

# 31st Annual Stingray Splash Invitational

## January 25, 2026 at Skidmore College

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # AD26-010  
Marco Greico, General Chairman  
It is understood and agreed that USA Swimming, Skidmore College, and the Saratoga Regional YMCA Stingrays shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Host:** Saratoga Regional YMCA Stingrays

**Place:** Skidmore College Swimming Pool, Saratoga Springs, New York  
Short Course 25 Yard, 6 lane pool, continuous warm up pool, Colorado Starting and Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

**Pool Depths:** Start End at 1 meter is 4"0", 5 meters is 4"4".... Turn end at 1 meter is 10"00", 5 meters 9"00"

**Time:**

Session	Start Time	Warm Ups
1	8:00 am	7:00am – 7:50 am
2	12:20 pm	12:00pm -12:20pm
3	2:10 pm	1:15pm – 2:05pm

**Meet Director:** Erin Freeh (518) 421-7744 [stingrayparent@gmail.com](mailto:stingrayparent@gmail.com)  
**Meet Referee:** JoAnn Faucett (518) 496-6136 [faucettjm@aol.com](mailto:faucettjm@aol.com)  
**Meet Entry Coordinator:** Pat Bonga (518) 583-9622 [srymcastingrays@gmail.com](mailto:srymcastingrays@gmail.com)

### Entry Rules:

The eligibility of a swimmer will be determined by his or her age on **January 25, 2026**.  
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.  
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.  
Team entries must be received by the Meet Entry Coordinator by **Monday, January 18, 2026 at 7:00pm**.  
**Swimmers may enter up to four (4) Individual Events per Day.**  
**In the event the meet is oversubscribed, the Meet Director and Meet Referee will work together to determine how entries are removed, with the best interest of the swimmers in mind.**  
**If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.**

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

### USA Swimming Registration:

**No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302**  
All registrations are completed using the USA Swimming Online Member Registration (OMR) system.  
Refer to the AD web site, "USA-S Registrations" page for information.  
Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.  
Athletes 18 or older **MUST** have completed APT to be compliant and allowed to swim in meet.  
AD swimmers must have Confirmed Birthdates to swim age specific events.  
Legal ID must be sent to the LSC Registrar for new members or members new to AD.  
Direct registration questions to the Adirondack Registrar, Bill Faucett [office@adirondackswimming.org](mailto:office@adirondackswimming.org)

### Swimming Events:

Positive check in will be required for the 500 yard freestyle only, prior to the start of Session II.  
This is a pre-seeded meet. All events will be swum as timed finals. A swimmer may enter FOUR (4) individual events.  
All qualifying times must be faster than the qualifying times listed on the events page.  
**We will be using Flyover starts for this meet. Please inform your swimmers prior to the meet.**

### Scratches:

All Swimmers in the 500 Freestyle who do not positive check-in by the deadline will be scratched.  
No refunds will be issued for scratched swimmers.

### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

## Timers:

Clubs may be required to provide timers based upon their number of entries. Swimmers have to provide their own timers for the 200 and 500 freestyle. 500 freestyle swimmers must also supply their own lap counter.

## Bull Pen:

Swimmers who are 8 & under are expected to line up in the bull pen area for the 25 yard events only.

## Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets.
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable form of Proof of Registration is USA-Swimming SWIMS 3.0 Dashboard member card.
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

## Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

We are fortunate to be permitted to use the facilities at Skidmore College. Proper conduct on the part of all swimmers and spectators is expected at all times. The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway, upstairs lobby, Spectator seating, and eating area. Any swimmer found in an area designated out-of-bounds will be barred from participating in the remainder of the meet.

Locker rooms will be available for restroom purposes and changing out of swim attire at the end of the individual involvement of the meet. Monitors will be stations at each locker room entrance to ensure limited individuals are inside at any given time.

## Services:

**Food will be on sale throughout the meet. No food or drink is to be consumed in the pool area. A meet program will be available which will cover all sessions. Smoking is not permitted in the building. Parents, coaches, and swimmers are not to bring glass containers of any kind into the pool area. Confirmed vendors on site include Fine Designs (customizable t-shirts) and The Deep End (swimming merchandise).**

## Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

## Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$7.00 per individual event (which includes the \$.50 AD travel fund surcharge) and a \$2 per swimmer surcharge.

**ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.**

Make your entry check payable to **"Saratoga YMCA Stingrays"** and mail your check and entry summary sheet to:

**Pat Bonga, c/o Saratoga Regional YMCA, 290 West Avenue, Saratoga Springs, NY 12866**

*Entries will be entered to the meet upon receipt of your check.*

## Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

*Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.*

## Awards:

**Individual event ribbons will be awarded for 1st – 8th place.**

**Officials:**

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

**If you have any questions please contact the Meet Director or Meet Referee.**

**30th ANNUAL STINGRAY SLASH INVITATIONAL**  
**January 25, 2026 at Skidmore College**

**Session 1**

**WARM-UPS 7:00AM-7:50AM ... SESSION BEGINS 8:00AM**

GIRLS EVENTS	QUALIFYING TIMES	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
	Faster Than			Faster Than	
1		9-10	100 Y Individual Medley		2
3		11-12	200 Y Individual Medley		4
5		9-10	50 Y Butterfly		6
7		11-12	50 Y Butterfly		8
9		9-10	100 Y Freestyle		10
11		11-12	100 Y Freestyle		12
13		9-10	50 Y Backstroke		14
15		11-12	50 Y Backstroke		16
17		9-10	50 Y Freestyle		18
19		11-12	50 Y Freestyle		20
21		9-10	50 Y Breaststroke		22
23		11-12	50 Y Breaststroke		24

**Session 2**

**WARM-UPS 12:00PM-12:20PM...SESSION BEGINS 12:20PM**

**Positive Check in by 11:45PM for 500 Freestyle**

GIRLS EVENTS	QUALIFYING TIMES	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
	Faster Than			Faster Than	
25	2:40.00	Open	200 Freestyle	2:40.00	26
27	6:20.00	Open	500 Freestyle	6:15.00	28

**Session 3**

**WARM-UPS 1:15PM-2:05PM...SESSION BEGINS 2:10PM**

GIRLS EVENTS	QUALIFYING TIMES	AGE GROUP	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
	Faster Than			Faster Than	
29		8 & Under	25 Y Butterfly		30
31		13 & Over	100 Y Butterfly		32
33		8 & Under	25 Y Backstroke		34
35		13 & Over	100 Y Backstroke		36
37		8 & Under	25 Y Freestyle		38
39		13 & Over	100 Y Freestyle		40
41		8 & Under	25 Y Breaststroke		42
43		13 & Over	100 Y Breaststroke		44
45		8 & Under	100 Y Individual Medley		46
47		13 & Over	200 Y Individual Medley		48
49		8 & Under	50 Y Freestyle		50
51		13 & Over	50 Y Freestyle		52
53		8 & Under	100 Y Freestyle		54

**Each Swimmer May Swim a Maximum of 4 Individual Events Per Day**

**\$7.00 Per Individual Event Per Athlete for ALL Athletes**

**\$2.00 Per Athlete Surcharge**

**For Manual Entries, Add \$1.00 Per Entry**

**“SARATOGA REGIONAL YMCA STINGRAYS”**

**30th ANNUAL STINGRAY SPLASH INVITATIONAL**

**January 25, 2026 at Skidmore College**

ENTRY FEE CALCULATION SHEET

**TEAM NAME** \_\_\_\_\_

**CONTACT PERSON** \_\_\_\_\_

**PHONE NUMBER** \_\_\_\_\_

**E-Mail ADDRESS** \_\_\_\_\_

Number of Individual Entries \_\_\_\_\_ X \$7.00 = \$ \_\_\_\_\_  
Number of Swimmers \_\_\_\_\_ X \$2.00 = \$ \_\_\_\_\_  
Number of Manual (non-electronic) Entries \_\_\_\_\_ X \$1.00 = \$ \_\_\_\_\_

Total Entry Fee Due and Enclosed .....\$ \_\_\_\_\_

**ENTRY DEADLINE...January 18, 2026**

MAKE CHECKS PAYABLE TO “SARATOGA YMCA STINGRAYS”

Mail Reports and check to:

Pat Bonga, c/o Saratoga Regional YMCA  
290 West Avenue  
Saratoga Springs, NY 12866

Entries must be e-mailed (please note new e-mail address) to:  
srymcastingrays@gmail.com

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY.**

**“The Saratoga Regional YMCA Stingrays” assumes no  
responsibility for meet close-out due to late entries.**