

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 1 Mixed 8 & Under 100 Yard Medley Relay**

| Team | Relay | Seed Time | Finals Time | Points |
|---|------------------------------|------------------------------------|------------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Nolan, Brodhi M8 | B 2) von Schenk, Lydia W8 | 1:40.62 3) McDermott, Hallie W8 | 1:45.08 4) Hatt, Logan M7 | |
| 2 Saratoga Regional YMCA Stingra- 1) Olvera, Adela W7 | A 2) Heath, Nolan M8 | 1:40.04 3) Brown, Aviana W8 | 1:48.36 4) Heinemann, Crosby M7 | |
| 3 KingstonYMCA Hurricanes and U 1) Shi, Aiden M5 | A 2) Zhang, William M7 | NT 3) Sheshany, Alexander M8 | 1:51.66 4) Orourke, Henry M8 | |
| --- Glens Falls YMCA Gators Swim T- 1) Weigand, Grace W8 | A 2) Formanek, Luca M7 | NT 3) Burns, Brinley W8 | DQ 4) Kluzek, Joseph M7 | |

Event 2 Mixed 9-10 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time | Points |
|---|----------------------------|--------------------------------------|-----------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Holcomb, Miyoko W10 | A 2) Olvera, Tamada W9 | 2:33.81 3) Mulholland, Harper W10 | 2:42.81 4) Middleton, Norah W9 | |
| 2 Saratoga Regional YMCA Stingra- 1) Pollak, Grace W9 | B 2) Wachowiak, Ola W10 | 3:20.54 3) Crotty, Lucy W9 | 3:03.67 4) Wiggin, Colin M10 | |
| 3 Saratoga Regional YMCA Stingra- 1) Rockwood, Cassie W9 | C 2) Captein, Luke M10 | 3:34.07 3) Ford, Elizabeth W9 | 3:38.86 4) Carstens, Callan M9 | |
| --- Glens Falls YMCA Gators Swim T- 1) Haskins, Eloise W10 | A 2) Trevlakis, Luke M9 | 3:21.76 3) Purzycki, Paige W9 | DQ 4) Seeber, Monroe W9 | |

Event 3 Mixed 11-12 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|-------------------------------|-------------------------------------|-----------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Bourke, Mary W11 | A 2) Sheng, Vicky W11 | 2:16.48 3) Arnold, Julianna W12 | 2:15.34 4) Stolz, Tiffany W12 | |
| 2 Saratoga Regional YMCA Stingra- 1) Berry, Amelia W12 | B 2) Lake, Ashleigh W11 | 2:31.31 3) Gamicchia, Aidynn W12 | 2:28.49 4) Edwards, Lauren W12 | |
| 3 Saratoga Regional YMCA Stingra- 1) Kim, Eleanor W11 | C 2) Morrow, Jonathan M11 | 2:46.25 3) Dansie, Georgia W11 | 2:44.53 4) Carroll, Damian M12 | |
| 4 Glens Falls YMCA Gators Swim T- 1) Lewis, Maddison W11 | A 2) Stevenson, Clara W11 | NT 3) Corlew, Kate W12 | 3:04.01 4) Stewart, Malcom M12 | |
| --- Saratoga Regional YMCA Stingra- 1) Hurley, Parker W11 | D 2) Heinemann, Marnie W11 | 3:20.89 3) Clark, Angelo M11 | NS 4) Cohen, Ari M12 | |

Event 4 Mixed 13-19 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time | Points |
|---|--------------------------------|-------------------------------------|---|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Coker, June W18 | A 2) McCarthy, Harper W16 | 1:56.12 3) Goffioul, Loic M17 | 1:57.30 4) Lohse, Magnus M15 | |
| 2 Saratoga Regional YMCA Stingra- 1) Hudson, Elina W14 | B 2) Goffioul, Thomas M15 | 2:02.76 3) Chen, Annie W16 | 2:04.83 4) Chen, Andrew M18 | |
| 3 Saratoga Regional YMCA Stingra- 1) Tobrocke, Alexandra W14 | D 2) Freer, Cate W14 | 2:13.29 3) Freeh, James M14 | 2:08.03 4) Perry, Ethan M15 | |
| 4 Saratoga Regional YMCA Stingra- 1) Rosko, Parker M14 | C 2) Youmans, Elliot M14 | 2:09.37 3) Alonzo, Sophia W13 | 2:09.18 4) Sliper, Kaylee W18 | |
| 5 Saratoga Regional YMCA Stingra- 1) Carstens, Elia W13 | E 2) Kowalski, Isabella W17 | 2:20.89 3) Ventela, Hannah W15 | 2:21.83 4) Wilson, Abby W17 | |
| 6 Saratoga Regional YMCA Stingra- 1) Ludwig, Elise W14 | G 2) Morrow, Julianna W13 | 2:32.29 3) McNamara, Riley W13 | 2:23.81 4) Windelspecht, Juliana W14 | |
| 7 Saratoga Regional YMCA Stingra- 1) Kehoe, Roisin W13 | F 2) Ramsdill, Anna W14 | 2:27.72 3) Gusten, Christina W14 | 2:24.26 4) Hirliman, Olive W14 | |
| 8 Saratoga Regional YMCA Stingra- 1) Agostinello, Angie W14 | H 2) Diefenderfer, Luke M14 | NT 3) Katz, Karly W13 | 2:24.94 4) Lundin, Blake M13 | |
| 9 KingstonYMCA Hurricanes and U 1) Gallo, Tess W14 | A 2) Steward, Kenny M14 | 2:30.10 3) Rivera, Avah W13 | 2:25.28 4) Gathen, George M13 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 5 Mixed 8 & Under 100 Yard Freestyle**

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Mina, Fiona | 8 | Saratoga Regional YMCA Stingra-AD | 1:38.90 | 1:34.80 | |
| 2 Zhang, William | 7 | KingstonYMCA Hurricanes and UI-AD | NT | 1:40.32 | |
| 3 Burns, Brinley | 8 | Glens Falls YMCA Gators Swim T-AD | 1:41.28 | 1:40.34 | |
| 4 Heinemann, Crosby | 7 | Saratoga Regional YMCA Stingra-AD | 2:01.59 | 1:47.43 | |
| 5 Heath, Nolan | 8 | Saratoga Regional YMCA Stingra-AD | 1:44.60 | 1:49.25 | |
| 6 Weigand, Grace | 8 | Glens Falls YMCA Gators Swim T-AD | 2:06.47 | 2:03.85 | |
| 7 Kluzek, Joseph | 7 | Glens Falls YMCA Gators Swim T-AD | 2:19.30 | 2:26.60 | |

Event 6 Women 9-19 200 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Mongan, Julia | 12 | Saratoga Regional YMCA Stingra-AD | 2:27.77 | 2:29.25 | |
| 2 Gallo, Tess | 14 | KingstonYMCA Hurricanes and UI-AD | 2:27.21 | 2:31.07 | |
| 3 Ricciardelli, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 2:25.69 | 2:31.87 | |
| 4 McNamara, Riley | 13 | Saratoga Regional YMCA Stingra-AD | 2:41.40 | 2:35.69 | |
| 5 Bolton, Olivia | 13 | Glens Falls YMCA Gators Swim T-AD | NT | 2:37.63 | |
| 6 Lewis, Maddison | 11 | Glens Falls YMCA Gators Swim T-AD | 2:44.54 | 2:40.13 | |
| 7 Bachor, Annika | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 2:42.35 | |
| 8 von Schenk, Vivian | 11 | Saratoga Regional YMCA Stingra-AD | 2:42.88 | 2:43.13 | |
| 9 Degenhart, Peyton | 15 | Saratoga Regional YMCA Stingra-AD | 2:55.09 | 2:43.79 | |
| 10 Fahy, Avi | 11 | Saratoga Regional YMCA Stingra-AD | 2:56.82 | 2:58.20 | |
| 11 Mina, Charlotte | 11 | Saratoga Regional YMCA Stingra-AD | 3:05.00 | 2:59.54 | |
| 12 Akland, Maisie | 12 | Saratoga Regional YMCA Stingra-AD | 3:17.15 | 3:03.48 | |
| 13 Zhao, Avery | 8 | Saratoga Regional YMCA Stingra-AD | 3:12.86 | 3:03.87 | |
| 14 Wandell, Francelia | 13 | Saratoga Regional YMCA Stingra-AD | 3:11.58 | 3:11.37 | |
| 15 Perry, Liliana | 11 | Saratoga Regional YMCA Stingra-AD | 3:31.18 | 3:32.51 | |
| 16 Stevenson, Clara | 11 | Glens Falls YMCA Gators Swim T-AD | 3:57.06 | 4:02.16 | |

Event 6 Men 9-19 200 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Nyatome, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 2:12.82 | 2:11.13 | |
| 2 Steward, Kenny | 14 | KingstonYMCA Hurricanes and UI-AD | 2:24.82 | 2:27.31 | |
| 3 Dedovich, Cole | 12 | KingstonYMCA Hurricanes and UI-AD | NT | 2:34.95 | |
| 4 Lundin, Blake | 13 | Saratoga Regional YMCA Stingra-AD | 2:42.41 | 2:37.60 | |
| 5 Youmans, Ansel | 11 | Saratoga Regional YMCA Stingra-AD | 2:42.42 | 2:37.73 | |
| 6 Gathen, George | 13 | KingstonYMCA Hurricanes and UI-AD | 3:02.63 | 2:39.09 | |
| 7 Steward, Harvey | 11 | KingstonYMCA Hurricanes and UI-AD | 2:47.27 | 2:41.80 | |
| 8 Heinemann, Banks | 10 | Saratoga Regional YMCA Stingra-AD | 2:57.92 | 2:47.77 | |
| 9 Zorn, Daniel | 11 | Saratoga Regional YMCA Stingra-AD | 2:51.80 | 2:50.65 | |
| 10 Lake, Brandon | 8 | Saratoga Regional YMCA Stingra-AD | 3:22.00 | 2:50.69 | |
| 11 Yu, Aaron | 12 | Saratoga Regional YMCA Stingra-AD | 3:11.81 | 2:58.11 | |
| 12 Heinemann, Wells | 8 | Saratoga Regional YMCA Stingra-AD | 3:40.45 | 3:09.37 | |
| 13 Tedesco, Jake | 9 | Saratoga Regional YMCA Stingra-AD | NT | 3:33.85 | |
| 14 Robinson, Elijah | 11 | Saratoga Regional YMCA Stingra-AD | NT | 4:04.69 | |
| 15 Greer, Jonathon | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 4:20.06 | |
| --- Snyder, Ollie | 12 | Saratoga Regional YMCA Stingra-AD | 3:30.80 | NS | |

Event 7 Girls 10 & Under 100 Yard IM

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Middleton, Norah | 9 | Saratoga Regional YMCA Stingra-AD | 1:32.52 | 1:31.99 | |
| 2 Brown, Aviana | 8 | Saratoga Regional YMCA Stingra-AD | NT | 1:51.56 | |
| 3 Olvera, Tamada | 9 | Saratoga Regional YMCA Stingra-AD | 1:38.77 | 1:55.16 | |
| 4 von Schenk, Lydia | 8 | Saratoga Regional YMCA Stingra-AD | 1:55.78 | 1:56.74 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 7 Girls 10 & Under 100 Yard IM)

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 5 Rockwood, Cassie | 9 | Saratoga Regional YMCA Stingra-AD | NT | 2:29.83 | |
| --- Wachowiak, Ola | 10 | Saratoga Regional YMCA Stingra-AD | 1:33.06 | DQ | |
| --- Fredenburg, Nicolette | 9 | Saratoga Regional YMCA Stingra-AD | 2:02.70 | NS | |

Event 7 Boys 10 & Under 100 Yard IM

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Lake, Brandon | 8 | Saratoga Regional YMCA Stingra-AD | 1:38.12 | 1:28.77 | |
| 2 Captein, Luke | 10 | Saratoga Regional YMCA Stingra-AD | 2:01.36 | 1:53.38 | |
| 3 Zhang, William | 7 | KingstonYMCA Hurricanes and UI-AD | 2:08.59 | 2:08.60 | |

Event 8 Women 11-19 200 Yard IM

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Holcomb, Miyoko | 10 | Saratoga Regional YMCA Stingra-AD | 2:44.59 | 2:43.59 | |
| 2 Carstens, Elia | 13 | Saratoga Regional YMCA Stingra-AD | 2:46.27 | 2:47.76 | |
| 3 Windelspecht, Juliana | 14 | Saratoga Regional YMCA Stingra-AD | 2:53.75 | 2:50.89 | |
| 4 Ludwig, Elise | 14 | Saratoga Regional YMCA Stingra-AD | NT | 2:54.81 | |
| 5 Agostinello, Angie | 14 | Saratoga Regional YMCA Stingra-AD | 3:01.04 | 2:57.26 | |
| 6 Corlew, Kate | 12 | Glens Falls YMCA Gators Swim T-AD | 2:50.87 | 2:57.33 | |
| 7 Branco, Ada | 14 | Saratoga Regional YMCA Stingra-AD | NT | 3:05.10 | |
| 8 Morrow, Julianna | 13 | Saratoga Regional YMCA Stingra-AD | NT | 3:08.63 | |
| 9 Hill, Alice | 13 | Saratoga Regional YMCA Stingra-AD | 3:31.58 | 3:09.73 | |
| 10 Dansie, Georgia | 11 | Saratoga Regional YMCA Stingra-AD | NT | 3:20.94 | |
| --- Kim, Eleanor | 11 | Saratoga Regional YMCA Stingra-AD | NT | DQ | |
| --- Kehoe, Roisin | 13 | Saratoga Regional YMCA Stingra-AD | NT | DQ | |
| --- Juracka, Amelia | 14 | Saratoga Regional YMCA Stingra-AD | 3:20.01 | DQ | |

Event 8 Men 11-19 200 Yard IM

| Name | Age | Team | Seed Time | Finals Time | Points |
|--------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Goffioul, Loic | 17 | Saratoga Regional YMCA Stingra-AD | 2:17.73 | 2:17.02 | |
| 2 Goffioul, Thomas | 15 | Saratoga Regional YMCA Stingra-AD | 2:19.43 | 2:22.59 | |
| 3 Youmans, Elliot | 14 | Saratoga Regional YMCA Stingra-AD | 2:40.34 | 2:32.14 | |
| 4 Rosko, Parker | 14 | Saratoga Regional YMCA Stingra-AD | 2:37.79 | 2:36.22 | |
| 5 Perry, Ethan | 15 | Saratoga Regional YMCA Stingra-AD | 2:45.32 | 2:42.93 | |
| 6 Heinemann, Wells | 8 | Saratoga Regional YMCA Stingra-AD | NT | 3:25.47 | |

Event 9 Girls 7 & Under 25 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|--------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Mathiesen, June | 7 | Saratoga Regional YMCA Stingra-AD | 26.79 | 26.18 | |
| 2 Carroll, Emerson | 7 | Saratoga Regional YMCA Stingra-AD | 27.19 | 27.60 | |
| 3 Olvera, Adela | 7 | Saratoga Regional YMCA Stingra-AD | 23.58 | 27.78 | |
| 4 Ford, Rosamund | 6 | Saratoga Regional YMCA Stingra-AD | 28.09 | 34.37 | |

Event 9 Girls 8 Year Olds 25 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Zhao, Avery | 8 | Saratoga Regional YMCA Stingra-AD | 16.47 | 16.88 | |
| 2 McDermott, Hallie | 8 | Saratoga Regional YMCA Stingra-AD | 20.76 | 19.01 | |
| 3 Burns, Brinley | 8 | Glens Falls YMCA Gators Swim T-AD | 18.70 | 19.31 | |
| 4 Burlingame, Eloise | 8 | Saratoga Regional YMCA Stingra-AD | 24.97 | 24.93 | |
| 5 Weigand, Grace | 8 | Glens Falls YMCA Gators Swim T-AD | 24.53 | 25.30 | |

Event 9 Boys 7 & Under 25 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Formanek, Luca | 7 | Glens Falls YMCA Gators Swim T-AD | 21.89 | 21.44 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 9 Boys 7 & Under 25 Yard Freestyle)

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 2 Hatt, Logan | 7 | Saratoga Regional YMCA Stingra-AD | 21.54 | 21.48 | |
| 3 Sheshany, Basileios | 7 | KingstonYMCA Hurricanes and UI-AD | NT | 22.01 | |
| 4 Heinemann, Crosby | 7 | Saratoga Regional YMCA Stingra-AD | 21.51 | 22.19 | |
| 5 Kluzek, Joseph | 7 | Glens Falls YMCA Gators Swim T-AD | 25.72 | 26.08 | |
| 6 Shi, Aiden | 5 | KingstonYMCA Hurricanes and UI-AD | 33.24 | 34.98 | |

Event 9 Boys 8 Year Olds 25 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Sheshany, Alexander | 8 | KingstonYMCA Hurricanes and UI-AD | 19.03 | 16.41 | |
| 2 Heath, Nolan | 8 | Saratoga Regional YMCA Stingra-AD | 20.20 | 19.80 | |
| 3 Nolan, Brodhi | 8 | Saratoga Regional YMCA Stingra-AD | 22.26 | 24.69 | |
| 4 Orourke, Henry | 8 | KingstonYMCA Hurricanes and UI-AD | NT | 30.10 | |

Event 10 Mixed 9-10 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Mulholland, Harper | 10 | Saratoga Regional YMCA Stingra-AD | 30.74 | 31.17 | |
| 2 Purzycki, Paige | 9 | Glens Falls YMCA Gators Swim T-AD | 37.18 | 36.29 | |
| 3 Rypkema, Julian | 10 | Glens Falls YMCA Gators Swim T-AD | 40.85 | 37.27 | |
| 4 Ford, Elizabeth | 9 | Saratoga Regional YMCA Stingra-AD | 36.89 | 38.10 | |
| 5 Pollak, Grace | 9 | Saratoga Regional YMCA Stingra-AD | 39.71 | 40.94 | |
| 6 Seeber, Monroe | 9 | Glens Falls YMCA Gators Swim T-AD | 43.27 | 41.61 | |
| 7 Tedesco, Jake | 9 | Saratoga Regional YMCA Stingra-AD | 42.21 | 43.04 | |
| 8 Olvera, Tamada | 9 | Saratoga Regional YMCA Stingra-AD | 39.80 | 43.29 | |
| 9 Wiggin, Colin | 10 | Saratoga Regional YMCA Stingra-AD | 45.28 | 44.61 | |
| 10 Haskins, Eloise | 10 | Glens Falls YMCA Gators Swim T-AD | 46.79 | 48.23 | |
| 11 Bythewood-Saverino, Sylvio | 10 | KingstonYMCA Hurricanes and UI-AD | 42.38 | 48.24 | |
| 12 Farren, Scout | 9 | Glens Falls YMCA Gators Swim T-AD | 49.65 | 48.43 | |
| 13 Jackson, Ellie | 10 | Saratoga Regional YMCA Stingra-AD | 51.90 | 48.47 | |
| 14 Trevlakis, Luke | 9 | Glens Falls YMCA Gators Swim T-AD | 53.63 | 48.98 | |
| 15 Carstens, Callan | 9 | Saratoga Regional YMCA Stingra-AD | 51.33 | 50.31 | |
| 16 Hallquist, Maggie | 10 | Saratoga Regional YMCA Stingra-AD | NT | 51.52 | |
| 17 Sedacca, Natalie | 9 | Saratoga Regional YMCA Stingra-AD | 1:00.41 | 54.12 | |
| 18 Brown, Emelia | 9 | Glens Falls YMCA Gators Swim T-AD | 1:11.31 | 54.92 | |
| 19 Patterson, Claire | 10 | Saratoga Regional YMCA Stingra-AD | 51.94 | 55.48 | |
| 20 Boucher, Max | 9 | Glens Falls YMCA Gators Swim T-AD | NT | 1:06.66 | |
| 21 Rockwood, Cassie | 9 | Saratoga Regional YMCA Stingra-AD | 1:05.23 | 1:09.09 | |
| --- Joubert, Dylan | 10 | Saratoga Regional YMCA Stingra-AD | NT | DQ | |
| --- Fredenburg, Nicolette | 9 | Saratoga Regional YMCA Stingra-AD | 54.68 | NS | |
| --- Roe, Fiona | 10 | Saratoga Regional YMCA Stingra-AD | NT | NS | |
| --- Guzman, Meadow | 10 | Saratoga Regional YMCA Stingra-AD | 53.85 | NS | |
| --- Fenton, Elliott | 9 | KingstonYMCA Hurricanes and UI-AD | 1:04.83 | NS | |

Event 11 Mixed 11-12 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Arnold, Julianna | 12 | Saratoga Regional YMCA Stingra-AD | 28.38 | 28.50 | |
| 2 Stolz, Tiffany | 12 | Saratoga Regional YMCA Stingra-AD | 29.55 | 29.66 | |
| 3 Sheng, Vicky | 11 | Saratoga Regional YMCA Stingra-AD | 29.94 | 29.72 | |
| 4 Gamicchia, Aidynn | 12 | Saratoga Regional YMCA Stingra-AD | 31.53 | 30.18 | |
| 5 Corlew, Kate | 12 | Glens Falls YMCA Gators Swim T-AD | 31.65 | 31.79 | |
| 6 Lake, Ashleigh | 11 | Saratoga Regional YMCA Stingra-AD | 31.97 | 31.91 | |
| 7 Bourke, Mary | 11 | Saratoga Regional YMCA Stingra-AD | 32.72 | 32.44 | |
| 8 Lewis, Maddison | 11 | Glens Falls YMCA Gators Swim T-AD | 33.84 | 32.81 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 11 Mixed 11-12 50 Yard Freestyle)

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 9 Berry, Amelia | 12 | Saratoga Regional YMCA Stingra-AD | 33.73 | 33.52 | |
| 10 Youmans, Ansel | 11 | Saratoga Regional YMCA Stingra-AD | 34.58 | 34.24 | |
| 11 Morrow, Jonathan | 11 | Saratoga Regional YMCA Stingra-AD | 33.64 | 34.40 | |
| 12 Carroll, Damian | 12 | Saratoga Regional YMCA Stingra-AD | 33.47 | 34.79 | |
| 13 Yu, Aaron | 12 | Saratoga Regional YMCA Stingra-AD | 34.21 | 36.12 | |
| 14 Fahy, Avi | 11 | Saratoga Regional YMCA Stingra-AD | 37.71 | 36.69 | |
| 15 Clark, Angelo | 11 | Saratoga Regional YMCA Stingra-AD | 38.02 | 38.56 | |
| 16 Cohen, Ari | 12 | Saratoga Regional YMCA Stingra-AD | 40.53 | 40.72 | |
| 17 Hurley, Parker | 11 | Saratoga Regional YMCA Stingra-AD | 38.37 | 41.23 | |
| 18 Perry, Liliana | 11 | Saratoga Regional YMCA Stingra-AD | 41.33 | 41.89 | |
| 19 Stewart, Malcom | 12 | Glens Falls YMCA Gators Swim T-AD | NT | 45.35 | |
| 20 Robinson, Elijah | 11 | Saratoga Regional YMCA Stingra-AD | 41.34 | 46.24 | |
| 21 Gyatso, Noah | 11 | Saratoga Regional YMCA Stingra-AD | 53.11 | 47.21 | |
| 22 Heinemann, Marnie | 11 | Saratoga Regional YMCA Stingra-AD | 45.04 | 47.30 | |
| 23 Stevenson, Clara | 11 | Glens Falls YMCA Gators Swim T-AD | 48.29 | 49.53 | |
| 24 Burlingame, Lea | 11 | Saratoga Regional YMCA Stingra-AD | 1:01.29 | 1:01.40 | |

Event 12 Girls 13-14 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Freer, Cate | 14 | Saratoga Regional YMCA Stingra-AD | 28.21 | 28.96 | |
| 2 Tobrocke, Alexandra | 14 | Saratoga Regional YMCA Stingra-AD | 27.83 | 29.51 | |
| 3 Hudson, Elina | 14 | Saratoga Regional YMCA Stingra-AD | 29.60 | 30.04 | |
| 4 Alonzo, Sophia | 13 | Saratoga Regional YMCA Stingra-AD | 28.76 | 30.37 | |
| 5 Gusten, Christina | 14 | Saratoga Regional YMCA Stingra-AD | 30.72 | 31.03 | |
| 6 Rivera, Avah | 13 | KingstonYMCA Hurricanes and UI-AD | 30.21 | 31.10 | |
| 7 Hirliman, Olive | 14 | Saratoga Regional YMCA Stingra-AD | 28.90 | 31.23 | |
| 8 McNamara, Riley | 13 | Saratoga Regional YMCA Stingra-AD | 33.09 | 31.78 | |
| 9 Juracka, Amelia | 14 | Saratoga Regional YMCA Stingra-AD | 32.27 | 33.74 | |
| 10 Kehoe, Roisin | 13 | Saratoga Regional YMCA Stingra-AD | 33.88 | 33.90 | |
| 11 Katz, Karly | 13 | Saratoga Regional YMCA Stingra-AD | 34.29 | 34.66 | |
| 12 Scherer, Scarlett | 14 | Saratoga Regional YMCA Stingra-AD | 35.36 | 35.14 | |
| 13 Wandell, Francelia | 13 | Saratoga Regional YMCA Stingra-AD | 38.08 | 38.14 | |

Event 12 Women 15-19 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Chen, Annie | 16 | Saratoga Regional YMCA Stingra-AD | 28.09 | 29.21 | |
| 2 Wilson, Abby | 17 | Saratoga Regional YMCA Stingra-AD | 28.57 | 29.45 | |
| 3 Ventela, Hannah | 15 | Saratoga Regional YMCA Stingra-AD | 29.02 | 29.51 | |
| 4 Sliper, Kaylee | 18 | Saratoga Regional YMCA Stingra-AD | 28.04 | 29.80 | |
| 5 Nacheman, Ella | 17 | Saratoga Regional YMCA Stingra-AD | 27.33 | 30.25 | |
| 6 Ricciardelli, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 28.45 | 31.47 | |
| 7 Degenhart, Peyton | 15 | Saratoga Regional YMCA Stingra-AD | 33.98 | 31.89 | |
| 8 Kowalski, Isabella | 17 | Saratoga Regional YMCA Stingra-AD | 31.32 | 32.57 | |

Event 12 Boys 13-14 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Freeh, James | 14 | Saratoga Regional YMCA Stingra-AD | 26.57 | 26.35 | |
| 2 Diefenderfer, Luke | 14 | Saratoga Regional YMCA Stingra-AD | 29.28 | 28.77 | |
| 3 Lundin, Blake | 13 | Saratoga Regional YMCA Stingra-AD | 31.19 | 33.21 | |
| 4 Rivera, Kaleb | 13 | KingstonYMCA Hurricanes and UI-AD | 33.38 | 34.96 | |
| --- Greer, Jonathon | 13 | KingstonYMCA Hurricanes and UI-AD | NT | NS | |
| --- Gathen, George | 13 | KingstonYMCA Hurricanes and UI-AD | 35.01 | NS | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

Event 12 Men 15-19 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|--------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Chen, Andrew | 18 | Saratoga Regional YMCA Stingra-AD | 24.73 | 25.69 | |
| 2 Goffioul, Thomas | 15 | Saratoga Regional YMCA Stingra-AD | 26.77 | 27.04 | |

Event 13 Girls 8 & Under 25 Yard Butterfly

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Ford, Rosamund | 6 | Saratoga Regional YMCA Stingra-AD | NT | 39.16 | |

Event 13 Boys 8 & Under 25 Yard Butterfly

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Sheshany, Basileios | 7 | KingstonYMCA Hurricanes and UI-AD | NT | 30.78 | |
| --- Shi, Aiden | 5 | KingstonYMCA Hurricanes and UI-AD | 40.13 | DQ | |

Event 14 Girls 9-12 50 Yard Butterfly

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Holcomb, Miyoko | 10 | Saratoga Regional YMCA Stingra-AD | 32.78 | 32.29 | |
| 2 Stolz, Tiffany | 12 | Saratoga Regional YMCA Stingra-AD | 33.62 | 32.61 | |
| 3 Bourke, Mary | 11 | Saratoga Regional YMCA Stingra-AD | 38.30 | 37.77 | |
| 4 Berry, Amelia | 12 | Saratoga Regional YMCA Stingra-AD | 39.91 | 39.38 | |
| 5 Edwards, Lauren | 12 | Saratoga Regional YMCA Stingra-AD | 39.12 | 39.69 | |
| 6 Wachowiak, Ola | 10 | Saratoga Regional YMCA Stingra-AD | 46.23 | 43.97 | |
| 7 Akland, Maisie | 12 | Saratoga Regional YMCA Stingra-AD | 44.67 | 45.93 | |
| 8 Ford, Elizabeth | 9 | Saratoga Regional YMCA Stingra-AD | 48.81 | 46.00 | |
| 9 Crotty, Lucy | 9 | Saratoga Regional YMCA Stingra-AD | 59.75 | 48.76 | |
| 10 Fahy, Avi | 11 | Saratoga Regional YMCA Stingra-AD | 49.87 | 51.03 | |
| 11 Perry, Liliana | 11 | Saratoga Regional YMCA Stingra-AD | 53.44 | 58.48 | |
| --- Brown, Emelia | 9 | Glens Falls YMCA Gators Swim T-AD | NT | DQ | |

Event 14 Boys 9-12 50 Yard Butterfly

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Steward, Harvey | 11 | KingstonYMCA Hurricanes and UI-AD | 44.55 | 40.52 | |
| 2 Heinemann, Wells | 8 | Saratoga Regional YMCA Stingra-AD | 1:04.28 | 45.57 | |
| 3 Morrow, Jonathan | 11 | Saratoga Regional YMCA Stingra-AD | NT | 48.26 | |
| --- Trevlakis, Luke | 9 | Glens Falls YMCA Gators Swim T-AD | NT | DQ | |
| --- Renard, Henri | 9 | KingstonYMCA Hurricanes and UI-AD | 1:18.56 | NS | |
| --- Snyder, Ollie | 12 | Saratoga Regional YMCA Stingra-AD | 57.14 | NS | |

Event 15 Women 13-19 100 Yard Butterfly

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Nachean, Ella | 17 | Saratoga Regional YMCA Stingra-AD | 1:01.12 | 1:09.16 | |
| 2 McCarthy, Harper | 16 | Saratoga Regional YMCA Stingra-AD | 1:12.12 | 1:09.52 | |
| 3 Freer, Cate | 14 | Saratoga Regional YMCA Stingra-AD | 1:15.11 | 1:13.56 | |
| 4 Carstens, Elia | 13 | Saratoga Regional YMCA Stingra-AD | NT | 1:16.10 | |
| 5 Sheng, Vicky | 11 | Saratoga Regional YMCA Stingra-AD | 1:33.82 | 1:17.53 | |
| 6 Gallo, Tess | 14 | KingstonYMCA Hurricanes and UI-AD | 1:22.35 | 1:22.67 | |
| 7 Tobrocke, Alexandra | 14 | Saratoga Regional YMCA Stingra-AD | 1:15.98 | 1:25.63 | |
| 8 Ramsdill, Anna | 14 | Saratoga Regional YMCA Stingra-AD | NT | 1:25.76 | |
| 9 Rivera, Avah | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 1:30.24 | |
| 10 Kowalski, Isabella | 17 | Saratoga Regional YMCA Stingra-AD | NT | 1:34.89 | |
| 11 Trumbore, Mia | 17 | KingstonYMCA Hurricanes and UI-AD | 1:45.41 | 1:44.47 | |
| --- Coker, June | 18 | Saratoga Regional YMCA Stingra-AD | 1:19.68 | NS | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 15 Men 13-19 100 Yard Butterfly**

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Lohse, Magnus | 15 | Saratoga Regional YMCA Stingra-AD | 1:08.43 | 1:07.04 | |
| 2 Youmans, Elliot | 14 | Saratoga Regional YMCA Stingra-AD | NT | 1:13.41 | |

Event 16 Girls 8 & Under 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 von Schenk, Lydia | 8 | Saratoga Regional YMCA Stingra-AD | 45.62 | 42.50 | |
| 2 Mina, Fiona | 8 | Saratoga Regional YMCA Stingra-AD | 42.23 | 42.85 | |
| 3 Brown, Aviana | 8 | Saratoga Regional YMCA Stingra-AD | 45.45 | 44.32 | |
| 4 McDermott, Hallie | 8 | Saratoga Regional YMCA Stingra-AD | 50.58 | 45.85 | |
| 5 Burns, Brinley | 8 | Glens Falls YMCA Gators Swim T-AD | 47.80 | 47.48 | |
| 6 Weigand, Grace | 8 | Glens Falls YMCA Gators Swim T-AD | 56.53 | 56.35 | |
| 7 Burlingame, Eloise | 8 | Saratoga Regional YMCA Stingra-AD | 56.45 | 57.06 | |
| 8 Mathiesen, June | 7 | Saratoga Regional YMCA Stingra-AD | 1:04.52 | 1:00.21 | |
| 9 Carroll, Emerson | 7 | Saratoga Regional YMCA Stingra-AD | 1:03.49 | 1:03.69 | |
| --- Olvera, Adela | 7 | Saratoga Regional YMCA Stingra-AD | 56.99 | NS | |

Event 16 Boys 8 & Under 50 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Sheshany, Alexander | 8 | KingstonYMCA Hurricanes and UI-AD | 44.32 | 38.03 | |
| 2 Heath, Nolan | 8 | Saratoga Regional YMCA Stingra-AD | 45.14 | 47.50 | |
| 3 Zhang, William | 7 | KingstonYMCA Hurricanes and UI-AD | 48.33 | 47.53 | |
| 4 Heinemann, Crosby | 7 | Saratoga Regional YMCA Stingra-AD | 50.47 | 48.60 | |
| 5 Sheshany, Basileios | 7 | KingstonYMCA Hurricanes and UI-AD | NT | 51.48 | |
| 6 Hatt, Logan | 7 | Saratoga Regional YMCA Stingra-AD | 53.80 | 52.63 | |
| 7 Formanek, Luca | 7 | Glens Falls YMCA Gators Swim T-AD | 58.31 | 52.95 | |
| 8 Nolan, Brodhi | 8 | Saratoga Regional YMCA Stingra-AD | 55.18 | 54.59 | |
| 9 Kluzek, Joseph | 7 | Glens Falls YMCA Gators Swim T-AD | 1:06.88 | 1:01.91 | |
| 10 Orourke, Henry | 8 | KingstonYMCA Hurricanes and UI-AD | 1:05.89 | 1:09.31 | |

Event 17 Mixed 9-10 100 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Mulholland, Harper | 10 | Saratoga Regional YMCA Stingra-AD | 1:09.40 | 1:13.01 | |
| 2 Purzycki, Paige | 9 | Glens Falls YMCA Gators Swim T-AD | 1:21.46 | 1:25.09 | |
| 3 Bythewood-Saverino, Sylvio | 10 | KingstonYMCA Hurricanes and UI-AD | 1:47.43 | 1:34.28 | |
| 4 Pollak, Grace | 9 | Saratoga Regional YMCA Stingra-AD | 1:33.38 | 1:34.52 | |
| 5 Captein, Luke | 10 | Saratoga Regional YMCA Stingra-AD | 1:49.26 | 1:40.22 | |
| 6 Seeber, Monroe | 9 | Glens Falls YMCA Gators Swim T-AD | 1:48.00 | 1:42.91 | |
| 7 Wiggin, Colin | 10 | Saratoga Regional YMCA Stingra-AD | 1:51.88 | 1:45.08 | |
| 8 Haskins, Eloise | 10 | Glens Falls YMCA Gators Swim T-AD | 1:48.28 | 1:52.38 | |
| 9 Farren, Scout | 9 | Glens Falls YMCA Gators Swim T-AD | 1:52.28 | 1:56.78 | |
| 10 Carstens, Callan | 9 | Saratoga Regional YMCA Stingra-AD | 2:01.27 | 1:58.70 | |
| 11 Jackson, Ellie | 10 | Saratoga Regional YMCA Stingra-AD | 2:04.71 | 2:00.25 | |
| 12 Patterson, Claire | 10 | Saratoga Regional YMCA Stingra-AD | 1:57.62 | 2:00.94 | |
| 13 Sedacca, Natalie | 9 | Saratoga Regional YMCA Stingra-AD | 2:07.38 | 2:02.10 | |
| 14 Guzman, Meadow | 10 | Saratoga Regional YMCA Stingra-AD | 2:08.38 | 2:10.18 | |
| --- Crotty, Lucy | 9 | Saratoga Regional YMCA Stingra-AD | 1:36.18 | NS | |
| --- Fenton, Elliott | 9 | KingstonYMCA Hurricanes and UI-AD | 2:19.24 | NS | |
| --- Renard, Henri | 9 | KingstonYMCA Hurricanes and UI-AD | 1:57.48 | NS | |

Event 18 Mixed 11-12 100 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Gamicchia, Aidynn | 12 | Saratoga Regional YMCA Stingra-AD | 1:07.75 | 1:06.50 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 18 Mixed 11-12 100 Yard Freestyle)

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 2 Mongan, Julia | 12 | Saratoga Regional YMCA Stingra-AD | 1:07.56 | 1:07.98 | |
| 3 Bourke, Mary | 11 | Saratoga Regional YMCA Stingra-AD | 1:13.08 | 1:12.14 | |
| 4 Dedovich, Cole | 12 | KingstonYMCA Hurricanes and UI-AD | 1:20.25 | 1:12.77 | |
| 5 Corlew, Kate | 12 | Glens Falls YMCA Gators Swim T-AD | 1:11.51 | 1:13.14 | |
| 6 Edwards, Lauren | 12 | Saratoga Regional YMCA Stingra-AD | 1:13.39 | 1:14.35 | |
| 7 von Schenk, Vivian | 11 | Saratoga Regional YMCA Stingra-AD | 1:16.07 | 1:14.84 | |
| 8 Lewis, Maddison | 11 | Glens Falls YMCA Gators Swim T-AD | 1:17.22 | 1:15.08 | |
| 9 Youmans, Ansel | 11 | Saratoga Regional YMCA Stingra-AD | 1:15.74 | 1:16.13 | |
| 10 Berry, Amelia | 12 | Saratoga Regional YMCA Stingra-AD | 1:15.42 | 1:16.86 | |
| 11 Zorn, Daniel | 11 | Saratoga Regional YMCA Stingra-AD | 1:21.11 | 1:18.58 | |
| 12 Mina, Charlotte | 11 | Saratoga Regional YMCA Stingra-AD | 1:24.65 | 1:23.51 | |
| 13 Dansie, Georgia | 11 | Saratoga Regional YMCA Stingra-AD | 1:24.12 | 1:25.15 | |
| 14 Kim, Eleanor | 11 | Saratoga Regional YMCA Stingra-AD | 1:26.70 | 1:25.51 | |
| 15 Yu, Aaron | 12 | Saratoga Regional YMCA Stingra-AD | 1:21.97 | 1:25.79 | |
| 16 Cohen, Ari | 12 | Saratoga Regional YMCA Stingra-AD | 1:36.46 | 1:30.31 | |
| 17 Hurley, Parker | 11 | Saratoga Regional YMCA Stingra-AD | 1:34.29 | 1:36.17 | |
| 18 Heinemann, Marnie | 11 | Saratoga Regional YMCA Stingra-AD | 1:48.51 | 1:50.68 | |
| 19 Stevenson, Clara | 11 | Glens Falls YMCA Gators Swim T-AD | 1:51.61 | 1:53.49 | |
| --- Clark, Angelo | 11 | Saratoga Regional YMCA Stingra-AD | 1:29.92 | DQ | |

Event 19 Girls 13-14 100 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Gusten, Christina | 14 | Saratoga Regional YMCA Stingra-AD | 1:07.31 | 1:08.04 | |
| 2 Windelspecht, Juliana | 14 | Saratoga Regional YMCA Stingra-AD | 1:05.40 | 1:08.26 | |
| 3 Gallo, Tess | 14 | KingstonYMCA Hurricanes and UI-AD | 1:06.80 | 1:09.67 | |
| 4 Bolton, Olivia | 13 | Glens Falls YMCA Gators Swim T-AD | 1:11.64 | 1:13.09 | |
| 5 Branco, Ada | 14 | Saratoga Regional YMCA Stingra-AD | 1:13.07 | 1:13.45 | |
| 6 Bachor, Annika | 13 | KingstonYMCA Hurricanes and UI-AD | 1:14.39 | 1:13.68 | |
| 7 Juracka, Amelia | 14 | Saratoga Regional YMCA Stingra-AD | 1:11.94 | 1:13.71 | |
| 8 Hill, Alice | 13 | Saratoga Regional YMCA Stingra-AD | 1:21.02 | 1:18.12 | |
| 9 Scherer, Scarlett | 14 | Saratoga Regional YMCA Stingra-AD | 1:20.54 | 1:19.09 | |
| 10 Morrow, Julianna | 13 | Saratoga Regional YMCA Stingra-AD | 1:17.74 | 1:19.41 | |
| 11 Katz, Karly | 13 | Saratoga Regional YMCA Stingra-AD | 1:17.87 | 1:19.66 | |
| 12 Wandell, Francelia | 13 | Saratoga Regional YMCA Stingra-AD | 1:25.89 | 1:26.50 | |

Event 19 Women 15-19 100 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Sliper, Kaylee | 18 | Saratoga Regional YMCA Stingra-AD | 58.24 | 1:04.72 | |
| 2 Ricciardelli, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 1:03.84 | 1:09.76 | |
| 3 Degenhart, Peyton | 15 | Saratoga Regional YMCA Stingra-AD | 1:14.59 | 1:11.51 | |
| 4 Trumbore, Mia | 17 | KingstonYMCA Hurricanes and UI-AD | 1:17.35 | 1:19.99 | |

Event 19 Boys 13-14 100 Yard Freestyle

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Rosko, Parker | 14 | Saratoga Regional YMCA Stingra-AD | 59.57 | 58.83 | |
| 2 Diefenderfer, Luke | 14 | Saratoga Regional YMCA Stingra-AD | 1:02.93 | 1:03.33 | |
| 3 Steward, Kenny | 14 | KingstonYMCA Hurricanes and UI-AD | 1:06.22 | 1:06.39 | |
| 4 Gathen, George | 13 | KingstonYMCA Hurricanes and UI-AD | 1:16.76 | 1:10.17 | |
| 5 Lundin, Blake | 13 | Saratoga Regional YMCA Stingra-AD | 1:12.73 | 1:13.37 | |
| 6 Rivera, Kaleb | 13 | KingstonYMCA Hurricanes and UI-AD | 1:15.37 | 1:20.98 | |
| --- Greer, Jonathon | 13 | KingstonYMCA Hurricanes and UI-AD | NT | NS | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 19 Men 15-19 100 Yard Freestyle**

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Nyatome, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 58.65 | 57.00 | |
| 2 Goffioul, Thomas | 15 | Saratoga Regional YMCA Stingra-AD | 57.51 | 57.83 | |
| 3 Perry, Ethan | 15 | Saratoga Regional YMCA Stingra-AD | 1:04.39 | 1:02.78 | |

Event 20 Mixed Open 500 Yard Freestyle

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Steward, Kenny | 14 | KingstonYMCA Hurricanes and UI-AD | 6:22.85 | 6:10.58 | |
| 2 Chen, Annie | 16 | Saratoga Regional YMCA Stingra-AD | 5:48.96 | 6:22.59 | |
| 3 Arnold, Julianna | 12 | Saratoga Regional YMCA Stingra-AD | NT | 6:24.72 | |
| 4 Hudson, Elina | 14 | Saratoga Regional YMCA Stingra-AD | NT | 6:38.19 | |
| 5 Lake, Ashleigh | 11 | Saratoga Regional YMCA Stingra-AD | 6:52.50 | 6:41.13 | |
| 6 Ludwig, Elise | 14 | Saratoga Regional YMCA Stingra-AD | NT | 6:54.36 | |
| 7 Hirliman, Olive | 14 | Saratoga Regional YMCA Stingra-AD | NT | 6:54.60 | |
| 8 Agostinello, Angie | 14 | Saratoga Regional YMCA Stingra-AD | 7:21.76 | 7:07.02 | |
| 9 Carroll, Damian | 12 | Saratoga Regional YMCA Stingra-AD | 7:50.85 | 7:13.35 | |
| 10 Kehoe, Roisin | 13 | Saratoga Regional YMCA Stingra-AD | NT | 7:30.90 | |
| 11 Heinemann, Banks | 10 | Saratoga Regional YMCA Stingra-AD | 7:39.03 | 7:31.17 | |
| 12 Rivera, Kaleb | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 7:35.25 | |
| 13 Lake, Brandon | 8 | Saratoga Regional YMCA Stingra-AD | NT | 7:41.04 | |
| 14 Middleton, Norah | 9 | Saratoga Regional YMCA Stingra-AD | NT | 7:49.86 | |

Event 21 Girls 7 & Under 25 Yard Backstroke

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Mathiesen, June | 7 | Saratoga Regional YMCA Stingra-AD | 26.50 | 26.87 | |
| 2 Carroll, Emerson | 7 | Saratoga Regional YMCA Stingra-AD | 28.82 | 28.07 | |
| 3 Olvera, Adela | 7 | Saratoga Regional YMCA Stingra-AD | 26.80 | 30.99 | |
| 4 Ford, Rosamund | 6 | Saratoga Regional YMCA Stingra-AD | 34.31 | 35.25 | |

Event 21 Girls 8 Year Olds 25 Yard Backstroke

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Zhao, Avery | 8 | Saratoga Regional YMCA Stingra-AD | 20.17 | 20.45 | |
| 2 Burns, Brinley | 8 | Glens Falls YMCA Gators Swim T-AD | 21.30 | 22.98 | |
| 3 Brown, Aviana | 8 | Saratoga Regional YMCA Stingra-AD | 26.92 | 23.29 | |
| 4 McDermott, Hallie | 8 | Saratoga Regional YMCA Stingra-AD | 24.32 | 25.01 | |
| 5 Burlingame, Eloise | 8 | Saratoga Regional YMCA Stingra-AD | 29.58 | 27.08 | |
| 6 Weigand, Grace | 8 | Glens Falls YMCA Gators Swim T-AD | 27.50 | 28.38 | |

Event 21 Boys 7 & Under 25 Yard Backstroke

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Zhang, William | 7 | KingstonYMCA Hurricanes and UI-AD | 23.78 | 23.98 | |
| 2 Hatt, Logan | 7 | Saratoga Regional YMCA Stingra-AD | 26.99 | 26.21 | |
| 3 Formanek, Luca | 7 | Glens Falls YMCA Gators Swim T-AD | 28.23 | 29.48 | |
| 4 Kluzek, Joseph | 7 | Glens Falls YMCA Gators Swim T-AD | 29.51 | 31.49 | |
| 5 Shi, Aiden | 5 | KingstonYMCA Hurricanes and UI-AD | 40.45 | 39.15 | |

Event 21 Boys 8 Year Olds 25 Yard Backstroke

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Sheshany, Alexander | 8 | KingstonYMCA Hurricanes and UI-AD | 24.01 | 21.98 | |
| 2 Nolan, Brodhi | 8 | Saratoga Regional YMCA Stingra-AD | 25.10 | 28.31 | |
| 3 Orourke, Henry | 8 | KingstonYMCA Hurricanes and UI-AD | 36.50 | 28.32 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 22 Girls 9-10 50 Yard Backstroke**

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|-----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Middleton, Norah | 9 | Saratoga Regional YMCA Stingra-AD | 41.08 | 44.09 | |
| 2 | Pollak, Grace | 9 | Saratoga Regional YMCA Stingra-AD | 46.25 | 46.88 | |
| 3 | Purzycki, Paige | 9 | Glens Falls YMCA Gators Swim T-AD | 46.97 | 47.36 | |
| 4 | Mina, Fiona | 8 | Saratoga Regional YMCA Stingra-AD | 54.87 | 48.54 | |
| 5 | Olvera, Tamada | 9 | Saratoga Regional YMCA Stingra-AD | 47.33 | 49.00 | |
| 6 | Crotty, Lucy | 9 | Saratoga Regional YMCA Stingra-AD | 51.39 | 49.31 | |
| 7 | von Schenk, Lydia | 8 | Saratoga Regional YMCA Stingra-AD | 55.01 | 50.34 | |
| 8 | Roe, Fiona | 10 | Saratoga Regional YMCA Stingra-AD | NT | 54.03 | |
| 9 | Seeber, Monroe | 9 | Glens Falls YMCA Gators Swim T-AD | 55.48 | 54.05 | |
| 10 | Haskins, Eloise | 10 | Glens Falls YMCA Gators Swim T-AD | 49.75 | 54.20 | |
| 11 | Hallquist, Maggie | 10 | Saratoga Regional YMCA Stingra-AD | NT | 54.49 | |
| 12 | Farren, Scout | 9 | Glens Falls YMCA Gators Swim T-AD | 1:00.17 | 1:00.84 | |
| 13 | Guzman, Meadow | 10 | Saratoga Regional YMCA Stingra-AD | 1:10.25 | 1:01.61 | |
| 14 | Patterson, Claire | 10 | Saratoga Regional YMCA Stingra-AD | 59.66 | 1:02.19 | |
| 15 | Brown, Emelia | 9 | Glens Falls YMCA Gators Swim T-AD | 1:01.05 | 1:03.08 | |
| 16 | Sedacca, Natalie | 9 | Saratoga Regional YMCA Stingra-AD | 1:20.35 | 1:09.89 | |
| 17 | Rockwood, Cassie | 9 | Saratoga Regional YMCA Stingra-AD | 1:08.50 | 1:13.61 | |
| --- | Jackson, Ellie | 10 | Saratoga Regional YMCA Stingra-AD | 58.02 | DQ | |
| --- | Wachowiak, Ola | 10 | Saratoga Regional YMCA Stingra-AD | 46.17 | NS | |
| --- | Fredenburg, Nicolette | 9 | Saratoga Regional YMCA Stingra-AD | 50.41 | NS | |
| --- | Fenton, Elliott | 9 | KingstonYMCA Hurricanes and UI-AD | 1:07.95 | NS | |

Event 22 Boys 9-10 50 Yard Backstroke

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|----------------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Rypkema, Julian | 10 | Glens Falls YMCA Gators Swim T-AD | 47.64 | 44.38 | |
| 2 | Heinemann, Wells | 8 | Saratoga Regional YMCA Stingra-AD | 50.15 | 46.31 | |
| 3 | Joubert, Dylan | 10 | Saratoga Regional YMCA Stingra-AD | NT | 49.95 | |
| 4 | Captein, Luke | 10 | Saratoga Regional YMCA Stingra-AD | 57.25 | 54.63 | |
| 5 | Carstens, Callan | 9 | Saratoga Regional YMCA Stingra-AD | 58.68 | 55.38 | |
| 6 | Wiggin, Colin | 10 | Saratoga Regional YMCA Stingra-AD | NT | 59.40 | |
| 7 | Tedesco, Jake | 9 | Saratoga Regional YMCA Stingra-AD | 56.82 | 59.80 | |
| 8 | Trevlakis, Luke | 9 | Glens Falls YMCA Gators Swim T-AD | 1:05.07 | 1:02.78 | |
| --- | Bythewood-Saverino, Sylvio | 10 | KingstonYMCA Hurricanes and UI-AD | 1:01.51 | NS | |
| --- | Renard, Henri | 9 | KingstonYMCA Hurricanes and UI-AD | 55.15 | NS | |

Event 23 Girls 11-12 50 Yard Backstroke

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|----|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Arnold, Julianna | 12 | Saratoga Regional YMCA Stingra-AD | 34.68 | 34.27 | |
| 2 | Stolz, Tiffany | 12 | Saratoga Regional YMCA Stingra-AD | 35.49 | 35.91 | |
| 3 | Lake, Ashleigh | 11 | Saratoga Regional YMCA Stingra-AD | 36.71 | 37.03 | |
| 4 | Lewis, Maddison | 11 | Glens Falls YMCA Gators Swim T-AD | 40.86 | 38.71 | |
| 5 | Berry, Amelia | 12 | Saratoga Regional YMCA Stingra-AD | 39.35 | 39.05 | |
| 6 | von Schenk, Vivian | 11 | Saratoga Regional YMCA Stingra-AD | 42.36 | 40.08 | |
| 7 | Akland, Maisie | 12 | Saratoga Regional YMCA Stingra-AD | 41.29 | 41.06 | |
| 8 | Edwards, Lauren | 12 | Saratoga Regional YMCA Stingra-AD | 42.25 | 42.67 | |
| 9 | Kim, Eleanor | 11 | Saratoga Regional YMCA Stingra-AD | 44.78 | 43.80 | |
| 10 | Dansie, Georgia | 11 | Saratoga Regional YMCA Stingra-AD | 45.54 | 46.15 | |
| 11 | Hurley, Parker | 11 | Saratoga Regional YMCA Stingra-AD | 48.66 | 47.12 | |
| 12 | Mina, Charlotte | 11 | Saratoga Regional YMCA Stingra-AD | 47.93 | 49.14 | |
| 13 | Perry, Liliana | 11 | Saratoga Regional YMCA Stingra-AD | 47.62 | 50.59 | |
| 14 | Heinemann, Marnie | 11 | Saratoga Regional YMCA Stingra-AD | 1:01.49 | 55.54 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 23 Girls 11-12 50 Yard Backstroke)

| Name | Age | Team | Seed Time | Finals Time | Points |
|--------------------|-----|-----------------------------------|-----------|-------------|--------|
| 15 Burlingame, Lea | 11 | Saratoga Regional YMCA Stingra-AD | 1:00.01 | 58.75 | |

Event 23 Boys 11-12 50 Yard Backstroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Zorn, Daniel | 11 | Saratoga Regional YMCA Stingra-AD | 41.45 | 40.72 | |
| 2 Steward, Harvey | 11 | KingstonYMCA Hurricanes and UI-AD | 41.12 | 41.02 | |
| 3 Dedovich, Cole | 12 | KingstonYMCA Hurricanes and UI-AD | 43.86 | 42.36 | |
| 4 Morrow, Jonathan | 11 | Saratoga Regional YMCA Stingra-AD | 42.93 | 43.17 | |
| 5 Cohen, Ari | 12 | Saratoga Regional YMCA Stingra-AD | 47.82 | 46.98 | |
| 6 Carroll, Damian | 12 | Saratoga Regional YMCA Stingra-AD | 44.19 | 47.04 | |
| 7 Yu, Aaron | 12 | Saratoga Regional YMCA Stingra-AD | 44.32 | 49.19 | |
| 8 Clark, Angelo | 11 | Saratoga Regional YMCA Stingra-AD | 48.29 | 51.64 | |
| 9 Stewart, Malcom | 12 | Glens Falls YMCA Gators Swim T-AD | NT | 53.12 | |
| 10 Robinson, Elijah | 11 | Saratoga Regional YMCA Stingra-AD | 49.27 | 53.50 | |
| --- Gyatso, Noah | 11 | Saratoga Regional YMCA Stingra-AD | 1:00.80 | DQ | |
| --- Snyder, Ollie | 12 | Saratoga Regional YMCA Stingra-AD | 51.55 | NS | |

Event 24 Girls 13-14 100 Yard Backstroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Alonzo, Sophia | 13 | Saratoga Regional YMCA Stingra-AD | 1:12.35 | 1:11.91 | |
| 2 Freer, Cate | 14 | Saratoga Regional YMCA Stingra-AD | 1:11.89 | 1:12.51 | |
| 3 Tobrocke, Alexandra | 14 | Saratoga Regional YMCA Stingra-AD | 1:12.65 | 1:13.80 | |
| 4 Ramsdill, Anna | 14 | Saratoga Regional YMCA Stingra-AD | 1:17.86 | 1:18.52 | |
| 5 Gusten, Christina | 14 | Saratoga Regional YMCA Stingra-AD | 1:19.86 | 1:20.48 | |
| 6 Windelspecht, Juliana | 14 | Saratoga Regional YMCA Stingra-AD | 1:13.99 | 1:20.74 | |
| 7 Rivera, Avah | 13 | KingstonYMCA Hurricanes and UI-AD | 1:21.00 | 1:21.52 | |
| 8 Hirliman, Olive | 14 | Saratoga Regional YMCA Stingra-AD | 1:20.80 | 1:22.21 | |
| 9 Gallo, Tess | 14 | KingstonYMCA Hurricanes and UI-AD | 1:21.50 | 1:22.40 | |
| 10 Branco, Ada | 14 | Saratoga Regional YMCA Stingra-AD | 1:23.83 | 1:24.56 | |
| 11 McNamara, Riley | 13 | Saratoga Regional YMCA Stingra-AD | 1:26.43 | 1:26.72 | |
| 12 Morrow, Julianna | 13 | Saratoga Regional YMCA Stingra-AD | 1:29.86 | 1:30.84 | |
| 13 Katz, Karly | 13 | Saratoga Regional YMCA Stingra-AD | 1:30.77 | 1:33.00 | |
| 14 Scherer, Scarlett | 14 | Saratoga Regional YMCA Stingra-AD | 1:40.74 | 1:34.33 | |
| 15 Wandell, Francelia | 13 | Saratoga Regional YMCA Stingra-AD | 1:35.02 | 1:35.77 | |
| 16 Hill, Alice | 13 | Saratoga Regional YMCA Stingra-AD | 1:44.76 | 1:36.83 | |
| --- Bachor, Annika | 13 | KingstonYMCA Hurricanes and UI-AD | 1:37.33 | DQ | |

Event 24 Women 15-19 100 Yard Backstroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Sheng, Vicky | 11 | Saratoga Regional YMCA Stingra-AD | 1:12.86 | 1:11.33 | |
| 2 Wilson, Abby | 17 | Saratoga Regional YMCA Stingra-AD | 1:19.55 | 1:17.73 | |
| 3 Gamicchia, Aidynn | 12 | Saratoga Regional YMCA Stingra-AD | 1:21.25 | 1:19.40 | |
| 4 Ventela, Hannah | 15 | Saratoga Regional YMCA Stingra-AD | 1:17.69 | 1:20.49 | |
| 5 Kowalski, Isabella | 17 | Saratoga Regional YMCA Stingra-AD | 1:21.89 | 1:21.04 | |
| 6 Degenhart, Peyton | 15 | Saratoga Regional YMCA Stingra-AD | 1:27.44 | 1:27.11 | |
| 7 Trumbore, Mia | 17 | KingstonYMCA Hurricanes and UI-AD | 1:36.22 | 1:37.50 | |
| --- Coker, June | 18 | Saratoga Regional YMCA Stingra-AD | 1:08.64 | NS | |

Event 24 Boys 13-14 100 Yard Backstroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Diefenderfer, Luke | 14 | Saratoga Regional YMCA Stingra-AD | 1:20.09 | 1:16.05 | |
| 2 Gathen, George | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 1:27.08 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 24 Men 15-19 100 Yard Backstroke**

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|---|-----------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Chen, Andrew | 18 | Saratoga Regional YMCA Stingra-AD | 1:00.42 | 1:05.54 | |
| 2 | Lohse, Magnus | 15 | Saratoga Regional YMCA Stingra-AD | 1:02.20 | 1:05.55 | |
| 3 | Nyatome, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | NT | 1:10.57 | |
| 4 | Perry, Ethan | 15 | Saratoga Regional YMCA Stingra-AD | 1:16.43 | 1:14.84 | |
| 5 | Lake, Brandon | 8 | Saratoga Regional YMCA Stingra-AD | 1:45.51 | 1:33.29 | |

Event 25 Girls 8 & Under 25 Yard Breaststroke

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|---|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Brown, Aviana | 8 | Saratoga Regional YMCA Stingra-AD | 28.55 | 27.10 | |
| 2 | McDermott, Hallie | 8 | Saratoga Regional YMCA Stingra-AD | 31.45 | 30.19 | |
| 3 | Olvera, Adela | 7 | Saratoga Regional YMCA Stingra-AD | 27.58 | 30.40 | |
| 4 | Ford, Rosamund | 6 | Saratoga Regional YMCA Stingra-AD | 34.46 | 36.36 | |
| 5 | Burlingame, Eloise | 8 | Saratoga Regional YMCA Stingra-AD | 41.46 | 39.44 | |
| 6 | Carroll, Emerson | 7 | Saratoga Regional YMCA Stingra-AD | NT | 51.45 | |

Event 25 Boys 8 & Under 25 Yard Breaststroke

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|-----|---------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Heinemann, Crosby | 7 | Saratoga Regional YMCA Stingra-AD | 30.57 | 27.54 | |
| 2 | Sheshany, Alexander | 8 | KingstonYMCA Hurricanes and UI-AD | 25.98 | 27.90 | |
| 3 | Heath, Nolan | 8 | Saratoga Regional YMCA Stingra-AD | 28.04 | 30.57 | |
| 4 | Hatt, Logan | 7 | Saratoga Regional YMCA Stingra-AD | 34.38 | 33.31 | |
| 5 | Shi, Aiden | 5 | KingstonYMCA Hurricanes and UI-AD | 43.81 | 47.32 | |
| --- | Orourke, Henry | 8 | KingstonYMCA Hurricanes and UI-AD | NT | DQ | |
| --- | Formanek, Luca | 7 | Glens Falls YMCA Gators Swim T-AD | NT | DQ | |
| --- | Sheshany, Basileios | 7 | KingstonYMCA Hurricanes and UI-AD | NT | DQ | |

Event 26 Girls 9-12 50 Yard Breaststroke

| | <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|----|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Holcomb, Miyoko | 10 | Saratoga Regional YMCA Stingra-AD | 41.17 | 41.84 | |
| 2 | Lake, Ashleigh | 11 | Saratoga Regional YMCA Stingra-AD | 43.43 | 44.16 | |
| 3 | Mulholland, Harper | 10 | Saratoga Regional YMCA Stingra-AD | 44.94 | 44.51 | |
| 4 | Bourke, Mary | 11 | Saratoga Regional YMCA Stingra-AD | 44.62 | 44.95 | |
| 5 | Stolz, Tiffany | 12 | Saratoga Regional YMCA Stingra-AD | 45.13 | 45.22 | |
| 6 | Edwards, Lauren | 12 | Saratoga Regional YMCA Stingra-AD | 42.66 | 45.62 | |
| 7 | Akland, Maisie | 12 | Saratoga Regional YMCA Stingra-AD | 50.26 | 49.09 | |
| 8 | Ford, Elizabeth | 9 | Saratoga Regional YMCA Stingra-AD | 49.00 | 49.25 | |
| 9 | von Schenk, Vivian | 11 | Saratoga Regional YMCA Stingra-AD | 49.71 | 49.60 | |
| 10 | Kim, Eleanor | 11 | Saratoga Regional YMCA Stingra-AD | 49.15 | 49.80 | |
| 11 | Wachowiak, Ola | 10 | Saratoga Regional YMCA Stingra-AD | 49.26 | 50.08 | |
| 12 | Olvera, Tamada | 9 | Saratoga Regional YMCA Stingra-AD | 47.87 | 50.99 | |
| 13 | Mina, Fiona | 8 | Saratoga Regional YMCA Stingra-AD | 52.77 | 51.31 | |
| 14 | Fahy, Avi | 11 | Saratoga Regional YMCA Stingra-AD | 52.97 | 51.78 | |
| 15 | Crotty, Lucy | 9 | Saratoga Regional YMCA Stingra-AD | 58.88 | 52.07 | |
| 16 | Middleton, Norah | 9 | Saratoga Regional YMCA Stingra-AD | 50.05 | 52.55 | |
| 17 | Dansie, Georgia | 11 | Saratoga Regional YMCA Stingra-AD | 51.66 | 53.48 | |
| 18 | Pollak, Grace | 9 | Saratoga Regional YMCA Stingra-AD | NT | 54.94 | |
| 19 | Hurley, Parker | 11 | Saratoga Regional YMCA Stingra-AD | 53.28 | 55.45 | |
| 20 | von Schenk, Lydia | 8 | Saratoga Regional YMCA Stingra-AD | NT | 55.65 | |
| 21 | Purzycki, Paige | 9 | Glens Falls YMCA Gators Swim T-AD | NT | 56.03 | |
| 22 | Heinemann, Marnie | 11 | Saratoga Regional YMCA Stingra-AD | 58.17 | 56.78 | |
| 23 | Haskins, Eloise | 10 | Glens Falls YMCA Gators Swim T-AD | 1:00.40 | 1:01.58 | |
| 24 | Burlingame, Lea | 11 | Saratoga Regional YMCA Stingra-AD | 1:07.45 | 1:02.71 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****(Event 26 Girls 9-12 50 Yard Breaststroke)**

| | Name | Age | Team | Seed Time | Finals Time | Points |
|-----|-----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 25 | Sedacca, Natalie | 9 | Saratoga Regional YMCA Stingra-AD | 1:07.65 | 1:03.23 | |
| 26 | Stevenson, Clara | 11 | Glens Falls YMCA Gators Swim T-AD | 1:08.73 | 1:05.91 | |
| 27 | Guzman, Meadow | 10 | Saratoga Regional YMCA Stingra-AD | 1:24.71 | 1:23.08 | |
| --- | Brown, Emelia | 9 | Glens Falls YMCA Gators Swim T-AD | 1:29.72 | DQ | |
| --- | Farren, Scout | 9 | Glens Falls YMCA Gators Swim T-AD | NT | DQ | |
| --- | Rockwood, Cassie | 9 | Saratoga Regional YMCA Stingra-AD | 1:12.33 | DQ | |
| --- | Jackson, Ellie | 10 | Saratoga Regional YMCA Stingra-AD | NT | DQ | |
| --- | Fredenburg, Nicolette | 9 | Saratoga Regional YMCA Stingra-AD | 1:08.23 | NS | |
| --- | Fenton, Elliott | 9 | KingstonYMCA Hurricanes and UI-AD | NT | NS | |

Event 26 Boys 9-12 50 Yard Breaststroke

| | Name | Age | Team | Seed Time | Finals Time | Points |
|-----|----------------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | Morrow, Jonathan | 11 | Saratoga Regional YMCA Stingra-AD | 46.31 | 43.39 | |
| 2 | Dedovich, Cole | 12 | KingstonYMCA Hurricanes and UI-AD | 51.79 | 45.62 | |
| 3 | Heinemann, Banks | 10 | Saratoga Regional YMCA Stingra-AD | 50.13 | 47.82 | |
| 4 | Steward, Harvey | 11 | KingstonYMCA Hurricanes and UI-AD | 53.58 | 50.65 | |
| 5 | Rypkema, Julian | 10 | Glens Falls YMCA Gators Swim T-AD | NT | 51.27 | |
| 6 | Carroll, Damian | 12 | Saratoga Regional YMCA Stingra-AD | 51.14 | 52.48 | |
| 7 | Robinson, Elijah | 11 | Saratoga Regional YMCA Stingra-AD | 55.33 | 54.39 | |
| 8 | Bythewood-Saverino, Sylvio | 10 | KingstonYMCA Hurricanes and UI-AD | 1:03.35 | 56.73 | |
| 9 | Tedesco, Jake | 9 | Saratoga Regional YMCA Stingra-AD | 59.51 | 57.03 | |
| 10 | Clark, Angelo | 11 | Saratoga Regional YMCA Stingra-AD | NT | 58.71 | |
| 11 | Captein, Luke | 10 | Saratoga Regional YMCA Stingra-AD | 1:03.52 | 1:01.95 | |
| 12 | Trevlakis, Luke | 9 | Glens Falls YMCA Gators Swim T-AD | 1:06.28 | 1:03.06 | |
| 13 | Joubert, Dylan | 10 | Saratoga Regional YMCA Stingra-AD | NT | 1:13.77 | |
| 14 | Gyatso, Noah | 11 | Saratoga Regional YMCA Stingra-AD | NT | 1:18.38 | |
| --- | Cohen, Ari | 12 | Saratoga Regional YMCA Stingra-AD | 51.53 | DQ | |
| --- | Snyder, Ollie | 12 | Saratoga Regional YMCA Stingra-AD | 49.77 | NS | |
| --- | Renard, Henri | 9 | KingstonYMCA Hurricanes and UI-AD | 1:11.90 | NS | |

Event 27 Girls 13-14 100 Yard Breaststroke

| | Name | Age | Team | Seed Time | Finals Time | Points |
|----|-------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | McNamara, Riley | 13 | Saratoga Regional YMCA Stingra-AD | 1:30.87 | 1:31.35 | |
| 2 | Ramsdill, Anna | 14 | Saratoga Regional YMCA Stingra-AD | 1:31.08 | 1:32.82 | |
| 3 | Bolton, Olivia | 13 | Glens Falls YMCA Gators Swim T-AD | 1:32.78 | 1:35.85 | |
| 4 | Juracka, Amelia | 14 | Saratoga Regional YMCA Stingra-AD | 1:34.83 | 1:37.64 | |
| 5 | Ludwig, Elise | 14 | Saratoga Regional YMCA Stingra-AD | 1:38.19 | 1:37.92 | |
| 6 | Carstens, Elia | 13 | Saratoga Regional YMCA Stingra-AD | 1:51.78 | 1:38.61 | |
| 7 | Branco, Ada | 14 | Saratoga Regional YMCA Stingra-AD | 1:37.15 | 1:40.47 | |
| 8 | Bachor, Annika | 13 | KingstonYMCA Hurricanes and UI-AD | 1:40.75 | 1:41.40 | |
| 9 | Katz, Karly | 13 | Saratoga Regional YMCA Stingra-AD | 1:40.34 | 1:43.89 | |
| 10 | Hill, Alice | 13 | Saratoga Regional YMCA Stingra-AD | 1:44.45 | 1:45.34 | |
| 11 | Scherer, Scarlett | 14 | Saratoga Regional YMCA Stingra-AD | 1:49.35 | 1:51.04 | |

Event 27 Women 15-19 100 Yard Breaststroke

| | Name | Age | Team | Seed Time | Finals Time | Points |
|---|-------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 | McCarthy, Harper | 16 | Saratoga Regional YMCA Stingra-AD | 1:09.49 | 1:12.24 | |
| 2 | Nacheman, Ella | 17 | Saratoga Regional YMCA Stingra-AD | 1:19.99 | 1:24.61 | |
| 3 | Sheng, Vicky | 11 | Saratoga Regional YMCA Stingra-AD | 1:25.11 | 1:24.96 | |
| 4 | Gamicchia, Aidynn | 12 | Saratoga Regional YMCA Stingra-AD | 1:26.56 | 1:25.41 | |
| 5 | Mongan, Julia | 12 | Saratoga Regional YMCA Stingra-AD | 1:35.36 | 1:33.19 | |
| 6 | Zhao, Avery | 8 | Saratoga Regional YMCA Stingra-AD | NT | 1:49.45 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026

Results

(Event 27 Women 15-19 100 Yard Breaststroke)

| Name | Age | Team | Seed Time | Finals Time | Points |
|-----------------|-----|-----------------------------------|-----------|-------------|--------|
| 7 Trumbore, Mia | 17 | KingstonYMCA Hurricanes and UI-AD | 1:46.72 | 1:56.18 | |

Event 27 Boys 13-14 100 Yard Breaststroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Freeh, James | 14 | Saratoga Regional YMCA Stingra-AD | 1:21.68 | 1:17.86 | |
| 2 Youmans, Elliot | 14 | Saratoga Regional YMCA Stingra-AD | 1:20.70 | 1:20.59 | |
| 3 Steward, Kenny | 14 | KingstonYMCA Hurricanes and UI-AD | 1:33.82 | 1:32.60 | |
| 4 Rosko, Parker | 14 | Saratoga Regional YMCA Stingra-AD | 1:31.32 | 1:32.94 | |
| 5 Lundin, Blake | 13 | Saratoga Regional YMCA Stingra-AD | 1:55.71 | 1:38.39 | |
| --- Greer, Jonathon | 13 | KingstonYMCA Hurricanes and UI-AD | NT | DQ | |
| --- Rivera, Kaleb | 13 | KingstonYMCA Hurricanes and UI-AD | 1:39.35 | DQ | |

Event 27 Men 15-19 100 Yard Breaststroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------|-----|-----------------------------------|-----------|-------------|--------|
| 1 Goffioul, Loic | 17 | Saratoga Regional YMCA Stingra-AD | 1:12.28 | 1:14.97 | |
| 2 Nyatome, Jordan | 15 | Saratoga Regional YMCA Stingra-AD | 1:20.49 | 1:20.66 | |

Event 28 Mixed 8 & Under 100 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|-------------------------------|------------------------------------|-----------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Mathiesen, June W7 | B 2) Burlingame, Eloise W8 | 1:24.11 3) Zhao, Avery W8 | 1:26.96 4) Lake, Brandon M8 | |
| 2 Saratoga Regional YMCA Stingra- 1) Hatt, Logan M7 | D 2) Heinemann, Crosby M7 | 1:24.01 3) McDermott, Hallie W8 | 1:29.60 4) Heath, Nolan M8 | |
| 3 Saratoga Regional YMCA Stingra- 1) Olvera, Adela W7 | C 2) Nolan, Brodhi M8 | 1:22.97 3) von Schenk, Lydia W8 | 1:31.73 4) Mina, Fiona W8 | |
| 4 Glens Falls YMCA Gators Swim T- 1) Weigand, Grace W8 | A 2) Kluzek, Joseph M7 | 1:30.84 3) Formanek, Luca M7 | 1:32.28 4) Burns, Brinley W8 | |
| 5 KingstonYMCA Hurricanes and U 1) Sheshany, Alexander M8 | A 2) Shi, Aiden M5 | NT 3) Orourke, Henry M8 | 1:43.25 4) Zhang, William M7 | |
| 6 Saratoga Regional YMCA Stingra- 1) Ford, Rosamund W6 | A 2) Carroll, Emerson W7 | 1:30.38 3) Brown, Aviana W8 | 1:45.23 4) Heinemann, Wells M8 | |

Event 29 Mixed 9-10 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|----------------------------|-----------------------------------|-----------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Olvera, Tamada W9 | A 2) Pollak, Grace W9 | 2:31.87 3) Wachowiak, Ola W10 | 2:40.30 4) Middleton, Norah W9 | |
| 2 Saratoga Regional YMCA Stingra- 1) Captein, Luke M10 | B 2) Jackson, Ellie W10 | 3:07.13 3) Wiggin, Colin M10 | 3:07.09 4) Crotty, Lucy W9 | |
| 3 Saratoga Regional YMCA Stingra- 1) Guzman, Meadow W10 | C 2) Joubert, Dylan M10 | 3:19.33 3) Carstens, Callan M9 | 3:27.55 4) Tedesco, Jake M9 | |
| 4 Glens Falls YMCA Gators Swim T- 1) Farren, Scout W9 | A 2) Brown, Emelia W9 | 3:31.02 3) Seeber, Monroe W9 | 3:32.14 4) Haskins, Eloise W10 | |

Event 30 Mixed 11-12 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|-------------------------------|----------------------------------|--------------------------------------|--------|
| 1 Saratoga Regional YMCA Stingra- 1) Lake, Ashleigh W11 | A 2) Gamicchia, Aidynn W12 | 2:02.99 3) Stolz, Tiffany W12 | 2:03.10 4) Sheng, Vicky W11 | |
| 2 Saratoga Regional YMCA Stingra- 1) Morrow, Jonathan M11 | B 2) Carroll, Damian M12 | 2:12.14 3) Bourke, Mary W11 | 2:20.10 4) Edwards, Lauren W12 | |
| 3 Saratoga Regional YMCA Stingra- 1) Kim, Eleanor W11 | C 2) Dansie, Georgia W11 | 2:20.52 3) Berry, Amelia W12 | 2:25.65 4) von Schenk, Vivian W11 | |
| 4 Glens Falls YMCA Gators Swim T- 1) Stewart, Malcom M12 | A 2) Stevenson, Clara W11 | NT 3) Lewis, Maddison W11 | 2:48.57 4) Corlew, Kate W12 | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****(Event 30 Mixed 11-12 200 Yard Freestyle Relay)**

| Team | Relay | Seed Time | Finals Time | Points |
|--|----------------------------|-------------------------------------|----------------------------------|---------------|
| 5 Saratoga Regional YMCA Stingra- 1) Sedacca, Natalie W9 | D 2) Fahy, Avi W11 | 2:28.08 3) Hurley, Parker W11 | 2:53.30 4) Yu, Aaron M12 | |
| 6 Saratoga Regional YMCA Stingra- 1) Robinson, Elijah M11 | E 2) Perry, Liliana W11 | 2:43.08 3) Cohen, Ari M12 | 2:54.09 4) Akland, Maisie W12 | |
| 7 Saratoga Regional YMCA Stingra- 1) Burlingame, Lea W11 | F 2) Gyatso, Noah M11 | 3:17.46 3) Heinemann, Marnie W11 | 3:21.13 4) Clark, Angelo M11 | |

Event 31 Mixed 13-19 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|---|--------------------------------|---|-------------------------------------|---------------|
| 1 Saratoga Regional YMCA Stingra- 1) Tobrocke, Alexandra W14 | A 2) Nacheman, Ella W17 | 1:46.11 3) Rosko, Parker M14 | 1:51.50 4) Nyatome, Jordan M15 | |
| 2 Saratoga Regional YMCA Stingra- 1) Hirliman, Olive W14 | B 2) Ramsdill, Anna W14 | 1:54.67 3) Ricciardelli, Jordan W15 | 2:02.76 4) Freer, Cate W14 | |
| 3 Saratoga Regional YMCA Stingra- 1) Lundin, Blake M13 | C 2) Kowalski, Isabella W17 | 2:02.60 3) Windelspecht, Juliana W14 | 2:07.20 4) Gusten, Christina W14 | |
| 4 Saratoga Regional YMCA Stingra- 1) McNamara, Riley W13 | D 2) Wandell, Francelia W13 | 2:08.86 3) Ludwig, Elise W14 | 2:17.66 4) Branco, Ada W14 | |
| 5 KingstonYMCA Hurricanes and U 1) Bachor, Annika W13 | A 2) Rivera, Kaleb M13 | 2:09.02 3) Trumbore, Mia W17 | 2:21.00 4) Steward, Kenny M14 | |
| 6 Saratoga Regional YMCA Stingra- 1) Hill, Alice W13 | E 2) Scherer, Scarlett W14 | 2:20.61 3) Katz, Karly W13 | 2:21.63 4) Degenhart, Peyton W15 | |

Event 33 Mixed Open 200 Yard Backstroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Hudson, Elina | 14 | Saratoga Regional YMCA Stingra-AD | 2:39.24 | 2:40.61 | |
| 2 Youmans, Elliot | 14 | Saratoga Regional YMCA Stingra-AD | NT | 2:40.76 | |
| 3 Carstens, Elia | 13 | Saratoga Regional YMCA Stingra-AD | 2:41.53 | 2:43.28 | |
| 4 Holcomb, Miyoko | 10 | Saratoga Regional YMCA Stingra-AD | NT | 2:50.61 | |
| 5 Mulholland, Harper | 10 | Saratoga Regional YMCA Stingra-AD | 3:06.03 | 2:51.58 | |
| 6 Mongan, Julia | 12 | Saratoga Regional YMCA Stingra-AD | 3:19.15 | 2:54.74 | |
| 7 Youmans, Ansel | 11 | Saratoga Regional YMCA Stingra-AD | 3:04.34 | 2:57.53 | |
| 8 Agostinello, Angie | 14 | Saratoga Regional YMCA Stingra-AD | 3:03.06 | 3:01.99 | |
| 9 Heinemann, Banks | 10 | Saratoga Regional YMCA Stingra-AD | NT | 3:08.62 | |
| 10 Ford, Elizabeth | 9 | Saratoga Regional YMCA Stingra-AD | NT | 3:14.69 | |
| --- Kehoe, Roisin | 13 | Saratoga Regional YMCA Stingra-AD | NT | DQ | |

Event 34 Mixed Open 200 Yard Breaststroke

| Name | Age | Team | Seed Time | Finals Time | Points |
|----------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Chen, Andrew | 18 | Saratoga Regional YMCA Stingra-AD | 2:28.28 | 2:34.83 | |
| 2 Lohse, Magnus | 15 | Saratoga Regional YMCA Stingra-AD | 2:54.79 | 2:49.04 | |
| 3 Goffioul, Thomas | 15 | Saratoga Regional YMCA Stingra-AD | 2:49.82 | 2:49.26 | |
| 4 Diefenderfer, Luke | 14 | Saratoga Regional YMCA Stingra-AD | 3:06.76 | 2:50.51 | |
| 5 Chen, Annie | 16 | Saratoga Regional YMCA Stingra-AD | 2:52.11 | 2:57.57 | |
| 6 Morrow, Julianna | 13 | Saratoga Regional YMCA Stingra-AD | 3:10.80 | 3:05.87 | |
| 7 Wilson, Abby | 17 | Saratoga Regional YMCA Stingra-AD | 3:07.52 | 3:09.21 | |
| 8 Arnold, Julianna | 12 | Saratoga Regional YMCA Stingra-AD | 3:10.83 | 3:11.58 | |
| 9 Zorn, Daniel | 11 | Saratoga Regional YMCA Stingra-AD | 3:27.10 | 3:23.70 | |
| 10 Bolton, Olivia | 13 | Glens Falls YMCA Gators Swim T-AD | NT | 3:25.68 | |
| 11 Mina, Charlotte | 11 | Saratoga Regional YMCA Stingra-AD | NT | 3:46.85 | |
| --- Coker, June | 18 | Saratoga Regional YMCA Stingra-AD | 2:56.55 | NS | |

Capital Area YMCA Tri Meet 3 - 1/10/2026**Results****Event 35 Mixed Open 1000 Yard Freestyle**

| <u>Name</u> | <u>Age</u> | <u>Team</u> | <u>Seed Time</u> | <u>Finals Time</u> | <u>Points</u> |
|--------------------|------------|-----------------------------------|------------------|--------------------|---------------|
| 1 Freeh, James | 14 | Saratoga Regional YMCA Stingra-AD | 10:43.24 | 10:57.58 | |
| 2 Goffioul, Loic | 17 | Saratoga Regional YMCA Stingra-AD | 11:36.19 | 11:40.79 | |
| 3 McCarthy, Harper | 16 | Saratoga Regional YMCA Stingra-AD | NT | 12:29.96 | |
| 4 Sliper, Kaylee | 18 | Saratoga Regional YMCA Stingra-AD | 11:39.68 | 12:38.87 | |
| 5 Perry, Ethan | 15 | Saratoga Regional YMCA Stingra-AD | 13:16.42 | 12:51.56 | |
| 6 Alonzo, Sophia | 13 | Saratoga Regional YMCA Stingra-AD | NT | 13:14.29 | |
| 7 Ventela, Hannah | 15 | Saratoga Regional YMCA Stingra-AD | NT | 13:22.40 | |
| 8 Rivera, Avah | 13 | KingstonYMCA Hurricanes and UI-AD | NT | 14:04.56 | |