

ADIRONDACK ZONE TEAM BUS SCHEDULE 2026 LC

Please Note: This Schedule May Change depending on any Unforeseen Situations

Day / Date	Time	Bus Schedule
TUESDAY	6:00AM	Depart Albany (Crossgates Common)
7/28		Stop for Lunch Between 11:00am-12:00pm
	3:00PM	Arrive at Hotel ... Hampton Inn ... Check-in
	4:45PM	Bus to Pool ... Coaches and Swimmers ONLY, 5:15 team picture, warm-ups 5:45
	7:00PM	Bus to Hotel
WEDNESDAY	6:00AM	Breakfast
7/29	6:30AM	Bus to Pool ... 11&O, Coaches, Parents warm-ups 7:00 Ln8 Meet 8:30AM
	12:00PM	Bus to Pool ... 10&U, Coaches, Parents warm-ups 12:50 Ln1/2 Meet 1:20PM
	12:15PM	Bus to Hotel ... 11&O+ Parents
	2:30PM	Bus to Hotel ... 10&U+ Parents
	3:30PM	Bus to Pool ... Everyone for Finals warm-ups 4:00 Meet 5:00PM
	7:30PM	Bus to Hotel ... Everyone
THURSDAY	6:00AM	Breakfast
7/30	6:40AM	Bus to Pool ... 11&O, Coaches, Parents warm-ups 7:20 Ln8 Meet 8:30AM
	12:00PM	Bus to Pool ... 10&U, Coaches, Parents warm-ups 12:50 Ln1/2 Meet 1:20PM
	12:15PM	Bus to Hotel ... 11&O+ Parents
	2:45PM	Bus to Hotel ... 10&U+ Parents
	3:30PM	Bus to Pool ... Everyone for Finals warm-ups 4:00 Meet 5:00PM
	7:45PM	Bus to Hotel ... Everyone
FRIDAY	6:15AM	Breakfast
7/31	7:00AM	Bus to Pool ... 11&O, Coaches, Parents warm-ups 7:40 Ln8 Meet 8:30AM
	12:00PM	Bus to Pool ... 10&U, Coaches, Parents warm-ups 12:50 Ln1/2 Meet 1:20PM
	12:30PM	Bus to Hotel ... 11&O+ Parents
	3:30PM	Bus to Pool ... Everyone for Finals warm-ups 4:15 Meet 5:15PM
	3:45PM	Bus to Hotel ... 10&U+ Parents
	7:45PM	Bus to Hotel ... Everyone
SATURDAY	6:30AM	Breakfast
8/1	7:15AM	Bus to Pool ... 11&O, Coaches, Parents warm-ups 8:00 Ln5 Meet 8:30AM
	12:00PM	Bus to Pool ... 10&U, Coaches, Parents warm-ups 12:50 Ln1/2 Meet 1:20PM
	12:45PM	Bus to Hotel ... 11&O+ Parents
	2:15PM	Bus to Pool ... Everyone for Finals warm-ups 3:00 Meet 4:00PM
	3:15PM	Bus to Hotel ?? ... 10&U+ Parents
	6:30PM	Bus to Hotel ... Everyone
SUNDAY	6:00AM	Breakfast
8/2	7:00AM	Bus Home
	3:00PM	Arrive at Albany ... Crossgates Commons between 3:00-4:00PM