

2024 STARFISH LAST CHANCE INVITE

FEBRUARY 24, 2024

NISKAYUNA HIGH SCHOOL

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD24-026
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Albany Starfish Swim Club

Place: Niskayuna High School, 1626 Balltown Road, Niskayuna, NY; 8 Lane Short Course, 25 Yard Pool.
Colorado electronic start and timing system
The competition course has not been certified in accordance with 104.2.2C(4)

Pool Depths: **Depth of Pool at One (1) Meter 13' and Five (5) Meters 13' from Start End of Pool.**
Depth of Pool at One (1) Meter 4' 4" and Five (5) Meters 4' 8" from Turn End of Pool.

Time:

Session	Age Groups	Warm-up	Meet Start
Session 1	12 & Under	7:30AM	8:30AM
Session 2	OPEN	12:00PM	1:00 PM

***Positive check-in for 500 Freestyle by 1:00pm**

Meet Director: Greg Antolick 518-852-1217, coachdan@starfishswimclub.org
Meet Referee: JoAnn Faucett 518-496-6136, faucettjm@aol.com
Meet Entry Coordinator: Dan Tanski 518-265-7365, entries@starfishswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **February 24, 2024**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Friday, February 16, 2024**.
Swimmers may swim up to 5 events
If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
All registrations are completed using the USA Swimming Online Member Registration (OMR) system.
Refer to the AD web site, "USA-S Registrations" page for information.
Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.
Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.
AD swimmers must have Confirmed Birthdates to swim age specific events.
Legal ID must be sent to the LSC Registrar for new members or members new to AD.
Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events are timed finals and will be pre-seeded except the 500 Freestyle. Positive Check-in is required by 1:00pm for the 500 Free.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Timing assignments will be posted to the Adirondack Swimming website by February 20th.
Swimmers have to provide their own timers and lap counters for the 500 Freestyle.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

The Starfish Cafe will provide light snacks and beverages.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$6.00 per individual event, which includes the \$.50 AD travel fund surcharge and a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **Albany Starfish Swim Club** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.

Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Ribbons will be awarded for 1st-8th place

Scoring:

Meet will not be scored

Time Trials:

Time Trials will not be offered

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

STARFISH LAST CHANCE INVITE

Saturday, February 24th 2024

Niskayuna High School

SESSION 1

WARM UP 7:30AM

START 8:30AM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
1	12 & Under	100 Individual Medley	2
3	12 & Under	50 Freestyle	4
5	12 & Under	100 Butterfly	6
7	12 & Under	50 Backstroke	8
9	12 & Under	100 Breaststroke	10
11	12 & Under	200 Freestyle	12
13	12 & Under	50 Butterfly	14
15	12 & Under	100 Backstroke	16
17	12 & Under	50 Breaststroke	18
19	12 & Under	100 Freestyle	20
21	12 & Under	200 Individual Medley	22

SESSION 2

WARM UP 12:00PM

START 1:00PM

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENTS
23	OPEN	200 Freestyle	24
25	OPEN	100 Butterfly	26
27	OPEN	200 Backstroke	28
29	OPEN	100 Breaststroke	30
31	OPEN	50 Freestyle	32
33	OPEN	400 Individual Medley	34
35	OPEN	200 Butterfly	36
37	OPEN	100 Backstroke	38
39	OPEN	200 Breaststroke	40
41	OPEN	100 Freestyle	42
43	OPEN	200 Individual Medley	44
45	OPEN	500 Freestyle	46

Each Swimmer May Swim A Maximum of 5 Events

\$6.00 Per Individual Event Per Athlete for ALL Athletes

\$2.00 Per Athlete Surcharge

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

ALBANY STARFISH SWIM CLUB

ENTRY FEE CALCULATION SHEET

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Saturday, February 24th 2024

Niskayuna High School

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$6.00 = \$	_____
Number of Swimmers (LSC Surcharge)	_____	X \$2.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____
Total Amount Due and Enclosed			\$ _____

ENTRY DEADLINE - Friday, Feb. 16, 2024

MAKE CHECKS PAYABLE TO: Albany Starfish Swim Club

Email your entries to the Meet Entry Coordinator, Dan Tanski at
entries@starfishswimclub.org

This form Must be returned with Entry Report and Check to

Starfish Swim Club
PO Box 9408
Niskayuna, NY 12309

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Starfish Swim Club assumes no responsibility for meet closeout due to late entries