

Shark Attack Sizzle

July 27, 2025

Union College

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD25-031
Marco Greico, General Chairman

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Sharks Swim Club

Place: Union College Alumni Gym
The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 11 feet, and Five (5) Meters 11 feet from Start End of Pool.
Depth of Pool at One (1) Meter 3.5 feet, and Five (5) Meters 4 feet from Turn End of Pool.

Time (Warmup and Session times are subject to change by Meet Director and Meet Referee)
Sunday Session 9:30 am warm-up/10:20 am start

Meet Director: Kathleen Sellnow

Meet Referee: Joann Faucett

Meet Entry Coordinator: Jarrett O'Donnell

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on July 27, 2025
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Meet is closed to Sharks Swim Club, unattached swimmers training with The Sharks, and swimmers invited by the Sharks only.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events will be Timed Finals. Time Trial events may be added to any session at discretion of Meet Director and Meet Referee

Scratches:

There is no penalty for scratching or no-shows.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Host team will provide timers.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Shark Attack Sizzle

July 27, 2025

Union College

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.
Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.
All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.
If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.
Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.
Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

None

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

\$7 per event. \$2.00 per swimmer surcharge

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets

Awards:

There will be no awards

Scoring:

Meet will not be scored

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please contact the Meet Referee if interested in working this meet.

Spectators:

Spectators will be permitted in accordance with facility limitations

Shark Attack Sizzle
July 27, 2025
Union College

8:30 am warm-up/9:30 am start

Event #	Event (Mixed)
1	12-Under 50 Freestyle
2	Open 500 Freestyle
3	12-Under 200 IM
4	12-Under 100 IM
5	12-Under 25 Freestyle
6	Open 200 IM
7	12-Under 100 Breaststroke
8	12-Under 50 Breaststroke
9	12-Under 25 Breaststroke
10	Open 100 Breaststroke
11	12-Under 100 Backstroke
12	12-Under 50 Backstroke
13	Open 100 Backstroke
14	12-Under 50 Butterfly
15	12-Under 25 Butterfly
16	Open 100 Butterfly
17	12-Under 100 Free
18	Open 100 Free
19	12-Under 25 Backstroke

Breaks will be scheduled as meet management finds appropriate
Time Trials may be held at any time during the session
Swimmers may swim up to 4 events per day, inclusive of Time Trials.