

2025 STARFISH METER MADNESS

Sunday May 18, 2025

Niskayuna High School, Niskayuna, NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD25-024
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Albany Starfish Swim Club

Place: Niskayuna High School, 1626 Balltown Road, Niskayuna, NY; 8 Lane Short Course, 25 Meter Pool.
Colorado electronic start and timing system
The competition course has not been certified in accordance with 104.2.2C(4)

Pool Depths: Depth of Pool at One (1) Meter 13' and Five (5) Meters 13' from Start End of Pool.
Depth of Pool at One (1) Meter 4' 4" and Five (5) Meters 4' 8" from Turn End of Pool.

Time:

	Age Groups	Warm-up Time	Meet Start Time
Session 1	7 & Under, 8-9, 10-11	7:30am	8:30pm
Session 2	12-13, 14-15, 16 & over	12:00pm	1:00pm

Meet Director: Greg Antolick (518) 852-1217 gantolick@nycap.rr.com

Meet Referee: Jeff Luks

Meet Entry Coordinator: Dan Tanski (518) 265-7365 entries@starfishswimclub.org

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on May 18, 2025.

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.

Team entries must be received by the Meet Entry Coordinator by Friday, May 9, 2025.

Swimmers may enter up to FIVE individual events.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be pre-seeded and swum as timed finals. 7 & Under 25 meter events will start from the bulkhead.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries. Lane assignments will be posted to the Adirondack Meet Schedule (www.adirondackswimming.org) on or before **May 15** and in the program and pool area.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

A meet program will be available for purchase. There will be a concession area with limited selection of food and drinks will be available.

No food or drink is to be consumed in the pool area.

Please do not bring any glass containers into the facility.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$6.50 per individual event, which includes the \$.50 AD travel fund surcharge, and \$5.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **"A-V Starfish Swim Club"** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Trophies will be awarded to the top 3 finishers in each age/gender group.

Scoring:

Pentathlon scoring will use total time of all 5 events. Swimmers must swim all 5 events to be eligible for awards.

Time Trials:

Will not be offered for this meet.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet.

Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

2025 STARFISH METER MADNESS
MAY 18, 2025 NISKAYUNA HIGH SCHOOL

SESSION 1		WARM-UP 7:30AM	SESSION BEGINS 8:30AM	
GIRLS EVENTS	EVENT DESCRIPTION		BOYS EVENTS	
1	10-11 50m Butterfly		2	
3	8-9 50m Butterfly		4	
5	7 & Under 25m Butterfly		6	
7	10-11 50m Backstroke		8	
9	8-9 50m Backstroke		10	
11	7 & Under 25m Backstroke		12	
13	10-11 50m Breaststroke		14	
15	8-9 50m Breaststroke		16	
17	7 & Under 25m Breaststroke		18	
19	10-11 50m Freestyle		20	
21	8-9 50m Freestyle		22	
23	7 & Under 25m Freestyle		24	
25	10-11 100m Individual Medley		26	
27	8-9 100m Individual Medley		28	
29	7 & Under 100m Individual Medley		30	

SESSION 2		WARM-UP 12:00PM	SESSION BEGINS 1:00PM	
GIRLS EVENTS	EVENT DESCRIPTION		BOYS EVENTS	
31	12-13 100m Butterfly		32	
33	14-15 100m Butterfly		34	
35	16 & Over 100m Butterfly		36	
37	12-13 100m Backstroke		38	
39	14-15 100m Backstroke		40	
41	16 & Over 100m Backstroke		42	
43	12-13 100m Breaststroke		44	
45	14-15 100m Breaststroke		46	
47	16 & Over 100m Breaststroke		48	
49	12-13 100m Freestyle		50	
51	14-15 100m Freestyle		52	
53	16 & Over 100m Freestyle		54	
55	12-13 100m Individual Medley		56	
57	14-15 100m Individual Medley		58	
59	16 & Over 100m Individual Medley		60	

Each Swimmer May Swim a Maximum of 5 Individual Events

Individual Entries: \$6.50 per event

\$5.00 per swimmer surcharge

Manual or Deck Entries (non-electronic) are subject to a \$1.00 Surcharge per Entry

ALBANY STARFISH SWIM CLUB

ENTRY FEE CALCULATION SHEET

2025 Starfish Meter Madness

Niskayuna High School, Niskayuna, NY

May 18, 2025

TEAM NAME _____

CONTACT PERSON _____

PHONE NUMBER _____

E-Mail ADDRESS _____

Number of Timed Finals Entries _____ X \$6.50 = \$ _____

Number of Swimmers _____ X \$5.00 = \$ _____

Number of Manual (non-electronic) Entries _____ X \$1.00 = \$ _____

Total Amount Due and Enclosed\$ _____

ENTRY DEADLINE - Friday, May 9th, 2025

MAKE CHECKS PAYABLE TO: AV Starfish Swim Club, Inc.

Email your entries to the Meet Entry Coordinator

entries@starfishswimclub.org

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Starfish Swim Club

PO Box 9408

Niskayuna, NY 12309

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Albany Starfish Swim Club assumes no responsibility for meet close-out due to late entries