

Fin-Tastic Fall Meet

Saturday November 1, 2025

Clark Sports Center...Cooperstown NY

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD26-006
Marco Greico, General Chairman
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Clark Sports Center Sharks

Place: Clark Sports Center, Cooperstown NY. 8 Lanes, Short Course, 25 yards. Colorado Automatic Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 8 feet and Five (5) Meters 6 feet 1" from Start End of Pool.
Depth of Pool at One (1) Meter 4 feet and Five (5) Meters 4 feet from Turn End of Pool.

Time:

Session	Warm-ups	Meet Start
Session 1: 9-12 Year Olds	7:15AM	8:00AM
Session 2: 8 & Under and 13 & Over	12:15PM	1:00PM

Meet Director: Lindsey Bailey (607) 547-2800 ext. 117 bailey@clarksportscenter.com
Meet Referee: James Gerace (518) 469-6787 geracejj@gmail.com
Meet Entry Coordinator: Lindsey Bailey (607) 547-2800 ext. 117 bailey@clarksportscenter.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **November 1, 2025**.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **Friday October 24th, 2025, at 5:00pm**
Swimmers may enter up to 4 individual events in total.

In the event the meet is oversubscribed, the Meet Director may cut Relays in order to achieve the desired timeline. If after removing relays, the meet is still oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older **MUST** have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

302.3 FALSE REGISTRATION — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Swimming Events:

All events will be pre-seeded and swum as timed finals.

9-12 events will be scored 9-10 & 11-12

13 and over events will be scored as 13-14, 15 and over

Scratches:

No refunds will be issued for scratched swimmers.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered).
Acceptable form of Proof of Registration is USA-Swimming Member Card from Member's SWIMS 3.0 Dashboard..
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

Programs and Concessions available during the meet.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are **\$5.50** per individual event, which includes the \$.50 AD travel fund surcharge and a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **"Clark Sports Center"** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Ribbons will be awarded to 1st -8th Place

Scoring:

Events will be scored according to USA Swimming rules.

9-12 events will be scored 9-10 & 11-12

13 & Over events will be scored 13-14 and 15 & over

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions, please contact the Meet Director or Meet Referee

Hotel Accommodations:

Hampton Inn – Cooperstown (new)
4882 NY-28, Cooperstown, NY 13326
(607) 282-9000

Holiday Inn Express & Suites
4758 NY-28, Cooperstown, NY 13326
(607) 547-8000

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Session 1: 9-12

Warmups Start at 7:15AM Meet Start at 8:00AM

Event #	Gender	Age Group	Event
1	Mixed	9-12	50 Yard Freestyle
2	Mixed	9-12	50 Yard Butterfly
3-Minute Break			
3	Mixed	9-12	100 Yard Butterfly
4	Mixed	9-12	50 Yard Backstroke
3-Minute Break			
5	Mixed	9-12	100 Yard Backstroke
6	Mixed	9-12	50 Yard Breaststroke
3-minute Break			
7	Mixed	9-12	100 Yard Breaststroke
8	Mixed	9-12	100 Yard Freestyle
3-Minute Break			
9	Mixed	9-12	100 Yard Individual Medley
10	Mixed	9-12	200 Yard Freestyle

Session 2: 8&U, 13&O

Warmups Start at 12:15PM Meet Start at 1:00PM

Event #	Gender	Age Group	Event
11	Mixed	13&O	50 Yard Freestyle
12	Mixed	8&U	50 Yard Freestyle
13	Mixed	13&O	100 Yard Butterfly
14	Mixed	8&U	25 Yard Butterfly
5 Minute Break			
15	Mixed	13&O	100 Yard Backstroke
16	Mixed	8&U	25 Yard Backstroke
17	Mixed	13&O	100 Yard Breaststroke
18	Mixed	8&U	25 Yard Breaststroke
5 Minute Break			
19	Mixed	13&O	100 Yard Freestyle
20	Mixed	8&U	25 Yard Freestyle
21	Mixed	13&O	200 Yard Freestyle
22	Mixed	8&U	100 Yard Individual Medley
23	Mixed	13&O	200 Yard Individual Medley

Each Swimmer May Swim A Maximum of 4 Events Per Day.

\$5.50 Per Individual Event Per Athlete for ALL Athletes

\$2.00 Per Athlete Surcharge

For Manual Entries, Add \$1.00 Per Entry (individual or relay)

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ENTRY FEE CALCULATION SHEET

TEAM NAME: _____

CONTACT PERSON: _____

PHONE NUMBER: _____

E-Mail ADDRESS: _____

Number of Individual Entries	_____	X \$5.50 = \$	_____
Number of Swimmers (LSC Surcharge)	_____	X \$2.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed \$ _____

ENTRY DEADLINE:

October 24th 2025, at 5:00pm

MAKE CHECKS PAYABLE TO Clark Sports Center

Email your entries to the Meet Entry Coordinator

baileyl@clarksportscenter.com

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Clark Sports Center
C/O Lindsey Bailey
P.O Box 850
Cooperstown, NY 13326

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**

Clark Sports Center Sharks assumes no responsibility
for meet close-out due to late entries