2026 STARFISH THANKSWIMMING INVITE WARM UP ASSIGNMENTS
NOVEMBER 14-15, 2026 @ NISKAYUNA HS

Session 1 (Saturday AM) — Warm Up 7:30am — Session Starts 8:35am

	1	2	3	4	5	6	7	8
7:30-7:50am	SCHE	SCHE	SCHE	SCHE	SCHE	SCHE	DELM	DELM
7:50-8:10am	CPP	CPP	CPP	CPP	CPP	CPP	GFLY	TAC NTS
8:10-8:30am	ALBS	USAM BENN	USAM	CLRK CANA	CLRK	NHA	NHA SNAP	NHA

ALBS WILL WARM UP IN WARM UP POOL FROM 7:30-8:30AM

Session 2 (Saturday PM) — Warm Up 12:30pm — Session Starts 1:30pm

	1	2	3	4	5	6	7	8
12:30-12:50pm (13&0)	CPP	SCHE	SCHE	SCHE	SCHE	SCHE	DELM	DELM
12:50-1:10pm (13&0)	ALBS	ALBS	NHA NTS	NHA	USAM CLRK	USAM	TAC UN	CANA SNAP BENN
1:10-1:25pm (8&U)	CPP	CPP	CPP CLRK	SCHE SNAP NTS	NHA CANA	DELM USAM	GFLY BENN	ALBS

ALBS WILL WARM UP IN WARM UP POOL FROM 12:30-1:30PM

Session 3 (Sunday AM) — Warm Up 8:00am — Session Starts 8:45am

	1	2	3	4	5	6	7	8
8-8:20am	ALBS	ALBS	ALBS	ALBS	ALBS	CPP	CPP	CPP GFLY NTS
8:20-8:40am	SCHE	SCHE	SCHE	SCHE	SCHE	DELM	DELM	USAM