

DELMAR DOLFIN SWIM CLUB FEBRUARY FREEZE FEBRUARY 4, 2024 RPI ROBISON POOL, TROY, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD24-016
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: DELMAR DOLFIN SWIM CLUB

Place: RPI Robison Pool, Troy, New York
25 Yard, 8 Lane Competition Pool with continuous warm up/warm down area
Colorado Timing System with touchpads and beepers
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'0" and Five (5) Meters 4'10" from Start End of Pool.
Depth of Pool at One (1) Meter 6'10" and Five (5) Meters 6'7" from Turn End of Pool.

Time:

Session	Age Groups	Warm-Up	Meet Starts
Session 1 - AM	9-10, 11-12	7:30 AM	8:30 AM
Session 2 - PM	8 and Under, 13 and Over	12:30 PM	1:30 PM

Meet Director: Adam Hershberg 518-522-6360 adregistrar12@gmail.com
Meet Referee: JoAnn Faucett 518-496-6136 faucettjm@aol.com
Meet Entry Coordinator: Samantha Oliver 518-653-8181 soliver544@gmail.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **February 4, 2024**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Friday, January 26, 2024**.
Swimmers may enter a maximum of four (4) individual events and one (1) relay per session.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be swum as timed finals.

Events 29/30 – 13 & Over 100IM – Please enter estimated times for your swimmers so this event can be seeded properly. NT's will be accepted but will swim in the first heats.

8 & Under Bullpen – We will have an 8 and under bullpen for the 25-yard events only. The Bullpen will be located next to the warmup pool near the locker room entrances. Please have your swimmers at the Bullpen area ten minutes prior to their event. All other 8 and under events should line up behind the blocks.

Relays:

Relays will be available in both sessions. There is no limit to the number of relay teams each Club can enter. We are offering both standard relays with all 4 swimmers of the same gender and mixed relays which must be comprised of 2 female and 2 male swimmers. Please do not enter the same swimmer in more than one relay.

Scratches:

There are no scratch requirements or positive check-in at this meet.

If there are known scratches after submitting your meet entry file, please send them to the Meet Entry Coordinator up until Tuesday, January 30th and we will attempt to correct the meet entry file prior to final reconciliations.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Club assignments will be posted to the Adirondack Swimming Website and at the pool.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

A concession stand will be available for the duration of the meet..

A t-shirt and apparel vendor will be on site.

The Deep End Swim Store will be on site with equipment sales

Meet mobile is planned to be used during the meet provided good internet access at the pool. Heat Sheets will be available on Meet Mobile

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$6.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$8.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **DELMAR DOLFIN SWIM CLUB** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.

Entries will be entered to the meet upon receipt of your check.

Spectator Admission Charge:

There will be no spectator admission charged at this meet.

All spectators must abide by the short-term seating rules adjacent to the competition pool. These bleachers will be posted as short-term seating and spectators must rotate in and out of these seats. Long-term seating will be available adjacent to the warmup pool and in the basement near the concession stand.

Sitting/standing next to the railing between the pool and the bleachers is not allowed

The entrance to the pool from the lobby must always remain clear.

There will be no sitting on the floor in the lobby and hallways per RPI rules.

Repeated violations of any of these rules may result in removal from the meet spectator areas.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Ribbons will be awarded for heat winners and places 1-8.

Scoring:

This meet will not be scored.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

DELMAR DOLFINS FEBRUARY FREEZE

February 4, 2024

RPI Robison Pool, Troy, NY

SESSION 1 - AM

WARM-UPS 7:30 AM ... SESSION BEGINS 8:30AM

Girls Events	Age Group	Event Description	Boys Events
1	11-12	200 Freestyle	2
3	9-10	100 IM	4
5	11-12	100 IM	6
7	9-10	50 Backstroke	8
9	11-12	100 Backstroke	10
11	9-10	50 Breaststroke	12
13	11-12	50 Breaststroke	14
15	9-10	50 Freestyle	16
17	11-12	100 Freestyle	18
19	9-10	50 Butterfly	20
21	11-12	50 Butterfly	22
23	9-10	200 Freestyle Relay	24
25	9-10	Mixed 200 Freestyle Relay	
26	11-12	200 Medley Relay	27
28	11-12	Mixed 200 Medley Relay	

SESSION 2 - PM

WARM-UPS 12:30 PM ... SESSION BEGINS 1:30 PM

Girls Events	Age Group	Event Description	Boys Events
29	13 & Over	100 IM	30
31	8 & Under	50 Freestyle	32
33	13 & Over	200 Freestyle	34
35	8 & Under	25 Breaststroke	36
37	13 & Over	100 Breaststroke	38
39	8 & Under	50 Backstroke	40
41	13 & Over	200 Backstroke	42
43	8 & Under	25 Freestyle	44
45	13 & Over	50 Freestyle	46
47	8 & Under	25 Butterfly	48
49	13 & Over	100 Butterfly	50
51	8 & Under	200 Freestyle Relay	52
53	8 & Under	Mixed 200 Freestyle Relay	
54	13 & Over	200 Medley Relay	55
56	13 & Over	Mixed 200 Medley Relay	

Each Swimmer May Swim A Maximum of 4 Individual Events and 1 Relay

\$6.00 Per Individual Event Per Athlete for ALL Athletes

\$2.00 Per Athlete Surcharge

\$8.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

DELMAR DOLFIN SWIM CLUB

ENTRY FEE CALCULATION SHEET, February Freeze, RPI Robison Pool, February 4, 2024

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Individual Entries _____ X \$6.00= \$ _____

Number of Swimmers _____ X \$2.00 = \$ _____

Number of Relays _____ X \$8.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE.. Friday, January 26, 2024

MAKE CHECKS PAYABLE TO DELMAR DOLFIN SWIM CLUB

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Samantha Oliver
32 Robin Road
Kinderhook, NY 12106
Soliver544@gmail.com

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
Delmar Dolfin Swim Club assumes no responsibility
for meet close-out due to late entries**