

AD Club Coaches and Contacts ... R/E AD Silver SC Champs

We are providing the following schedule of events to better assist the Entry Process.

1. Per Announcement – Entries are Due by 5:00PM, Friday, January 30, 2026.
The meet entry coordinator will import your entries and reply back with a report of your entries as imported. Make sure you check your file for NT entries Before Sending. Those entries will NOT be Imported.
ALL Entries MUST have an Entry Time, Including Relays.
Be certain to check your entries immediately and if you have errors, you can resend an updated entry file to the meet entry coordinator by Saturday, January 31st, 5:00PM
2. Saturday, January 31, 2026, 5:00PM, Updated entry files are due.
3. Sunday, February 1, 2026, AM – Meet File will be turned over to Bill Faucett
 - A. **No Additional Electronic Entry Files will be Accepted**
All updates must be made manually (see 4 below), by request of swimmer's club/coach
We will not accept any changes from swimmers' parents...
 - B. Specific Issues (non-times related) will be emailed directly to the clubs involved
 - C. Times Recons will be posted to the "Recon Page" linked on the AD Meet Schedule

Coaches take special note on how Times Recons will be handled:

Meet Entry Times ARE Found in SWIMS but the swimmers also have faster recorded times in SWIMS.
As Silver SC Champs is a "Slower Than" qualifying meet, swimmers MUST enter with their BEST Recorded SWIMS time in the qualifying period. The swimmer's best time found will be used for entry and if that time is a Gold Cut, the entry will be removed from Silvers.

Meet Entry Times are NOT Found in SWIMS.
These times cannot be used for entry as they are NOT recorded in the qualifying period.
If swimmer has a Recorded SWIMS time, we will use that time for entry, if the time qualifies.
If swimmer has NO Recorded or Qualifying SWIMS time, that entry will be removed.

4. ALL Updates, Additions and Deletions Must be emailed to Bill and plainly described
NO Electronic Entry Files will be Accepted ... Manual Changes ONLY

Be sure to use swimmers LEGAL NAMES (and Birthdates for new added swimmers)

Examples: Remove John C Smith from event 62
Enter John C Smith to event 96 with an entry time of 1:02.43
Remove James G Williams from Meet ... will not be able to attend
Add new swimmer, Sally A Jones, DOB 2/23/05, USA-S ID, to meet in the following events
event 43 entry time 56.72 and event 105 entry time 1:02.15

**In order to accommodate updated times from any meets the weekend of Jan 31-Feb 1
Manual Changes will be accepted through Monday, February 2, 2026, 5:00PM
No further changes will be accepted after that time.**

5. Tuesday, February 3rd AM – Psyche Sheets will be posted on the AD website
- the meet files will be turned over to the host club to prepare the meet programs and run the meet.

REMINDER: All attending swimmers, meet directors, coaches and officials must be properly registered with USA Swimming for 2026 and be in good standing for the dates of the meets.

Bill's email office@adironackswimming.org

Adirondack 12&Under Silver Short Course Championships

February 7 – 8, 2026

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD26-026
Sean Caron General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Delmar Dolphins

Place: Union College, Alumni Gymnasium Pool, 807 Union Street Schenectady, NY 12308
25 Yard, 8 Lane Pool, and Continuous Warm Up Pool - with Colorado timing systems and displays.
Continuous warm-up warm-down time is provided.
This competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: From Start End of Pool, depth of Pool at One (1) Meter is 10'0" and at Five (5) Meters is 13'0"
From Turn End of Pool, depth of Pool at One (1) Meter is 6'6" and at Five (5) Meters is 6'9"

Time:

DAY	SESSION	WARM-UP	POSITIVE CHECK-IN	SESSION BEGINS
SATURDAY	1	7:30AM	7:30AM	8:30AM
SATURDAY	2	1:00PM	1:00PM	2:00PM
SUNDAY	3	7:30AM	7:30AM	8:30AM
SUNDAY	4	11:30AM	11:30AM	12:30PM

Meet Director: Nathan Bryant 518-514-8713 bryantjnathan@icloud.com
Adam Hershberg 518-522-6360 adregistrar12@gmail.com
Meet Referee: JoAnn Faucett 518-496-6136 faucettjm@aol.com
Meet Entry Coordinator: Liz Hulihan 518-598-6964 dolphinsmeetentries@gmail.com

Entry Rules: see: "Detailed Adirondack Swimming Championship Meet Requirements" for more information.

The eligibility of a swimmer will be determined by his or her age on **February 7, 2026**

Rules from the current USA Swimming Technical and Administrative Rules will be in effect.

Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to Meet Entry Coordinator

Team entries must be received by the Meet Entry Coordinator by **Friday, January 30, 2026, 5:00PM**

Swimmers must have competed in at least 1 **Adirondack Swimming Sanctioned** Short Course Meet in the 2025-2026 SC Meet Season.

This meet is open to Adirondack Registered Swimmers Only.

Swimmers may enter 4 Individual Events Plus Relays, Per Day on Saturday and Sunday.

Entry times must be swimmer's best yards times achieved between January 1, 2025, to entry deadline.

All entry times must be Slower than the listed cutoff times and must be recorded in yards (no converted times), in the SWIMS database, in the qualification period. All entry times will be verified through the results database in SWIMS.

If an athlete achieves a SC Gold Champs cut time after their entries have been submitted, he/she must withdraw from that event at SC Silvers.

As this is a Championship Meet, Deck Entries and No Time (NT) Entries will NOT Be Accepted.
Flex athletes may not swim in LSC Championship meets.

Be sure to upgrade Flex athletes to Premium before submitting entries.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

All registrations are completed using the USA Swimming Online Member Registration (OMR) system.

Refer to the AD web site, "USA-S Registrations" page for information.

Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.

Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.

AD swimmers must have Confirmed Birthdates to swim age specific events.

Legal ID must be sent to the LSC Registrar for new members or members new to AD, to confirm birthdates.

Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All Events will be swum as Timed Finals.

All events will be Pre-Seeded with exception of the 500 Frees

Relays:

Clubs will be limited to no more than 3 Relay Team entries (A, B and C) in each event.

Mixed Relays Events MUST have 2 Boys and 2 Girls within the event age on each relay team.

Deck Entries:

Deck Entries will NOT be accepted at this meet.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Warm-up times and meet start times are subject to change based on the number of entries for each session.

A complete and detailed warm-up schedule will be posted to the AD Website after entries are received.

Timers:

Swimmers must provide their own timers and counters for all 500's.

For the balance of the meet, clubs will be required to provide timers based upon their number of entries.

Club assignments will be posted to the Adirondack Swimming website and at the pool.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches, with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to show in compliance USA Swimming Membership Card from SWIMS Dashboard, prior to being on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are \$8.00 per individual event, which includes the \$.50 AD travel fund surcharge, \$15.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$5.00 per swimmer surcharge.

ALL MANUAL ENTRIES, (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Medals will be awarded for 1st through 3rd places and ribbons will be awarded for 4th through 8th places in all individual events, and 1st through 3rd places in relay events.

Scoring:

There will be no team or individual scoring at the AD Silver Short Course Championship Meet.

Services:

A limited number of heat sheets will be available for purchase after positive check-in. Heat Sheets will be available on Meet Mobile.

A full concession stand with food and drinks will be available on both Saturday and Sunday.

A t-shirt/apparel vendor will be available at the meet.

Smoking is NOT permitted in the building. Glass containers of any kind are strictly prohibited in the pool area.

Officials:

There will be an officials' meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials' room before the start of official's meeting.

Results:

Results will be available on Meet Mobile during and following each session assuming good Wi-Fi access at the pool.

Meet Mobile Results are Not Official.

After the meet, the full Official results and results file will be posted on the Adirondack Swimming website: www.adirondackswimming.org.

If you have any questions, please contact the Meet Director or Meet Referee

Detailed Adirondack Swimming Championship Meet Requirements

Adirondack Swimming Athletes **ONLY** May Enter either AD Gold or Silver Short Course Championship Meets. There will be **NO DECK ENTRIES** and Entries with No Entry Time (NT) will not be accepted.

There will be no “relay only” swimmers in these meets (Gold and Silver Champs), with the following exception; For AD Gold Short Course Championships, teams which have less than 4 but at least 2 qualified swimmers in an age group, may enter relay only swimmers to fill a (one) relay team in an age group, for the meet. Relay only swimmers in Senior events must be 13 & Over.

Other than the exception above, all swimmers must qualify to swim the meet in one or more individual events to be able to participate in any relays.

NOTE:

Flex Registered Athletes are **NOT Allowed** to swim in any Meet that is an LSC Championship or higher. Flex Registered Athletes will be removed from Silvers and Golds based on the pre-meet recon.

Swimmers must have participated in at least two (2) AD Sanctioned Meets, in the Current SC Season to enter AD Gold Championships and at least one (1) AD Sanctioned Meet to enter AD Silver Championships. Current Season is September 1st through Silver Championships.

Observed or Approved Meets May NOT be Used to Fulfill the Minimum Meet Requirement to enter. However, All SWIMS Recorded Times from these meets are used for entry qualification.

Entry times must have been achieved between January 1, of the previous Short Course Season through the last AD Sanctioned Meet before each AD SC Championship Meet.

Recorded SWIMS Times **ONLY** may be used for entry in either AD Short Course Championship Meet.

Swimmers may NOT enter any Individual Event in either SC Championship Meet, where he/she has NO Recorded Time in SWIMS, within the Qualifying Period.

Requirements for AD Silver SC Championships - If a swimmer is to participate in the AD Silver SC Championships, he/she must have competed in at least 1 AD Sanctioned meet in the current SC Season prior to Silvers. A swimmer entering an event in Silvers SC Championships must use his/her **Best Recorded Yards Time in SWIMS**, for the time period of **Jan 1st of last years' SC season to entry deadline**, as the entry time.

Requirements for AD Gold SC Championships - If a swimmer is to participate in the AD Gold SC Championships, he/she must have competed in at least 2 AD Sanctioned meets in the current SC Season, prior to Golds. A swimmer entering an event in Gold SC Championships must use a **Recorded and Qualifying Yards Time in SWIMS**, for the time period of **Jan 1st of last years' SC season through the current seasons Silver SC Championships**.

Exceptions will be made in the following circumstances;

1. If a swimmer has transferred to AD from another LSC, where a change of home address has been made, at a time where it was too late to be entered in the required number of meets to qualify. **The transfer must have been completed by the AD LSC Registrar at least 30 days in advance of the meet.**
2. If a swimmer has had a prolonged medical condition which has not allowed him or her to swim until a time where it was too late to be entered in the required number of meets to qualify. **The swimmers coach MUST notify the Meet Director and Meet Referee, by mail or email, at least 30 days in advance of the meet.**
3. If a swimmer ages up between Silvers and Golds and he or she is too fast in an event for Silvers at the younger age group and too slow in the event for Golds at the older age group, the swimmer may swim the event in Golds, at the older age group, without having the Gold cut times. Swimmer must enter the event using actual achieved times and the meet host will allow the times as exceptions if they are too slow for the cutoffs.

Final Approval of ALL Exceptions will be by joint decision of the Meet Referee and Meet Director.

Entries with no entry time (NT) will not be accepted.

There will be NO DECK ENTRIES accepted at AD Championship Meets.

Adirondack Swimming Registered Athletes ONLY May Enter AD Gold or Silver Short Course Championships.

Adirondack 12&Under Silver Short Course Championships February 7 – 8, 2026

SESSION 1 ... 11-12 ... SATURDAY, February 7

WARM-UPS 7:30AM ... SESSION BEGINS 8:30AM

GIRLS EVENTS	QUALIFYING TIMES	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
1	N/A	Mixed 11-12 200 Free Relay	N/A	1
3	1:29.99	11-12 100 IM	1:27.99	4
5	33.99	11-12 50 Free	33.99	6
7	3:19.99	11-12 200 Breast	3:19.99	8
9	1:29.99	11-12 100 Back	1:27.99	10
11	1:32.99	11-12 100 Fly	1:28.99	12
13	48.99	11-12 50 Breast	47.99	14
15	2:42.59	11-12 200 Free	2:39.99	16
17	N/A	11-12 200 Medley Relay	N/A	18

SESSION 2 ... 10-Under ... SATURDAY, February 7

WARM-UPS 1:00PM ... SESSION BEGINS 2:00PM

GIRLS EVENTS	QUALIFYING TIMES	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
19	N/A	Mixed 10&U 200 Free Relay	N/A	19
21	1:56.99	10&U 100 Fly	1:56.99	22
23	N/A	8&U 25 Back	N/A	24
25	54.99	9-10 50 Back	54.99	26
27	N/A	8&U 25 Breast	N/A	28
29	3:42.09	10&U 200 IM	3:42.09	30
31	59.99	8&U 50 Fly	59.99	32
33	57.99	9-10 50 Breast	57.99	34
35	1:59.00	8&U 100 IM	1:59.99	36
37	1:30.79	9-10 100 Free	1:30.79	38
39	49.99	8&Under 50 Free	49.99	40
41	N/A	10&U 200 Medley Relay	N/A	42
		10 Minute Break		
43	8:36.69 - 9:05.19	10&U 500 Free	8:36.69 - 9:05.19	44

Entries to the 500 Free Must be Slower than the Gold Cut and Faster Than or equal to the second cut (Red).

Swimmers May Enter up to 4 Individual Events per Day Plus Relays

Entry fees are \$8.00 per individual event entry, \$15 per relay entry

And a \$5.00 per swimmer surcharge.

Manual Entries are Subject to a \$1.00 surcharge in addition to above charges

**Adirondack 12&Under Silver Short Course Championships
February 7 – 8, 2026**

SESSION 3 ... 12&U ... SUNDAY, February 8, 2026

WARM-UPS 7:30AM ... SESSION BEGINS 8:30AM

GIRLS EVENTS	QUALIFYING TIMES	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
45	N/A	Mixed 11-12 200 Medley Relay	N/A	45
47	3:42.09	11-12 200 IM	3:42.09	48
49	47.99	11-12 50 Fly	46.99	50
51	1:14.69	11-12 100 Free	1:13.59	52
53	2:55.99	11-12 200 Back	2:55.99	54
55	1:39.99	11-12 100 Breast	1:39.99	56
57	42.49	11-12 50 Back	41.99	58
59	3:09.99	11-12 200 Fly	3:09.99	60
61	N/A	11-12 200 Free Relay	N/A	62
		10 Minute Break		
63	6:59.99 - 7:29.99	11-12 500 Free	6:59.99 - 7:29.99	64

Entries to the 500 Free Must be Slower than the Gold Cut and Faster Than or equal to the second cut (Red).

SESSION 4 ... 10&U ... SUNDAY, February 8, 2026

WARM-UPS 11:30AM ... SESSION BEGINS 12:30AM

GIRLS EVENTS	QUALIFYING TIMES	EVENT DESCRIPTION	QUALIFYING TIMES	BOYS EVENTS
65	N/A	Mixed 10&U 200 Medley Relay	N/A	65
67	1:44.99	10&U 100 Back	1:44.99	68
69	1:02.99	8&U 50 Breast	1:02.99	70
71	39.79	9-10 50 Free	39.79	72
73	N/A	8&U 25 Fly	N/A	74
75	54.99	9-10 50 Fly	54.99	76
77	54.99	8&U 50 Back	54.99	78
79	1:58.99	10&U 100 Breast	1:58.99	80
81	1:45.99	8&U 100 Free	1:45.99	82
83	1:42.99	9-10 100 IM	1:42.99	84
85	N/A	8&U 25 Free	N/A	86
87	3:05.99	10&U 200 Free	3:05.99	88
89	N/A	10&U 200 Free Relay	N/A	90

Swimmers May Enter up to 4 Individual Events per Day Plus Relays

Entry fees are \$8.00 per individual event entry, \$15 per relay entry

And a \$5.00 per swimmer surcharge.

Manual Entries are Subject to a \$1.00 surcharge in addition to above charges

ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$ 8.00 = \$ _____
Number of Swimmers	_____	X \$ 5.00 = \$ _____
Number of Relays	_____	X \$15.00 = \$ _____
Number of Manual (non-electronic) Entries	_____	X \$ 1.00 = \$ _____
Total Amount Due and Enclosed		= \$ _____

E-mail your entries to the Meet Entry Coordinator:

ENTRY DEADLINE: January 30, 2026 5:00PM

MAKE CHECKS PAYABLE TO: "Delmar Dolphins Swim Club"

**This form must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Delmar Dolphins Swim Club
C/O Mike Greenberg
517 Dawson Road
Delmar, New York 12054

E-mail entry file to – dolphinsmeetentries@gmail.com

**Entries will ONLY be posted to the meet
upon RECEIPT OF CHECK.**

**Delmar Dolphins Swim Club assumes no responsibility for
meet close-out due to late entries.**