18 – 13&Over 200 Breast Break 19 – 13&Over 500 Free	Session 9 = 13 & Over Warm-Up / Start 9:10am / 9:40am <u>Evt #</u> 39 – 13&Over 200 IM 40 – 13&Over 200 Back Break 41 – 13&Over 200 Fly Break 42 - 13&Over 50 Free		
		Session 6 = 11-12 Warm-Up / Start 11:30am / 11:55am <u>Evt #</u> 20 - 11-12 100 Breast 21 - 11-12 100 Free 22 - 11-12 50 Fly 23 - 11-12 200 IM 24 - 11-12 50 Back 25 - 11-12 200 Free	Session 10 = 11-12 Warm-Up / Start 11:30am / 11:55am <u>Evt #</u> 43 - 11-12 50 Breast 44 - 11-12 50 Free 45 - 11-12 100 Fly 46 - 11-12 100 IM 47 - 11-12 100 Back 48 - 11-12 200 Breast 49 - 11-12 200 Fly 50 - 11-12 200 Back		
		Session 7 = 10 & Under Warm-Up / Start 1:15pm / 1:40pm <u>Evt #</u> 26 – 9-10 50 Breast 27 – 8&Under 50 Breast 28 – 9-10 100 Free 29 – 8&Under 100 Free 30 – 9-10 50 Fly 31 – 8&Under 50 Fly 32 – 10&Under 200 IM 33 – 9-10 100 Back 34 – 8&Under 100 Back	Session 11 = 10 & Under Warm-Up / Start 1:15pm / 1:40pm <u>Evt #</u> 51 – 9-10 50 Free 52 – 8&Under 50 Free 53 – 10&Under 100 Breast 54 – 9-10 100 IM 55 – 8&Under 100 IM 56 – 10&Under 100 Fly 57 – 9-10 50 Back 58 – 8&Under 50 Back		

13-overs May Swim A Maximum of 2 Events Per Session
12-unders May Swim A Maximum of 3 Events Per Session
\$4.00 Per Athlete Surcharge