

CVSL Championships

SUNDAY February 26th 2023

Clark Sports Center...Cooperstown, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD23-018
Don Lipkin, General Chairman

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Clark Sports Center Sharks

Place: Clark Sports Center, Cooperstown NY. 8 Lanes, Short Course, 25 yards. Colorado Automatic Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 8 feet and Five (5) Meters 6 feet 1" from Start End of Pool.
Depth of Pool at One (1) Meter 4 feet and Five (5) Meters 4 feet from Turn End of Pool.

Time: Warm ups: 8:15AM.... Meet Start 9:00AM

Meet Director: Lindsey Bailey (607) 547-2800 ext. 114 bailey1@clarksportscenter.com

Meet Referee: Lucas Santiago (518) 956-4704 lsantiago999@gmail.com

Meet Entry Coordinator: Lindsey Bailey (607) 547-2800 ext. 114 bailey1@clarksportscenter.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on February 26th 2023.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by **Friday February 17th 2023 at 5:00pm**

Swimmers may enter a max of three (3) Individual events and 1 Relay OR two (2) Individual events and two (2) Relays for the meet.

No Time (NT) entries will not be accepted.... Please provide accurate coach estimated times.

This meet is open to CVSL League teams only.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

Registrations are all completed through USA Swimming OMR. All Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered swimmers will be removed from the meet.)

Unattached athletes may obtain instructions from the Adirondack Swimming Web Site www.adirondackswimming.org

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals.

12 and under events will be scored 8 & under, 9-10, 11-12

13 and over events will be scored as 13-14, 15 and over

Open events will be scored 10 & under, 11-12, 13-14, 15 & over

Mixed relays must consist of 2 Boys & 2 Girls.

Scratches:

All scratches will be due to the timing table at least 30 minutes prior to the start of the meet.

No refunds will be issued for scratched swimmers.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries

Swimmers have to provide their own timers for the 500.

Deck Entries:

Deck Entries will NOT be accepted at this meet.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ADIRONDACK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH

Host Assumption of Risk Disclaimer Statement:

Clark Sports Center Sharks follows all health and safety measures as implemented by the Clark Sports Center and the New York State and Otsego County Boards of Health. Athletes, coaches, officials and spectators must follow all posted instructions while attending Mile Madness. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending Mile Madness, you voluntarily assume all risks related to exposure to COVID-19.

Services:

Programs and Concessions available during the meet.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$2.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$2.00 per Relay entry, which includes the \$1.00 AD Travel fund surcharge and a \$2.00 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL ENTRIES.

Make your entry check payable to **Clark Sports Center** and mail your check and entry summary sheet to

Clark Sports Center
C/O Lindsey Bailey
P.O. Box 850
Cooperstown, NY 13326

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Metals will be given for 1st -3rd place, Ribbons will be given out for places 4 to 8 for individual events and 1st place for relays

Scoring:

Events will be scored according to USA Swimming rules.

Open Events are Multi-age group and will be scored 10 & under, 9-10, 11-12, 13-14, 15 & Over

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet.
Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

CVSL Championships

SUNDAY February 26th 2023

Clark Sports Center ... Cooperstown, NY

WARM-UPS 8:15AM ... SESSION BEGINS 9:00AM

EVENT	GENDER	AGE GROUP	EVENT DESCRIPTION
1	Mixed	12 & Under	50 Yard Freestyle
2	Mixed	13 & Over	50 Yard Freestyle
3	Mixed	8 & Under	25 Yard Butterfly
4	Mixed	12 & Under	50 Yard Butterfly
5	Mixed	Open	100 Yard Butterfly
6	Mixed	Open	200 Yard Butterfly
7	Mixed	8 & Under	25 Yard Backstroke
8	Mixed	12 & Under	50 Yard Backstroke
9	Mixed	Open	100 Yard Backstroke
10	Mixed	Open	200 Yard Backstroke
11	Mixed	8 & Under	25 Yard Breaststroke
12	Mixed	12 & Under	50 Yard Breaststroke
13	Mixed	Open	100 Yard Breaststroke
14	Mixed	Open	200 Yard Breaststroke
15	Mixed	8 & Under	25 Yard Freestyle
16	Mixed	12 & Under	100 Yard Freestyle
17	Mixed	13 & Over	100 Yard Freestyle
18	Mixed	Open	200 Yard Freestyle
19	Mixed	12 & Under	100 Yard Individual Medley
20	Mixed	Open	200 Yard Individual Medley
21	Girls	8 & Under	100 Yard Freestyle Relay
22	Boys	8 & Under	100 Yard Freestyle Relay
23	Mixed	8 & Under	100 Yard Freestyle Relay
24	Girls	9-10	200 Yard Freestyle Relay
25	Boys	9-10	200 Yard Freestyle Relay
26	Mixed	9-10	200 Yard Freestyle Relay
27	Girls	11-12	200 Yard Freestyle Relay
28	Boys	11-12	200 Yard Freestyle Relay
29	Mixed	11-12	200 Yard Freestyle Relay
30	Girls	13-14	200 Yard Freestyle Relay
31	Boys	13-14	200 Yard Freestyle Relay
32	Mixed	13-14	200 Yard Freestyle Relay
33	Girls	15 & Over	200 Yard Freestyle Relay
34	Boys	15 & Over	200 Yard Freestyle Relay
35	Mixed	15 & Over	200 Yard Freestyle Relay
36	Mixed	Open	500 Yard Freestyle

Each Swimmer May Swim a Maximum Of 4 total events,

3 Individual Events plus 1 Relay OR 2 Individual Events plus 2 Relays

\$2.00 per Individual Event per Athlete, \$2.00 per Relay entry, Plus a \$2.00 per swimmer surcharge

Mixed Relays must consist of 2 Boys & 2 Girls.

CVSL Championships
ENTRY FEE CALCULATION SHEET
SUNDAY February 26th 2023
Clark Sports Center...Cooperstown, NY

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$2.00 = \$	_____
Number of Relay Entries	_____	X \$2.00 = \$	_____
Number of Swimmers	_____	X \$2.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE:
February 17th 2023 at 5:00pm

MAKE CHECKS PAYABLE TO "Clark Sports Center"

Email your entries to the Meet Entry Coordinator

baileyl@clarksportscenter.com

**This form must be returned with Entry Report and Check
to:**

**Clark Sports Center
C/O Lindsey Bailey
P.O. Box 850
Cooperstown, NY 13326**

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Clark Sports Center assumes no responsibility
for meet close-out due to late entries.**