

# Piranhas Time Trial

## Saturday March 20<sup>th</sup> & March 27<sup>th</sup>, 2021

### Shenendehowa HS

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD21-016  
Sean Caron, General Chairman

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Clifton Park Piranhas

**Place:** Shenendehowa Aquatic Center- 25 Yards, 8 lanes- Daktronics Timing System Short Course  
Separate Warm-up/Warm-Down Pool

The competition course has not been certified in accordance with 104.2.2C(4).

**Pool Depths:** Depth of Pool at One (1) Meter 14' 6" and Five (5) Meters 14' 6" from Start End of Pool.

**Time:**

Day	Session	Warm-up	Meet Start Time
Saturday 3/20	Session 1	9:00 AM	9:30 AM
	Session 2	12:00 PM	12:30 PM
	Session 3	3:00 PM	3:30 PM
Saturday 3/27	Session 4	9:00 AM	9:30 AM
	Session 5	12:00 PM	12:30 PM
	Session 6	3:00 PM	3:30 PM

**Meet Director:** Chuck Dunham  
**Meet Referee:** JoAnn Faucett (518) 496-6136  
**Meet Entry Coordinator:** Chuck Dunham

#### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **Saturday 3/20**. Rules from the current USA Swimming Technical and Administrative Rules will be in effect. Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**. Team entries must be received by the Meet Entry Coordinator by **Wednesday 3/18**.  
**Meet is closed to Clifton Park Piranhas swimmers only**  
**Swimmers may swim up to 3 individual events and 2 relays per session**  
**In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If numbers call for it, sessions may also be combined to shorten the day. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.**

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### USA Swimming Registration:

**No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302**  
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))  
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)  
Direct registration questions to the Adirondack Registrar, Adam Hershberg, [adregistrar12@gmail.com](mailto:adregistrar12@gmail.com)

#### Swimming Events:

All events will be Time Finals. Time Trial events may be added to any session at the discretion of the Meet Director and Meet Referee

#### Relays:

All relays are timed finals and need to be submitted to Entry Coordinator prior to the start of the session.

**Scratches: No Penalty for Scratches**

#### Timers:

Piranhas will provide their own timers

## Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).

Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.**

**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

## Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**This statement (Covid-19) shall also be included in heat sheets.**

## Services:

None

## Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

## Entry Fees:

No Fees

## Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

## Awards: No Awards

## Scoring: Meet is not scored

**Time Trials: Time Trials will be held at the discretion of the Meet Director and Meet Referee**

**Officials:**

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

**If you have any questions please contact the Meet Director or Meet Referee**

**Piranhas Time Trial**  
**March 20<sup>th</sup> & 27<sup>th</sup> @ Shenendehowa Aquatic Center**

**SESSION 1...Day 1**

**WARM-UPS 9:00AM                      SESSION BEGINS 9:30AM**

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
1	8& Under	100 Medley Relay
2	8& Under	25 Fly
3	8& Under	25 Back
4	8& Under	50 Free
5	8& Under	25 Breast
6	8& Under	25 Free
7	8& Under	50 Back
8	8& Under	100 Free Relay

**SESSION 2...Day 1**

**WARM-UPS 12:00PM                      SESSION BEGINS 12:30PM**

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
9	8&under	100 Medley Relay
10	Open	200 Medley Relay
11	8&under	25 Fly
12	Open	100 IM
13	Open	50 Free
14	8&under	25 Back
15	Open	50 Breast
16	Open	100 Free
17	8&under	25 Breast
18	Open	50 Back
19	Open	100 Breast
20	8&under	25 Free
21	Open	100 Back
22	Open	50 Fly
23	8&Under	100 Free Relay
24	Open	200 Free Relay

**SESSION 3...Day 1**

**WARM-UPS 3:00PM                      SESSION BEGINS 3:30PM**

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
25	9-10	200 Medley Relay
26	11-12	200 Medley Relay
27	Open	200 Free
28	Open	100 IM
29	Open	50 Free
30	Open	100 Fly
31	Open	50 Breast
32	Open	200 IM
33	Open	100 Back
34	Open	100 Free
35	Open	50 Fly
36	Open	100 Breast
37	Open	50 Back
38	9-10	200 Free Relay
39	11-12	200 Free Relay

**Each Swimmer May Swim A Maximum of 3 Events Per Day Plus 2 Relays**

## SESSION 4...Day 2

WARM-UPS 9:00AM

SESSION BEGINS 9:30AM

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
40	Open	200 Medley Relay
41	Open	200 Free
42	Open	200 Fly
43	Open	200 Back
44	Open	200 Breast
45	Open	50 Free
46	Open	400 IM
47	Open	500 Free
48	Open	100 Fly
49	Open	100 Back
50	Open	100 Breast
51	Open	100 Free
52	Open	200 IM
53	Open	200 Free Relay

## SESSION 5...Day 2

WARM-UPS 9:00AM

SESSION BEGINS 9:30AM

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
54	Open	200 Medley Relay
55	Open	200 Free
56	Open	200 Fly
57	Open	200 Back
58	Open	200 Breast
59	Open	50 Free
60	Open	400 IM
61	Open	500 Free
62	Open	100 Fly
63	Open	100 Back
64	Open	100 Breast
65	Open	100 Free
66	Open	200 IM
67	Open	200 Free Relay

## SESSION 6...Day 2

WARM-UPS 9:00AM

SESSION BEGINS 9:30AM

Mixed EVENTS	AGE GROUP	EVENT DESCRIPTION
68	Open	200 Medley Relay
69	Open	200 Free
70	Open	200 Fly
71	Open	200 Back
72	Open	200 Breast
73	Open	50 Free
74	Open	400 IM
75	Open	500 Free
76	Open	100 Fly
77	Open	100 Back
78	Open	100 Breast
79	Open	100 Free
80	Open	200 IM
81	Open	200 Free Relay

**Each Swimmer May Swim A Maximum of 3 Events Per Day Plus 2 Relays**